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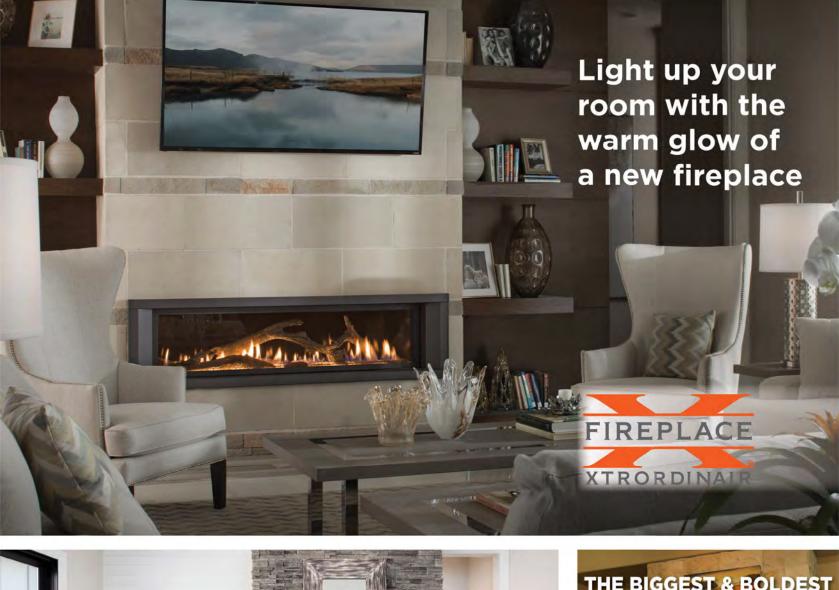




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PUBLISHER Ron Baumgartner rbaumgartner@the-papers.com

EDITOR-IN-CHIEF Deb Patterson dpatterson@the-papers.com

PUBLICATION MANAGER and EXECUTIVE EDITOR Amber Bouthot ambouthot@the-papers.com

ACCOUNT EXECUTIVE Rebecca Boone rboone@the-papers.com

BUSINESS MANAGER Carrie Goralczyk cgoralczyk@the-papers.com

DIRECTOR OF MARKETING Steve Meadows smeadows@the-papers.com

GRAPHIC DESIGNER Mary Lester mlester@the-papers.com

MARKETING ASSISTANTS Darlene Eichelberger darlene@the-papers.com

**Trina Hoy** thoy@the-papers.com

DIRECTOR OF CIRCULATION Joe Hoyt jhoyt@the-papers.com

#### **CONTRIBUTING WRITERS**

Stacie Ball, Ray Balogh, Mary Jane Bogle, Lauren Caggiano, Jaclyn Youhana Garver, Kristin King, Rod King, Emily LaRue

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# Welcome! from the editor

Sweet sunshiny summer days will soon be behind us as autumn ushers in some cooler weather. I love this season and all that comes with it — bonfires, apple cider, sweater weather, pumpkins and colorful mums — but I will miss the warmth of the past few months.

As we prepare for the changing season, and a potentially long and isolated winter ahead, now is a good time to start planning some DIY projects. This issue is full of them. I have plenty of projects on my to do list, including getting my spring



Amber Bouthot

bulbs planted, swapping out my interior décor, organizing our attic, and more. What do you have planned?

October is Breast Cancer Awareness month, and this issue includes a feature highlighting the cancer journeys of four local women and the lessons they learned from it. Be sure to check it out to be inspired. You won't want to miss the Day Trip feature either, which provides a roadmap to our region's best fall foliage.

Don't forget, each month we feature a DIY project from a reader. If you've tackled something — whether big or small — email me and we may feature it in an upcoming issue.

I hope you all have a wonderful October.

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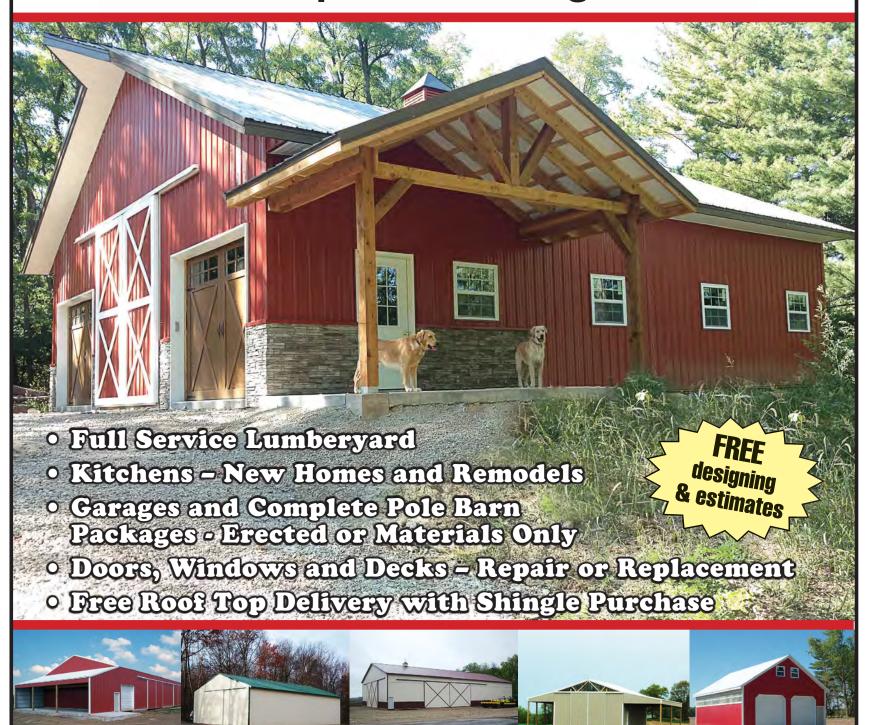
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# Deconstructed Furniture





#### By Amber Bouthot

It's the latest trend in home décor: Deconstructed furniture. Say what? Yes, it's furniture that has been stripped of the upholstery to reveal the lining and frame. The purpose is to celebrate the simplistic beauty of the frame itself. It's not for everyone, but interior design enthusiasts who love minimalism or the farmhouse look are all about it. Many companies are producing new furniture (reproductions) with the look, but you can also do it yourself if you find a great antique piece at a garage or estate sale.

Only time will tell if this is a trend or if it has staying power. Here are some of our favorite pieces sporting the look.





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#### **By Kristin King**

Most of us would probably like to forget about this room entirely. It may not be the most inspiring space in the house, but that doesn't mean we have to dread it. New design trends are giving a much-needed facelift to laundry rooms by fusing fun with functionality for modern day needs.

#### **Plenty of Storage:**

The key to a well-kept laundry room is organization in any form. Make sure that you have as much storage space as possible, such as cabinets, baskets and drawers for all of your supplies, as well as any extra items you may need to utilize the room for toilet paper, guest towels, sewing materials, etc. For those without cabinetry already built in, floating shelves are an excellent (and cost efficient) way to make the most out of your wall space.

#### **Countertops:**

A largely popular trend with this space is built-in countertops over your front-load washer and dryer. This gives you a chance to make use of an area that may have gone unnoticed before, or had you cluttering up piles of folded clothes and detergent directly on top of your appliances, which can create a messy look. The countertop gives you a sleek and controlled working area. You can also decorate this space with cute canisters, florals and décor to brighten up the room.

#### Wallpaper and Pops of Color:

Another design feature that we are seeing in laundry rooms is the chance to spice it up with color and patterns. If you have to spend a few hours a week in there, you might as well make it eye-pleasing. Laundry rooms are typically smaller spaces, which allows you to get creative with your walls at a lower cost. You can also incorporate wall art, such as family photos or hanging baskets, which make the space more intimate and personal.

#### **Adding a Sink:**

Back to functionality, adding a sink to your laundry room is a great way to get even more use out of this area. Having a place to work on those tough stains, messy crafts, or to use as a pet-friendly space, can be essential for some. This allows you to keep everything contained within the laundry room instead of running back-and-forth to the kitchen or bathroom when a source of water is needed.

#### **Hanging Racks:**

As we've mentioned, the name of the game for this room is getting the most out of its function. Utilize your extra wall space, or the space above your washer and dryer to hang clothes that need to air dry, need to be steamed, or just a nice outfit that you don't want to get dirty. You can do this by installing a simple tension rod or wall-mounting if desired. It's also a great idea for allowing you to hang your clothes before bringing them back to the closet.

main feature féatures

# The Ultimate Guide to Drywall

#### By Mary Jane Bogle

If you've ever tackled a large remodel project involving drywall, you know that hiring an expert can be worth its weight in, well, drywall. Not only are these large wallboards heavy, but cutting, taping, mudding and sanding are all acquired skills that not every homeowner can manage, as well. For those with smaller projects, however, a few tips and tricks can go a long way to helping you handle the drywall on your own.

To start, it's best to work with an estimator to determine how much drywall you need. Most home improvement stores, such as Morsches Builders Mart or Menards, have friendly staff at the ready, guiding you through all the supplies you need for your project.

Mark the placement of the vertical studs on the floor and ceiling before you begin, which will help you identify where to screw or nail once the board is in place.

Hang the drywall horizontally, not vertically, and begin with the top piece. To make the job easier, hammer some large nails 48-1/2 inches down from the ceiling and about 1 inch deep. Rest the bottom of the drywall board onto this makeshift bracket while you nail in the studs.

Drive the screws or nails just enough to "dimple" the panel but not break the paper surface. (Consider buying a special screw bit designed for drywall projects, which sets the proper depth.)

Mark cutouts for outlets by applying chalk — or even lipstick — to the edges of the boxes. Then place the drywall against the surface, making sure to transfer the chalk or lipstick to the back of the drywall. Cut along these markings, and you're good to go!

When patching small holes, make a dent around the nail hole with the rounded end of a screwdriver or putty knife, then fill and sand as usual.

Consider using crack repair spray around windows and door openings. Larger cracks may require filling with joint compound first, but for smaller cracks, apply the spray directly to the crack. The spray will stretch and relax as the foundation moves.

Patch with self-priming filler, saving you the step of sealing the drywall patch with a sealing primer before you paint. Either way, you want to fill those tiny holes so the seams disappear.

Apply a skim coat to areas with lots of dings. And remember, less is more when applying joint compound. Use an all-purpose compound for your first coat, then switch to the lighter, Plus 3 premixed compound for your final coat.

If you were unlucky enough to inherit a large, textured wall and only need to patch a small area, use a spray-on wall texture to cover the patch. Practice on a small scrap section first, then apply to your patch. No one will be the wiser!

## Essential Drywall Tools

 Cordless drill

 T-square
 Circle cutter
 Drywall saw
 Drywall lift (rent, don't buy)
 Utility knife

 Rotary cutout tool

#### • Hammer • Tape measure • Drywall knives in a variety of sizes (5-inch, 12-inch & corner knife) • Sanding sponge • Clean, dry rags

#### **Resources:**

Menards, Fort Wayne, 260.492.8430, menards.com Morsches Builders Mart, Columbia City, 260.244.6145, morschesbuildersmart.com

## features main feature

## STRENCHING FLOOR THES

#### **By Amber Bouthot**

DIY stenciled floor tiles are one of the newest, and most affordable, home design trends this year. Properly stenciled floor tiles wear very well, and mistakes are easily correctible, so let's go!



#### **Supplies**

- Tile stencil
- Stencil paint (latex or acrylics)
- Base coat paint (for touch-ups)
- TSP or similar cleaner
- Stix or similar adhesive primer
- Clear water-based
- polyurethane top coat
- Low tack painters tape
- Quality paint brush

- Stencil brush
- 3/8" nap roller
- Dense foam roller
- Paint tray or paper plate
- Paper towels
- Spray adhesive (optional)Cutting edge stencil clip-on
- level (optional)Sample board (cardboard or poster board) (optional)

#### **Preparing your floor**

You may paint over tile, linoleum, concrete or wooden floors to give them new life. No matter the material, floors should be clean, dust free and in good condition. No amount of paint will cover severely damaged floors. Clean your floor with TSP or similar cleaner and repair any cracks or chips with caulk. Then you are set to prime using a bonding primer to make sure you get proper adhesion. Apply 2-3 coats with a tight nap roller.

Once the primer is dry, it's time to tape and mask off baseboards and any areas that will not be stenciled.

Next, use a quality flat sheen base coat. Apply two coats with a tight nap roller and allow to dry for at least 24 hours before stenciling.

#### Stenciling

Using a spray adhesive, mist the back of your stencil and let it dry for a few minutes to allow it to tack up. If you are stenciling over existing tile, center your stencil on each tile. If you are stenciling wood, linoleum or cement, position the stencil in a way that full tiles are in the most visible areas and any cutoff tiles are hidden in the back corners of the room. It's a good idea to map out your design in a basic grid using chalk.

Next, evenly load your roller and then off load any excess paint by rolling it a few times on a paper towel. The roller should appear somewhat dry — it's better to have less paint on your roller because too much paint can cause seepage under the stencil.

Start slowly and build up paint coverage using light pressure. Carefully un-tape and pull back the corner of the stencil to see if your paint coverage is satisfactory. And repeat until your room is complete.

Protect your newly stenciled floor with a clear coat to prevent it from wearing off. Apply 2 to 3 coats for best results.





## how to | features

# Stock a Bar Cart

#### By Lauren Caggiano

A bar cart is the perfect complement to your kitchen or living room. How you go about it really depends on your vision for the project. Will it be more of a conversation piece or a functional addition to the space?

Start with the centerpiece - the actualcart. You can find some vintage items on Facebook Marketplace of estate sales and

occasionally at thrift stores. Target, Ikea and other home good stores are good for vintage-inspired finds if you want to cut to the chase.

Once you have that nailed down, it's time for the fun part! Experts suggest starting off with one of each major spirit category, so think: gin, rum, tequila, mezcal, bourbon, rye, scotch, Irish whiskey, brandy, vodka, etc. Of course, you can tailor your liquor selection based on your personal preferences. For instance, if tequila isn't your thang, forgettaaboutit.

Another pro tip: Think in terms of versatility. Case in point:

Beefeater Gin is one that works well in many different drinks from martinis and negronis to gimlets. On the other hand, pungent and botanically-heavy varieties might not work as well across the board. The same consideration applies for vodka and tequila.

> Booze? Check! Now it's time for the mixers. Sweet and dry vermouths are good to have on hand for certain recipes. Liqueurs like Aperol, Campari, Chartreuse, Grand Marinier and Saint Germain add another dimension to drinks. When in doubt, think about the kind of drinks

Coupe

Martini

Rocks

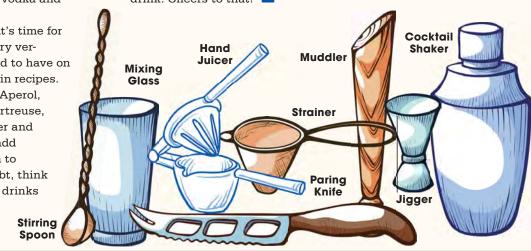
Collins

you like best and go from there. Next up are bitters, which pack a mean punch when it comes to flavor. Angostura Aromatic, Peychaud's and Reagan's Orange are staples bartenders swear by and you can find them at most liquor stores.

Once you've assembled a basic selection of alcohol and accoutrements, it's time to think about presentation. What's a cocktail in a boring glass, after all? You can source a set of cool barware secondhand or hit up your favorite local boutique for the goods. Keep in mind there are four styles of glassware you should have at home: Rocks glasses, Collins, martini glasses and coupe glasses. Channel your inner Mad Men character and learn which ones are meant for each type of cocktail — and then experiment. The Mixology app is a great resource to level up your mixed drink game and impress your friends.

Beyond drinkware, don't forget the tools of the trade. The pros recommend a stirring spoon, a strainer, mixing glasses, a cocktail shaker, a muddler, a jigger, a hand juicer, and a paring knife. Often, most of these tools come in a single handy set for convenience.

Once you've put in all this hard work, the only thing left to do is drink. Cheers to that!





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## features | well being



#### **By Amber Bouthot**

October is Breast Cancer Awareness month, which provides us a chance to educate, spread awareness and share survivor stories. Four local women shared bits of their journey with us and the lessons they took away from the experience, turning a dark time into continued joy.

DonnaKaiser

Donna was diagnosed at 53 with ductal carcinoma in one breast and Lobular Carcinoma in the other. This month marks 20 years since her bilateral mastectomy followed by reconstruction.

For many years, Donna experienced survivor's guilt. When others



shared their stories about radiation treatment and che-

motherapy, she always felt like they were true survivors for going through weeks of treatment and suffering the side effects.

"Even through my surgery was long and my recovery sometimes painful, I felt it was nothing compared to what they went through," Donna explained.

Sometime during these past 20 years, however, she has come to accept what she knew in her heart: cancer does not work equally or fairly. She read somewhere

that a survivor is a victim with an attitude. She liked that and embraced it.

"Cancer was not going to crush my spirit," she said. "I know now that when loss occurs or others have more difficult experiences, cancer is the guilty party, not me! I still prefer to put the whole experience behind me and just live my life. My dear husband, on the other hand, believes we must celebrate every year of being alive, so every year on October 10, we go out and enjoy dinner. We thank God with a positive and thankful attitude."

Patricia "Breeze" Eck

Patricia was diagnosed at age 51 with Lobular Carcinoma. Typical treatment would have required five years on Tamoxifin, but she and her husband chose to get a second opinion, and that recommendation



was to do a wide excision biopsy/lumpectomy. In 2010, she was diagnosed with melanoma on her shin and required more tissue removal to take care of it. Patricia said that through

it all, she has learned that "I am indeed blessed to have such caring family and friends. I also learned how important it is to live in the moment, how resilient I am, and how to help others during difficult times."

She encourages others to go the extra mile if they are facing a cancer diagnosis. "Get a second opinion," she

urged. "Even at the best medical facilities mistakes can be made." Perhaps most importantly, she said, "keep telling yourself that this too shall pass."

Kenna Davis

Kenna is a two-time cancer survivor, having been diagnosed at age 37 with stage 2 invasive ductal carcinoma, and at age 40 with stage 4 metastatic breast cancer.

'Being diagnosed the first time was a shock," Kenna said, "but my



husband and I took the challenge full force and wouldn't let it ruin our lives."

They didn't let it slow them down. They still camped, traveled, put their son in sports and committed to enjoying every day. "My husband and I

decided that we would take this opportunity to spread awareness and encourage people to do their exams and get checked," she said. "Even after having chemo and a double mastectomy, I continued to do my own self-exams, so when I found a lump along my collar bone, I immediately called my doctor and knew as soon as I saw his face, he thought it was cancer again."

This time it was stage 4 and had spread to other parts of her body. Kenna always thought a stage 4 cancer diagnosis was a death sentence, but "being stage 4 means that you have cancer in your body at all times but it's dormant or hiding," she explained. "I am on a maintenance chemotherapy routine and a daily pill, and I will stay on this care plan until the cancer becomes active again. I am currently 1 year being NEAD (no evidence for active disease)."

Kenna continued, "This entire journey has been a learning process, and it has been an opportunity for me to break down stereotypes and prove misconceptions wrong. I want people to see me as a person that has cancer not a cancer patient. We started a Facebook group called Kenna's Breast Cancer Beat Down, which has been cathartic for me, and I pray that it has helped other people to learn about the disease and to be a source of comfort for others. We live each day one day at a time."

## Mary To Harkenrider

Mary Jo was diagnosed with stage 3 Triple Negative Breast Cancer when she was 47. In the same year as her diagnosis, she went through a devastating divorce and the loss of her job.

"It's awesome to know I'm alive and have a life beyond what I



would have planned for myself," Mary Jo said. "I am certain I could write paragraphs about what I learned from my experience with breast cancer, but here are a few.

I learned my breasts don't define me - I was newly divorced when I had my double mastectomy - dating was interesting to say the least.

I learned God can take any situation, no matter how terrible, and use it for good. I learned God loves me so much that when I was

stripped of everything - my

marriage, my health and my job, He showed me the way to build a new foundation for a new life.

I learned some people just can't be there for you and that's ok.

I learned music and dance are great healers.

I learned what friendship means to me.

I learned I will never settle for less in my life and neither should you.

I learned total strangers love you just because.

I learned I need to share my story whenever the opportunity is presented to me.

I learned I am not afraid ... I am especially not afraid of death. I learned bald isn't bad at all.

I learned how difficult it was for my daughter to be an only child through my journey with cancer.

I learned you need an advocate when you meet with doctors. When you are going through a catastrophic illness, it's difficult to wrap your mind around anything.

I learned to ask for what I need.

I learned having a positive attitude is a great blessing for so many reasons. Thank you Dad.

I learned "receiving" is difficult and humbling

I learned I am tough as nails." 🚺

October Breast Cancer

RENESS MONTH



#### By Emily LaRue

Fall lovers, your season has arrived. And October, the fairest of the season, rarely disappoints with its warm sun and cool breezes. A major bonus too is the mosquitos are probably all gone, meeting their demise during the last cool evening. So, in between sipping mugs of warm apple cider, viewing brilliant foliage, and choosing the perfect pumpkin, giving your yard a little attention now will help it be ready for spring.

#### Wrapping Things Up

Amy Henry, landscape designer at Arbor Farms Nursery, shared a few ideas for closing out this year's garden. Clearing out the leaves is priority number one.

She said, "Clean up any leaves and debris in the lawn and landscape beds. Make sure to destroy the leaves and debris from diseased plants."

Don't forget to give perennials some attention. Henry said it's the perfect time to divide and transplant perennials that have gotten thick or unruly. They should also be cut back after a couple frosts (if they haven't been already) when the foliage starts to die. But if feathered winter visitors bring you a smile, leaving plants like Black Eyed Susans or Coneflowers standing will provide food for birds this winter.

#### **Planting**

Just because the main growing season is over, doesn't mean the planting is.

Henry said, "Fall is a great time to plant trees and shrubs. The air temperatures are cooler but the ground temperature is still very warm which promotes root growth. Perennials can be planted if it is done before it gets too cold and they have enough time to establish roots before winter. Fall is also a great time to plant spring flowering bulbs."

Crocus, daffodils, and tulips are popular choices - the more flowers the better since there's no such a thing as too many flowers.

"Another idea for a better spring garden is tilling beds and adding new soil for improved production next year," said Dan Buesching of Bueschings Peat Moss and Mulch. He also suggested mulching around annuals, which will protect their roots when the ground freezes.

#### Harvesting

Pick squash, herbs and any green tomatoes before the first hard frost. Green tomatoes can be brought in the house to ripen by placing them in a paper bag with an almost ripe banana. The ethylene produced naturally by the banana will speed up the tomato's ripening process. You could try frying them, turning them into a green salsa or canning them, and they won't go to waste.

#### Feeling Extra?

Any extra time and motivation can be channeled into a couple of areas. Henry suggested that now is a good time to clean, sharpen and organize gardening tools.

"You could also prepare to wrap trees with thin bark. Buy tree wrap so you can wrap the trees late in November. Certain trees should have their trunks wrapped when young to prevent frost cracking" she said.

And finally, don't forget your lawn. Fall is the perfect time to fertilize and aerate it.

#### **Resources:**

Arbor Farms Nursery, Fort Wayne, 260.637.5816, arborfarmsnursery.com Buesching's Peat Moss and Mulch, Fort Wayne, 260.625.3358, bueschings.com



#### By Rod King

Wind, rain, hail, mold and insects are enemies of home siding. Once they've taken their toll and it's time to replace it, you can count on it being expensive.

Kevin Hunter, owner of Windows, Doors & More in Fort Wayne, said the first step is to get estimates from qualified remodelers. "And," he added, "beware of individuals who come knocking on the door wanting to go to work immediately. That's generally a bad sign for the homeowner because they'll pay considerably more; get a lower quality product and a less than professional installation."

There are basically four kinds of siding and each has its benefits and drawbacks.

**Wood siding** — It lasts around 20 years. If pieces are missing, split or exhibiting mold, it's time to consider replacing it. Wood siding is more expensive than aluminum siding. Wood's biggest problem is rot. Sometimes it gets into the wall cavity and will eventually show through the drywall and could cause structural problems. Mold, of course, is potentially dangerous to a family's health.

**Aluminum siding** — It can last more than 50 years. Aside from its longevity and the fact that it can be painted, aluminum siding has become less and less desirable. It's easily dented and less than one percent of modern homeowners are purchasing aluminum.

**Vinyl siding** — The pro column for vinyl is much longer than its wood and aluminum competitors and the con column is shorter. For starters, it withstands severe weather and punishing sun, resists moisture damage, is exceptionally durable, has unlimited design possibilities, has the look of wood without the maintenance and has longevity. In addition, vinyl siding is less expensive.

"Vinyl comes in several thicknesses," said Hunter. "Obviously the heavier the gauge of vinyl, the more expensive it is.

**Cement siding** — Longevity is key with cement-fiber siding. It beats wood and aluminum siding hands down. Cement siding has the appearance of wood and is extremely durable but it's very pricy.

Hunter said that "yes, siding can be installed by a do-it-yourselfer (DIY)." However, he warns that it takes some experience to do a good job.

"If not done properly, it will show. Knowing how to hide seams takes some know-how. Having the right equipment makes for a much faster and safer job. Since ladder jacks and walk planks are not normal things a DIYer would normally have, the cost of renting will have to be added to the cost of the job.

"In addition, replacing the siding on a house is going to take a lot longer than the DIYer might think, especially if he's trying to do it while working a regular job.

"Curb appeal is very important to the value of a home and new siding can certainly help increase its value. However, the investment is not something that the homeowner will recover in increased valuation of the home. They might recoup up to 40 percent of their investment," said Hunter.

## landscape | at HOME

Aluminum

Vinyl

Wood

Cement

#### **Resource:**

Windows, Doors & More, Fort Wayne, 260.399.6037, wdmfactorystore.com





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reader dig at HOME

## Do It Yourself





istoric Home Restoration By Amber Bouthot

> Every month, we highlight Reader DIY Projects. We want to see your projects and share them within the pages of our magazine. It can be something as simple as a craft project or as large as a home addition. If you did it yourself, it can be featured. Email Amber at ambouthot@the-papers.com.

This month's Reader DIY project comes Lincoln Grey. He and his family have been restoring an historic home in Fort Wayne's 46807 neighborhood.

#### What was your inspiration for the project?

The inspiration was that the kitchen was just terrible! We purchased the house at auction, so there was no negotiating for any updates that needed to happen. The flooring was an awful carpet/ vinyl combo. There was a huge fireplace in the middle of the kitchen, with the logs at the same height as the face of my young daughter. Terrible appliances, bad countertops, ugly cabinets. It was rough.

#### How long did it take from start to finish?

Well, it feels like we are not even finished yet! I want to add trim to the top of the cabinets, replace the window over the sink, and change the screen door. Our updates took about three months, on and off.

#### Was it easier or harder than you anticipated?

Harder. Matching new hardwood floors to blend into the original floors that we uncovered under layers of flooring was a real challenge.

#### What was the total cost of the project?

About \$2500, excluding the cost of the appliances.

#### What did you like best about the undertaking?

Being able to use the original floors after they had been covered for decades is wonderful.

#### What was the most challenging aspect?

Taking down the fireplace was wild. That was A LOT of bricks. We also found a dead squirrel in there.

#### Where did you source the materials?

We were able to use a lot of the original aspects of the kitchen without buying a lot of materials. We built the island out of butcher block on top of unfinished cabinets while adding trim and molding.

### community events

#### **By Ray Balogh**

#### **Botanical Conservatory**

- Thursday, Oct. 1, "Present Tense, Future Calm" garden exhibit (through Nov. 14), regular admission
- Thursday, Oct. 1, Paint a Pumpkin, 6 p.m.-7 p.m., \$1
- Saturday, Oct. 3, Sustainable Betta Bowl, bring your own 1- to 3-gallon glass vessel or vase, 10 a.m.-11:30 a.m., \$27
- Tuesday, Oct. 6 "Punkin Path" seasonal decorations (through Nov. 1), regular admission
- Wednesday, Oct. 7, 14, 21, 28, "Yoga: Slow Flow," 9:30 a.m.-10:30 a.m., \$36 for four sessions
- Thursday, Oct. 15, Succulent Pumpkins, 6 p.m.-7:30 p.m., \$17
- Saturday, Oct. 17, "Garden Trick or Treat," noon-3 p.m., regular admission
  Tuesday, Oct. 20, Garden Preschool, Pumpkins and Gourds 10 a.m.-11 a.m., \$6/child
- Thursday, Oct. 29, Alcohol Inks, 6 p.m.-7:30 p.m., \$17

Adults \$5, children (3-17) \$3, children (2 and under) free. 10 a.m.-5 p.m. Tuesday, Wednesday, Friday, Saturday; 10 a.m.-8 p.m. Thursday; noon-4 p.m. Sunday; closed Monday. 1100 S. Calhoun St., Fort Wayne. 260.427.6440, botanicalconservatory.org.

#### **Embassy Theatre**

• Friday, Oct. 16, Bill O'Reilly, "Who Wants to Be President?", 7 p.m., \$65/\*85/\$95/\$250

125 W. Jefferson Blvd., Fort Wayne. 800.745.3000, fwembassytheatre.org.

#### **Memorial Coliseum**

- Friday-Saturday, Oct. 2-3, Rubber Stamp & Scrapbook Getaway, 10 a.m.-5 p.m. Friday, 11 a.m.-4 p.m. Saturday
- Friday-Sunday, Oct. 2-4, Lucky Duck Consignment Sale, 5 p.m.-9 p.m. Friday (\$10), 9 a.m.-3 p.m. Saturday and Sunday (free admission)
- Sunday, Oct. 4, Fall Bridal Spectacular, noon-4 p.m.

Parking \$6 main lot, \$10 preferred lot. Allen County War Memorial Coliseum, 4000 Parnell Ave., Fort Wa<mark>yne. 260.4</mark>82.9502, memorialcoliseum.com.

#### Fort Wayne Museum of Art

#### **Exhibitions:**

- Planes, Trains & Automobiles: Classic Toys and Americana (ongoing)
  Glass Sculpture from the Collection (ongoing)
- Posing Beauty in African American Culture (through Oct. 18)
- A Quest for More: Bold Visions in Glass Sculpture (through Dec. 6)
- Static Energy: Sculpture by Dale Enochs (through March 14, 2021)
- Traveling exhibitions (through Dec. 31, 2021):
- AFROS: A Celebration of Natural Hair by Michael July
- Graphicanos: Contemporary Latino Prints from the Serie Project
- Donald Martiny: Freeing the Gesture
- Geoffrey Hiller: Daybreak in Myanmar

#### **Events**:

- Thursday, Oct. 1, Curator's Tour: American Impressionism, 12:15 p.m., free with admission
- Saturday, Oct. 3, Day of the Dead, 10 a.m.
- Thursday, Oct. 8, An Evening with Dale Enochs, 5 p.m.
- Thursday, Oct. 15, English/Spanish Bilingual Tour, 6:30 p.m.

• Wednesday, Oct. 21, Print Room Talks: James Rosenquist, 2 p.m. Adults \$8, students (pre-K through college) \$6, seniors (65 and older) \$6, families \$20, free admission for veterans and veterans' families, free general admission 5 p.m.-8 p.m. every Thursday. 10 a.m.-6 p.m. Tuesday, Wednesday, Friday, Saturday; 10 a.m.-8 p.m. Thursday; noon-5 p.m. Sunday (closed Mondays), 311 E. Main St., Fort Wayne. 260.422.6467, fwmoa.org.

#### Honeywell Center

- Thursday, Oct. 1, Eagles Theatre: 85 United, night of worship with 390 East band, 7:30 p.m., \$10
- Saturday, Oct. 10, Ronnie Milsap, 7:30 p.m. \$34 to \$100
- Saturday, Oct. 17, Little River Band, 7:30 p.m., \$40 to \$100
- Friday-Saturday, Oct. 23-24, 30-31, Fright Night Trolley Tour, call 260.563.7171 for times and prices

All shows add \$21.19 for optional dinner at Eugenia's Restaurant, served 5:30 p.m.-7:30 p.m. Ford Theater, 275 E. Market St., Wabash. 260.563.1102, honeywellcenter.org.

#### Stroede Center for the Arts

- Friday, Oct. 23, The Small Glories," 7:30 p.m., \$15
- Sunday, Oct. 25, Yang & Olivia, 7 p.m., \$15
- 319 Wade Ave., Defiance. 419.784.3401, defiancearts.org.

#### Shipshewana Blue Gate Theatre

- Selected days and times through Oct. 30, "The Gut Life! with the Yoders," Music Hall (distanced seating), \$24.95
- Selected days and times through Oct. 31, "Salute to the Stars: Presley, Parton & Cash," Music Hall (distanced seating), \$24.95
- Tuesday, Oct. 6, Collingsworth Family, 8 p.m. (distanced seating), \$19.95 to \$54.95
- Thursday, Oct. 8, David Phelps, 8 p.m. (distanced seating), \$24.95 to \$64.95
  Wednesday, Oct. 14, Doug Church: "The True Voice of Elvis," 8 p.m. (dis-
- tanced seating), \$14.95 to \$29.95
  Tuesday, Oct. 20, Booth Brothers Gospel Night 7:30 p.m. (distanced seating),
- Wednesday, Oct. 21, Booth Brothers Country Night, 7:30 p.m. (distanced seating),
- Thursday, Oct. 29, Newsboys United w/ Adam Agee, 8 p.m., \$29.95 to \$99.95
  Friday, Oct. 30, Restless Heart and Shenandoah, 7:30 p.m. (distanced seating), \$24.95 to \$84.95

All shows add \$18 for dinner theater. All performances held in Performing Arts Center unless otherwise indicated. Performing Arts Center address is 760 S. Van Buren St., Shipshewana. Music Hall address is 195 N. Van Buren, Shipshewana. 888.447.4725, thebluegate.com.

#### 1-31 LIGONIER: Pumpkin Fantasyland

Pumpkins, gourds, squash create well-known characters and historical events; hayrides; mazes; refreshments. 8 a.m.-8 p.m. Monday through Saturday, 8 a.m.-7 p.m. Sunday, 1680 Lincolnway West. 260.894.4498, pumpkinfantasyland.com.

#### 2 WABASH: First Friday

Live entertainment, food, kid's activities, shopping, evening specials and more. Free admission. 5 p.m.-8 p.m. Friday, downtown. 260.563.0975, wabashmarketplace.org.

#### **3 NORTH MANCHESTER: Harvest Arts Festival**

Downtown shopping and dining, family fun, fall favorites, live music, art, free kids' activities, food vendors, apple dumplings, wagon rides, more. Free admission. 10 a.m.-6 p.m. Saturday, downtown. 260.982.7644, manchesteralive.org.

#### **3 DECATUR: Highland Games**

Celtic games, food, adult beverages. Free admission. 11:30 a.m.-6 p.m. Saturday, Riverside Park, 231 E. Monroe St. 260.724.2604, decaturchamber.org.

#### 3, 10, 17, 24, 31 FORT WAYNE: South Side Farmers Market

100 stands featuring produce, hand-crafted items, antiques, fresh baked goods, eggs, local honey, hormone-free pork and chicken. Master gardeners on hand to answer questions. Free admission. 7 a.m.-1 p.m. Saturday (through mid-December), 3300 Warsaw St. 260.456.8255 or 260.456.1228, southsidefarmersmarket.com.

#### 4 DECATUR: Flea Market

Nearly 100 indoor vendors, hot food available. Sponsored by the Adams County Coin Club. 8 a.m.-3 p.m. Sunday (year-round), Riverside Center, 231 E. Monroe St. (Highway 224 East). Contact Carla at 260.517.8182, facebook.com/decaturindianafleamarket.

#### 6-7, 13-14 SHIPSHEWANA: Shipshewana Flea Market

Midwest's largest flea market with more than 700 open-air booths on 40 acres. Free admission. 8 a.m.-4 p.m. Tuesday and Wednesday, downtown. 260.768.4129, shipshewanatradingplace.com/flea-market.

#### **10 COLUMBIA CITY: Autumn Harvest Festival**

Craft and food vendors, kids' games, car show, farm toy show, tractor pulls. Free admission. 9 a.m.-3 p.m. Saturday, Fairgrounds, 680 W. Squawbuck Road. 260.244.7615, whitleycounty4h.com.

#### 22-31 DECATUR: Callithumpian Festival

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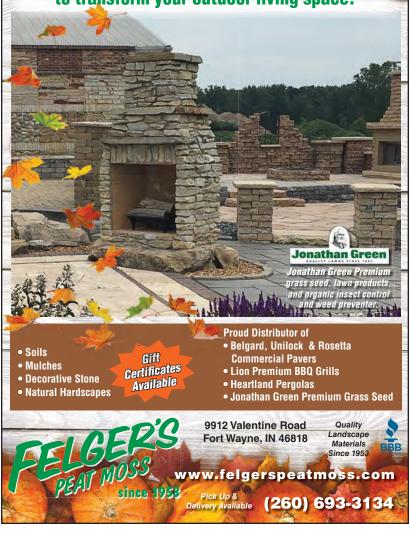
Halloween celebration, parade, 5K run, poster painting, fireworks, food. Free admission, but charge for haunted wagon tours and 5K. Hours vary, citywide. 260.724.2604, decaturchamber.org.

#### 24 SHIPSHEWANA: Ship-Chic Craft & Vintage Show

More than 100 vendors selling gifts, vintage items, home decor, crafts, clothing, accessories, beauty products, jewelry, baked goods, signs, more. Admission charge. 9 a.m.-3 p.m. Saturday, Antique & Misc. Building, 345 S. Van Buren St. 260.768.4129, shipshewanatradingplace.com.



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Wing Haven

#### By Jaclyn Youhana Garver

Lucky, lucky northeast Indiana: We might be landlocked, and come March, you might be cursing your decision to live somewhere so snowy, but every autumn, we get one of the Hoosier state's many reminders why it's great to live here.

in northeast

The leaf peeping.

Here are some of our favorite spots to go for an eyeful of tree-filled color this October.

#### **Clinton Street**

The simplest way to get a view of fall's gorgeous color pallette is along Clinton Street in downtown Fort Wayne, right in front of Headwaters Park. The colors won't last long, but for about a week or two every fall, the small ash trees that line Clinton between the St. Marys River and Superior Street are ablaze with fiery reds.

#### Metea County Park

#### 8401 Union Chapel Road, Fort Wayne

Visit Fort Wayne, the Fort Wayne/Allen County Convention and Visitors Bureau, lists Metea Park as one of the best in the city for viewing beautiful fall colors, in part because of the variety of trees adding to the landscape, including orange and red maples, deep red oaks, yellow tulip trees, locusts and cottonwoods, brown sycamore, red sumacs and colorful ashes like Virginia creeper and sweetgums.

#### Fort Wayne's trails

The city boasts more than 100 miles of trails to hike and bike, and many provide beautiful backdrops to the city's rivers, according to Visit Fort Wayne.

Early in the fall, take the Towpath Trailhead near Eagle Marsh (6801 Engle Road) for sunflowers and wetland vistas. Later in the season, select any number of paths along the Rivergreenway, including:

- St. Joseph Pathway, which connects Shoaff Park and Johnny Appleseed Park
- $\bullet$  St. Marys Pathway, which connects Tillman Park and Swinney Park
- Maumee Pathway, which connects North Anthony Boulevard and Moser Park



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age

#### Tom and Jane Dustin, Robert C. and Rosella C. Johnson and Whitehurst Nature Preserves

#### 1802 Chapman Road, Huntertown

"What makes this property so lovely in the autumn is that most of the forest is yellow," said Heather Barth, advancement director for ACRES Land Trust. "We fondly refer to it as the 'Dustin glow."

There are just shy of two miles of trails on the preserves, and one in particular climbs a hill along Cedar Creek's southern boundary. The creek is one of just three designated Indiana Natural, Scenic, and Recreational Rivers.

#### **Kokiwanee**

#### 5825 East 50 South, Lagro

"The foliage on the drive alone from Fort Wayne to Kokiwanee, along U.S. Highway 24, is spectacular," Barth said.

The park itself is home to deep ravines and waterfalls, plus additional nearby spots to explore, like Hathaway Preserve at Ross Run and Salamonie State Forest.

#### Wing Haven

#### 180 West 400 North, Angola

The series of kettle-hole lakes in Wing Haven seem to double the amount of beautiful fall foliage along the shoreline (kettle-hole lakes are formed by glaciers), and the park's uplands are covered in a forest of red maple, oak and hickory trees.

#### **Resources:**

ACRES Land Trust, Huntertown, 260.637.2273, acreslandtrust.org Visit Fort Wayne, Fort Wayne, 260.424.3700, visitfortwayne.com



# FORT WAYNE'S Favorite station between 103.7 And 104.1



#### **By Stacie Ball**

Albert Einstein once said, "Few are those who see with their own eyes and feel with their own hearts." Zubair and Hajira Khan brought these gifts with them in more ways than one when they chose to join our Fort Wayne community and call it home.

ubair an

Both Zubair and Hajira were born and raised in the Chicagoland area. Each came from a family with 3 to 4 siblings and had a drive to be college educated. Zubair acquired his Bachelor's degree in Psychology from Loyola University and his Doctor of Optometry degree from the Illinois College of Optometry. Hajira obtained her Bachelor's degree in Elementary Education with a minor in Sociology/ Anthropology from National-Louis University.

Zubair actually attended college with Hajira's elder sister and brother-in-law, who introduced them. The two were instantly smitten and married in 2000. Shortly after graduating from Optometry School in 2004, Zubair moved to Fort Wayne for his eye practice, Fort Wayne Vision Associates. At the time, Hajira was a Kindergarten teacher in Chicago, and they had a 2-year-old daughter.

Soon Hajira was interested in teaching in Fort Wayne and looking for reliable childcare. The Khans found that many parents were not happy with the childcare options in northwest Fort Wayne at the time. In 2013, the Khans developed a plan to open their own childcare center off Coldwater Road called Kiddie Academy.

"Kiddie Academy is an exceptional curriculum that prepares children for school and life by learning through play," the Khans explained. "Our center offers features to parents and children that other childcare centers in Fort Wayne were not offering like secure live webcam access to parents, as well as paperless reporting."

In 2019, the second location of Kiddie Academy opened off of Illinois Road. Hajira stays in close, daily contact with the children, staff and families at both locations.

The Khan's original plan was to spend a few years in Fort Wayne and then return to Chicago, but Fort Wayne stole their hearts.

"After getting to know the community and enjoying the laid-back lifestyle in Fort Wayne, we felt that this was a great place to raise our family," the Khans shared. "We enjoy the trails, restaurants and recent positive growth of our city."

Over the years, they have raised a beautiful family of 2 girls and 2 boys: Sireen-18, Simra-13, Shayaan-10, and Shareef-2.



Zubair and Hajira Khan

The Khans have poured their passion and heart into the city of Fort Wayne. Hajira is on the board of directors of SCAN, Inc. and many committees for SCAN. She is also an active member of Charger Advocates that meets with the superintendent of Northwest Allen County Schools. Zubair is a member of the Indiana and American Optometric Associations. Both have won numerous awards, including being named 40 under 40 award winners through Business Weekly. Both Kiddie Academies have also earned many national and regional awards.

By investing their eyes and hearts into our community, the Khans have made it possible for their children and many others to proudly call Fort Wayne home.

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