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UPCOMING EDITORIAL THEMES

November ~ Thankful Homes

ad deadline Mon., Oct. 14

December ~ Winter Wonderland

ad deadline Fri., Nov. 15*

January 2020 ~ The New Decade

ad deadline Fri., Dec. 13*

*early deadline



welcome! from the editor

Greetings

This issue is all about Embracing Autumn, my favorite season of the year. The changing leaves, bonfires, pumpkin carving and Halloween are just a few of the highlights for me.

When I was a kid, Halloween was extra special. My Nana was very crafty and made my costumes by hand—from Cinderella to Little Red Riding Hood and more, I always felt so special donning my one-of-a-kind costume each year. Unfortunately, I am not as crafty, but I have truly enjoyed choosing my daughter Annabelle's costumes. This year will be her 4th Halloween and Adella's first. Annabelle has decided that we will all be Bat Girl, even our little dog Frankie—daddy will be



Amber Bouthot

Batman of course. I am looking forward to watching Annabelle enjoy trick or treating this year—and who doesn't love dressing up a baby?

October brings some of our favorite events and activities, too. We love visiting Kuehnert Dairy Farm, which offers so much for kids to do, from pumpkin painting and a chance to pet calves, to hayrides, a corn maze and an extra large bouncy house, to name a few. We also make a point to visit Cedar Creek Produce to pick out our perfect pumpkins—they have a large selection of pumpkins and gourds, plus a plethora of vegetables for purchase.

In this issue, we provide you with some tips and tricks for Halloween décor, highlight fireplace trends to help us prepare for the chilly weather to come, and help you find Hygge—a Danish concept about warm & cozy abodes. We hope you enjoy it as much as we did planning it for you.

Happy Fall,

Amber

October 2019

Vol. 11 No. 6

www.homeindooroutdoorliving.com

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HOME Living, Indoor + Outdoor is produced by the publishing professionals at The Papers Inc.—a publishing group located in the heart of Milford, Indiana. We're proud of our American small town roots.

If you'd like to learn more about us, check out our website at the-papers.com.

ADVERTISING INFORMATION To discuss the benefits of how we can put the power of publishing to work for your business, please contact Bill Hays, publications manager, at bhays@the-papers.com.

EDITORIAL CONTRIBUTIONS Editorial suggestions are welcomed, and the executive editor is usually in a good mood, so please share! Feel free to send comments directly to her at ambouthot@the-papers.com. Even if she's in a bad mood, hearing from readers brightens her day (sshhh... and we thank you!).

Thank you for reading and we look forward to hearing from you soon. We warmly welcome you **HOME**.

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Halloween Décor

By Lauren Caggiano

Who said Halloween décor had to be cheesy? You can incorporate classic fall décor elements without the low-budget feel. Here's what's on-trend for Halloween 2019.

Pumpkins

Forget the white painted gourds you see in your kids' classrooms. Spray paint is your friend. With luxe in mind, opt for shiny metallics or golden brasses. These choices are sure to bring a chic autumn touch to your fall centerpiece.



Greenery

Bring the outdoors into your home with a foreboding twist. Think sprawling vines and ominous ivies in a wreath. Ferns can also set the mood. You might also consider a Halloween-themed terrarium. The combination of moss, twigs and miniatures can pack an eerie punch.



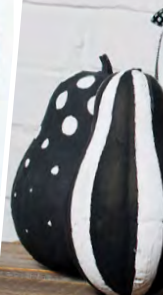
Old World

Many cultures have ceremonies and rituals around celebrating the dead. For example, the Day of the Dead is celebrated around Halloween by Mexicans and people of Mexican heritage. You can draw inspiration from their rich heritage. Consider pulling in sugar skulls of all colors and designs. You can also create your own version of a Mexican altar and honor those who've passed on.



Gothic

Utilizing
Hal
Draw





Lanterns can light up a room in more ways than one. But don't just settle for an ordinary one that sets the tone for a Halloween party. For starters, tie a large fall or Halloween themed bow and secure to the top. Then on the inside, add fake snow pulled to look like cobwebs or a thin layer of moss and add other spooky elements. Voila...instant spook.

Lanterns

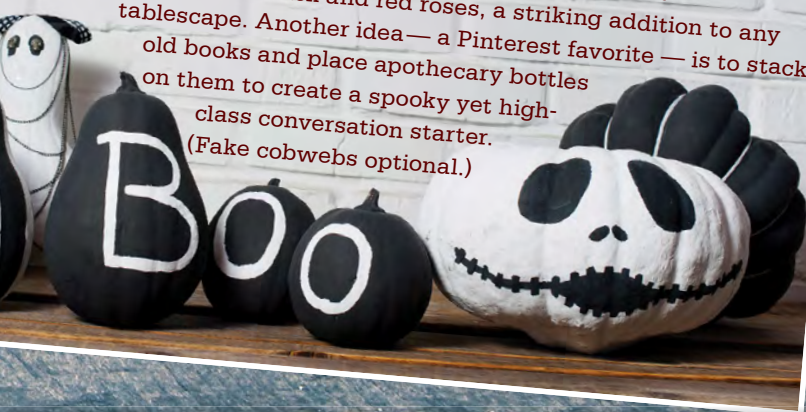


Feathers

Feathers, real or artificial, can add a whimsical touch to any décor piece.

A black feather wreath is an easy DIY project to tackle. Just buy a feather boa and wrap it around a wreath form!

Channel your high school days with a goth aesthetic that's sure to impress. Incorporate black tablecloths, matte black plates and even black candles. Soften the look with gray or silver napkins and flatware. Adding a black and white color scheme is another contemporary way to bring Halloween inside your home. Think crows, spiders and skeleton keys. Adding a few pops of white creates a striking contrast. Now the eye further with black and red roses, a striking addition to any table. Another idea — a Pinterest favorite — is to stack old books and place apothecary bottles on them to create a spooky yet high-class conversation starter. (Fake cobwebs optional.)



So, go glam this Halloween, with looks that combine elegance with the right amount of spooky spirit. 🏠

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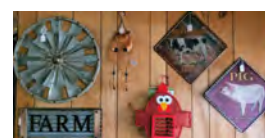
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ARBOR FARMS NURSERY

By Amber Bouthot

The evolution of nursery-room style is finally on par with the latest home trends. Gone are the days of cartoon-themes and baby girl pink or baby boy blue. Today's parents are opting for uber stylish décor motifs that reflect their tastes. Here are some of our favorites.

Nursery



Boho

This trend has been on the rise throughout the home the past few years and it has finally reached the nursery. Layers of whites, textures, natural woods, and a touch of black or grey take the boho feel up a notch.



Botanicals

Organic accents is a growing trend for nurseries—from live plants to botanical prints on walls and artwork, you can't go wrong with this trend.



Scandinavian

When it comes to baby's room, it's hard to beat the elegant simplicity of Scandinavian design. It is bright, clean and thoroughly modern and values both form and function.



Moody Palettes

The '70s are back and in color. Sage green, mustard and mauve are making a comeback and finding their way into nurseries. 🏡

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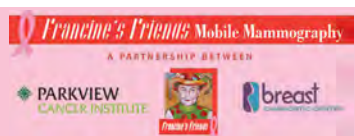
...and much, much more!

Friday, Oct. 11, 2019

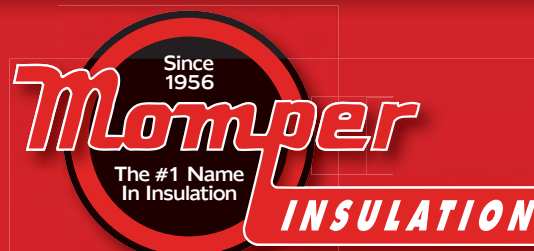
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Fireplace Trends Popular This Fall

by *Haiden Steingass*

From big sweaters to boots and pumpkin spice lattes, fall is the coziest season. But aside from your wardrobe and beverage choices, one of the best ways to make fall feel like “fall” is to cuddle up by a fireplace. Whether you already have one in your home or you are considering installing one, you can’t miss these popular fireplace trends.

Gas Fireplaces

It's 2019 - everything should be electric now, right? Maybe with cars, but the majority of people who install new fireplaces are throwing out the idea of a wood burning fireplace and opting for gas products, mainly ones with direct vent technology.

“This is where the firebox is a sealed system,” Debbie Freed from Rose Brick said. “Fresh air is brought in from the outside and exhaust is taken outside. It is a very clean and efficient system. There are a few homeowners going for the open wood fireplace, but they like the convenience of a gas starter bar to help them light the wood. This also gives them a gas line to the fireplace for future gas log installs. We also have a small percentage of electric fireplaces sold.”

Electric Fireplaces

But what if you don't care so much about using the fireplace for warmth, but more for looks? If you simply care about the aesthetics your fireplace can provide to your home, you can opt for an electric one. Electric fireplaces have a more modern look with the linear fireplaces. They also can be a more flexible install for the homeowner because they do not have to worry about venting or gas lines.

Modern Fireplaces

There are many different kinds of fireplaces, from traditional to linear and portrait, but some of the most popular ones this year are more of a modern style.

“Modern fireplaces use glass and commonly linear style, wider with a shorter height,” Freed said. “Nowadays, the fireplace manufacturers

are offering options to make the very modern fireplace look a little more traditional like logs, rocks, different brick panels and trim pieces.”

A traditional fireplace will be the more rectangular style, a little wider than tall. The fireplace manufacturers offer a variety of choices for the fireplaces, for example: logs, brick backing and faces.

Fireplaces in Bedrooms

Fireplaces are traditionally installed in the family or great room. But there are many other places that they can be enjoyed. Bedrooms, bathrooms, dens and kitchens are some locations in the house. Outside fireplaces have become popular, too, making great additions to outdoor rooms.

Entertainment Center Fireplaces

Depending on the location of your fireplace, it can double as a gorgeous decoration and an entertainment center.

“Having a TV above the fireplace is very popular now,” Freed said. “Homeowners should have a mantle above the fireplace to help protect the TV. But if they want a clean modern look to the fireplace, we have fireplaces that have the capability to put a TV above them without a mantel.” 🏠

Resources:

NOB Brick & Fireplace, Fort Wayne, 260-483-2126, nobbrick.com

Rose Brick, Fort Wayne, 260.373.1919, rosebrick.com

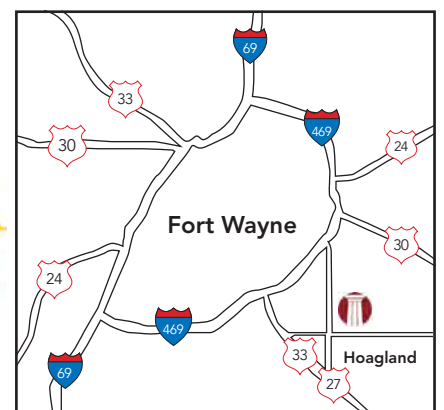


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Finding HYGGE

By Jaclyn Youhana Garver

A plush, oversized blanket. Soft light shining through a pretty lampshade. A cup of black chai tea warming your hands, rivulets of steam rising from the top of the cup, carrying scents of cinnamon, cloves, nutmeg. A stack of games on the table, awaiting friends to arrive for a companionable, cozy night in.

How do you pronounce hygge? “hoo-guh”

“Hygge” is a Danish concept that has gained popularity in the United States in recent years. The word itself has no direct translation but originates from a Norwegian word for well-being. Meik Wiking, the CEO of the Happiness Research Institute in Copenhagen, explains it in his book “The Little Book of Hygge: Danish Secrets to Happy Living”: Hygge isn’t about things but about an experience and an atmosphere. It’s about being with those we love, feeling at-home, safe and shielded from the world.

“You may be having an endless conversation about the small or big things in life—or just be comfortable in each other’s silent company—or simply just be by yourself enjoying a cup of tea,” Wiking wrote.

Sarah Weaver, a nurse practitioner at Parkview Interactive Medicine, has ancestors from Denmark, and she grew up in a hyggelig home without even realizing it. For example, her mother used to put a cast iron pot over the wood-burning stove and heat up cinnamon and cloves. The scent would fill the whole home.

The house had books everywhere, plus cozy spaces perfect for reading. The goal was always to create a meaningful moment.

“I remember going fishing and my mom having a beautiful spread for a picnic,” Weaver said. “She went that extra mile to have nice napkins and local, delicious foods to create a pause in a busy day.”

Adding hygge to your home

If you’d like to turn your space into a warm, hyggelig environment, Weaver suggested these simple changes:

- Sheepskin rugs, either on the floor or draped over the couch.
- Comfy pillows. Pile them up to read or play a board game.
- Candles or LED candles, or swap softer bulbs into an existing lamp.
- Aromatherapy—scent is an important part of hygge.
- Snuggly blankets, good books to read and games.
- A variety of teas you can offer to friends when they visit.

On the flip side, these things can take away hygge from a home:

- Multiple TVs going on in the house.
- A lot of clutter, which can be a stressor. Hyggelig design tends to be minimal.
- Cell phones and social media, or anything that prevents you from connecting with the people in front of you. 🏠



Make Your Home Smell Amazing Naturally

By Stacie Ball

My dear friend is highly allergic to scented items. One whiff of a toxic pumpkin spice candle can trigger an asthma attack or a severe allergic reaction. I wondered how she could survive without all the delightful scents and smells like my caramel apple soap and flowery room sprays. Then, I started learning about all the harmful chemicals found in many of the products we use to make our homes smell wonderful. I began to think maybe there are ways to make my house smell amazing without exposing my family and friends to harmful chemicals. Surprisingly, there are many alternatives to the traditional plug-ins, candles and sprays we are used to. Here are just a few ideas.

Essential Oil Diffusers

Many companies, and even several stores, sell these brilliant devices. Fill your diffuser with water and add a few drops of your favorite essential oil. The diffuser will permeate the room with wonderful, non-toxic fragrance. Companies make special blends, but you can also create your own scents from different oils. A fun, pump-kin-spicy combination for fall is to add a few drops of clove oil, nutmeg oil and cinnamon oil. Try a little vanilla or ginger for an extra kick.⁴

paraffin-free tealights, depending on the size of the bowl, on top of the coffee beans. When lit, the heat from the tealights will warm the coffee beans and unlock the scent, making the room smell like your favorite coffee house!³ 🏠

1. <https://www.onegoodthingbyjillee.com/make-your-home-smell-good/>
2. <https://www.onegreenplanet.org/lifestyle-make-your-house-smell-great-without-any-dangerous-chemicals/>
3. <https://expertthometips.com/19-natural-ways-to-make-your-home-smell-wonderful>
4. <https://rockinwhomestead.com/diy-essential-oil-blends-for-fall/>

Garbage Disposal Ice-Cubes

This is a non-toxic way to clean your garbage disposal and keep your kitchen smelling clean and fresh. Simply chop up a lemon, peel and all, and place one good-sized lemon piece in each compartment of an ice-cube tray. Fill the ice-cube trays the rest of the way with white vinegar and freeze. Every few days, run a few down the disposal and voila, fresh smelling kitchen.¹

Stovetop Potpourri

Grab a saucepan or a crockpot and heat up some water. Add lemons, limes or oranges and your favorite herbs.¹ Another idea is to place a couple of cinnamon sticks or ground cinnamon into the pan and bring the water to a boil for a few minutes and then simmer. Ah- bliss!²

Homemade Room Spray

Snatch an 8-ounce spray bottle. Fill it with 3 ounces of lime juice, 3 ounces of water and 2 ounces of baking soda. Spray as you would any room spray to achieve a fresh, clean-scented space!²

DIY Coffee Candle

You're going to love how simple this is! Pick out a bowl as fancy or plain as you like and fill it with coffee beans. Place one or a few





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WINTER GARDEN PREPARATION

By Barb Sieminski

October is often associated with Halloween (boo!) but also marks the Day of the Dead – just in time for your garden's big sleep.

Enhance the burial by collecting the final bits of your old summer leaves and yard debris for the compost pile, but clear the rotted plants and invasive weeds separately. Wrap the latter securely and bag it for the trash. These bad boys get an alternate burial.

Mulch generously after the ground freezes, removing annuals and harvest seeds and then prepare the ground for spring. Even though many people plan to do this in the spring, fall is a wonderful time to mix soil amendments, such as compost, bone meal, kelp and rock phosphate. When done in the autumn, you save yourself some work in the spring. A fall tilling is a good way to improve drainage before extreme weather occurs.

Mike Copp, owner of Copp Farm Supply in Columbia City, suggested that a soil test be done for deficiency.

"Also, one may sow cover crops, such as peas, carrots, radishes or turnips," said Copp.

Deb Zumbrun of Arbor Farms Nursery reminded us that the first frost date for Zone 5 will usually occur between October 16 and 31.

"To be safe, you may want to prepare a little earlier," said Zumbrun. "Once there is a frost, plants will begin to go dormant and drop their leaves through the winter; landscape cleanup can then commence.

"If your plant has had disease or insect issues, you need to make sure to clean up leaf litter and any branches that are down near the plant. Make sure to destroy the leaves and debris from diseased plants."

Zumbrun suggested wrapping the trees that have thin bark.

"Buy tree wrap so that you can wrap the trees late in November. Red Maples and Tulip Trees should have their trunks wrapped when young to prevent frost cracking," she said.

Here's an unusual idea from Stephanie Felger of Felger's Peat Moss about using worm castings.

"Worm poop, also known as worm castings, is 100% organic compost that can be used as a soil amendment," said Felger. "The amazing thing about worm castings is that they contain microbes and beneficial bacteria that feed the soil, which in turn allows the plant to absorb nutrients naturally.

"Worm castings are versatile and simple to use. They can be applied to new and established flower and vegetable gardens, as well as pots and container gardens and even lawns.

"They can be found locally, and we have sold our peat moss to worm farmers for years, but have never sold the castings, until recently when we were approached by Annette Webb with Raw Sustainable Living. The castings are a full-circle product for us. We sell the peat moss to Annette, who uses the peat to bed the worms in, and the worms work their magic to create the castings, and then we buy it back and sell it in 5 pound and 25 pound bags.

"If your garden needs something new, choosing worm poop just might be the option for you this season. The castings are a perfect way to prepare your beds for fall and winter, or for starting them off next spring," she said. 🏠

Resources:

Arbor Farms Nursery, Fort Wayne, 260.637.5816, arborfarmsnursery.com

Copp Farm Supply, Columbia City, 260.244.6465, coppfarmssupply.com

Felger's Peat Moss, Fort Wayne, 260.693.3134, felgerspeatmoss.com



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Time to winterize your home

By Rod King

Energy efficient windows and doors installed in a well-insulated home can save money on energy costs. According to Kevin Hunter, owner of Windows, Doors & More, any home that is 10 years old or older could benefit from replacement windows and doors and the addition of more insulation.

"Windows and doors are the first place to look for drafts. The goal is to reduce the amount of air infiltration (air leaking into the home). Drafty homes cause heating and cooling costs to rise and affects the comfort level," he said. "The easiest way to find out if air is coming in around your windows is to hold a strip of tissue paper by the frame and then where the window sections come together. If the paper moves, you'll know you have a problem. The best solution is new replacement windows. Double-pane windows are more efficient than single-pane.

"I can't speak for other window manufacturers, but ours have seven layers of silver oxide coating on high-efficiency glass. This is important because it keeps cold air out and actually reflects the sun's heat back into the house in winter and rejects it in the summer for energy savings during both seasons. By keeping the sun's ultraviolet rays out of the house the chance that furniture and carpeting will fade is greatly reduced.

"The upper and lower sections of replacement windows should fit tightly into the frame so no air can come in around the edges," he added.

Entry doors must also be able to keep outside air from coming into the house. The tissue trick works well for doors, too. Reducing air infiltration around doors is easier to fix than drafty windows. Replacing the weather stripping usually does the job. Thicker steel doors with polyurethane insulated cores are preferred because they won't warp or rust.

One of the best ways to winterize is to add insulation in the attic. A good rule of thumb is to add more if the present insulation is less than seven inches deep.

Other economical do-it-yourself winterizing steps include caulking cracks around exterior faucets and any other holes, installing a new weather stripping around the garage door and adding insulation behind light switches and outlets on exterior walls.

"Whether replacing windows and doors and adding additional insulation in the attic or taking simple precautions," said Hunter, "it will make your home more comfortable and in the long run, the money saved on energy will far exceed the cost. Winterizing properly not only saves money, it is environmentally responsible and reduces wear and tear on the heating and cooling system, as well." 🏠



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Dining Room Transformation

By Amber Bouthot

Every month, we highlight projects our readers have completed. We want to see your projects and share them within the pages of our magazine. It can be something as simple as a craft project or as large as a home addition. If you did it yourself, it can be featured. Email Amber at ambouthot@the-papers.com.

This month's Reader DIY comes from Rachel Von Stroup. She and her husband have been slowly renovating their new-to-them historic home. First up, the dining room.

1- What was your inspiration for the project?

When my husband, Jeremy, and I bought the house, we knew we were going to need to update it, especially with painting most of the rooms on the top floor. We're both artists and we love color, texture, art and plants, so I took that as a starting point as a way to incorporate both of our styles into each room we updated. Jeremy really liked blue for paint, so I took to Pinterest to find other colors that would complement the blue he liked, that way we had multiple colors in the house. I found a sage green color and it looked really nice next to the blue, so we decided that would be the color for the living and dining room area since we wanted blue for the kitchen. As far as the new light goes, I wanted a bamboo/rattan style pendant light as a centerpiece to add some texture into the dining room.

2- How long did it take from start to finish?

It took us just about 10 months to finish, and even now we're still not 100% done. One reason it took so long is that we're working on several rooms at once instead of just doing one room from start to finish. We still plan at some point to take out the carpet in the living room and dining room and replace it with hardwood floors.

3- Was it easier or harder than you anticipated?

Much harder! One of the walls in the dining room had a lot of texture on it, so before we started painting, we had to get rid of the texture, which was very time consuming and made a huge mess. The house was constantly filled with dust and the living room/dining room looked like a construction zone for about 6 months. The painting was much quicker, but it was still harder than we anticipated.

4- What was the total cost of the project?

New light - \$80; paint - \$70; decor - \$50; wall skimming materials/joint compound - \$50; taking down the burgundy curtains - \$0; Total, \$250

5- What did you like best about the undertaking?

Seeing the results. The change is amazing and it's a very nice feeling knowing that we did that.

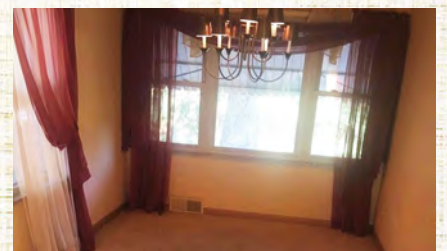


6- What was the most challenging aspect?

Finding time to actually paint and work on the walls. We both work a couple of jobs and we were planning a wedding the entire time we were working on updating the house, so time was scarce.

7- Where did you source the materials?

We got everything at Lowe's except for the new pendant light, which we got at Target. 🏠





By Ray Balogh

Botanical Observatory

- "Botanica Jones: Scientist, Merchant or Thief?" (through Nov. 17), regular admission
- Oct. 19, "Rocky Horror Picture Show," doors open at 7 p.m. Saturday, movie begins at 9:15 p.m. On terrace, weather permitting; dress accordingly, bring lawn chair. \$4/adult; \$2/age 17 and under.

Adults \$5, children (3-17) \$3, children (2 and under) free. 10 a.m.-5 p.m. Tuesday through Saturday, 10 a.m.-8 p.m. Thursday, noon-4 p.m. Sunday, Botanical Conservatory, 1100 S. Calhoun St., Fort Wayne. 260.427.6440

botanicalconservatory.org.

Embassy Theatre

- Oct. 8, "Whose Live Anyway?", 7:30 p.m. Tuesday, \$55/\$45/\$35
- Oct. 19, Champions of Magic, 7:30 p.m. Saturday, \$60/\$45/\$25
- Oct. 23, Black Violin, 7:30 p.m. Wednesday, \$32.50/\$22.50
- Oct. 24, "Jeff Dunham: Seriously?", 7 p.m. Thursday, call for seat availability
- Oct. 29, "The Color Purple" tour, 7:30 Tuesday, call for ticket prices

Fort Wayne Embassy Theatre, 125 W. Jefferson Blvd., Fort Wayne. 800.745.3000
fwembassytheatre.org.

Niswonger Performing Arts Center

- Oct. 12, Catapult, 7:30 p.m. Saturday, \$40/\$30/\$20
- Oct. 20, 38 Special, 7:30 p.m. Sunday, \$80/\$75/\$70/\$65/\$60/\$55
- Oct. 26, Root & Boots: Sammy Kershaw, Aaron Tippin and Collin Raye, 7:30 p.m. Saturday, \$65/\$55/\$45

Niswonger Performing Arts Center, 10700 SR 118, Van Wert, Ohio. 419.238.6722
npacvw.org.

Honeywell Center

- Oct. 4, "Mutts Gone Nuts!," 7:30 p.m. Friday, \$30/\$20/\$15
- Oct. 5, Switchfoot, 7:30 p.m. Saturday, \$77/\$37/\$27
- Oct. 6, Amy Grant, 3 p.m. Sunday, \$100/\$49/\$39
- Oct. 9, The Texas Tenors, 7:30 p.m. Wednesday, \$45/\$35
- Oct. 11, Josh Turner, 7:30 p.m., Friday, \$100/\$54/\$38
- Oct. 12, Toto, 7:30 p.m. Saturday, \$125/\$55/\$39
- Oct. 24, UFO, 7:30 p.m. Thursday, \$100/\$45/\$35
- Oct. 25, Chad Prather, 7:30 p.m. Friday, \$100/\$35/\$25

Ford Theater, Honeywell Center, 275 W. Market St., Wabash. 260.563.1102
honeywellcenter.org.

1-31 LIGONIER: Pumpkin Fantasyland

Well-known characters and historical events created from pumpkins, gourds and squash; hayrides; mazes; refreshments. Admission charge for some features. 8 a.m.-7 p.m. Monday through Sunday, 1680 Lincolnway W. 260.894.4498
pumpkinfantasyland.com.

1-31 DECATUR: Spooktacular Estate Event

Win a \$500 shopping spree, all estate jewelry specially priced, silent auction, new items added daily. Free admission. 9 a.m.-6 p.m. Monday through Friday, 9 a.m.-5 p.m. Saturday, Eichhorn Jewelry, 130 N. 2nd St. 260.724.2621 or 800.589.2621
eichhornjewelry.com.

3 FORT WAYNE: Open House

Giveaways, live demonstrations, breakout sessions, customer appreciation sale, medical spa services. Free admission. 3 p.m.-7 p.m. Thursday, Dr. V Skin Integrative Dermatology and Laser Spa, 3919 W. Jefferson Blvd., Suite B. 260.450.1313
drvskin.com.

3-5 SHIPSHEWANA: Fall Crafters Fair

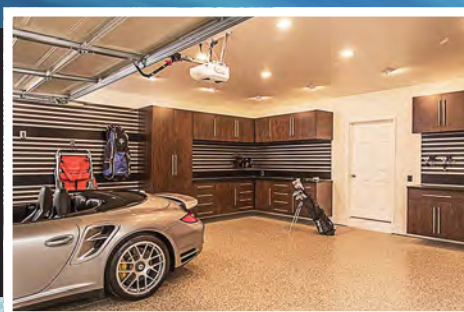
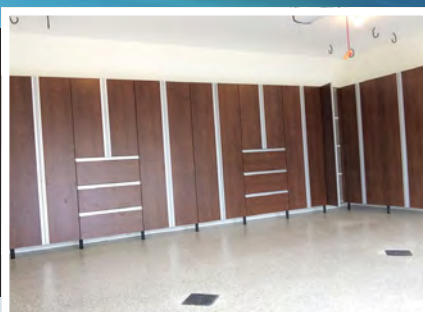
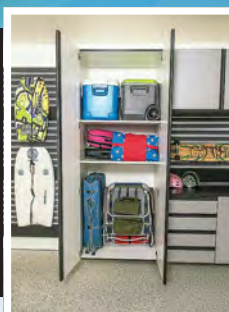
Crafters, demonstrators, musicians, quilters, carvers, painters, potters, more. Free admission. 9 a.m. Thursday through Saturday, downtown. 866.631.9675
fallcraftersfair.com.

4 AUBURN: First Friday

Late night shopping, live entertainment, local culinary delights, locally crafted beverages, more. Free admission. 5 p.m.-8 p.m. Friday, downtown. 260.333.0883.

4 WABASH: First Friday

Live entertainment, food, kid's activities, shopping, evening specials and more. Free admission. 5 p.m.-8 p.m. Friday, downtown. 260.563.0975
wabashmarketplace.org.



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4-5 BLUFFTON: Fall Open House

Floral, gifts, home decor. Free admission. 10 a.m.-5 p.m. Friday, 10 a.m.-2 p.m. Saturday, A Perfect Blend, 1225 S. Scott St. 260.824.2695, aperfectblendbluffton.com.

4 through Dec. 14 SHIPSHEWANA:

Shipshewana Across the Board

Eighty booths in heated building with unique gifts, local crafts, holiday gifts. Free admission. 9 a.m.-4 p.m. Friday and Saturday, Farmstead Expo Barn, 368 S. Van Buren St. 260.768.4129

shipshewanatradingplace.com.

5 FORT WAYNE: Third Annual Walk 'n' Roll to Cure Ataxia

Fundraiser for National Ataxia Foundation.

Free admission, but donations will be accepted. 9 a.m. Saturday registration and social hour, 10 a.m. walk and roll, 2 1/2 miles on a paved walkway, 11 a.m. door prize drawing, Foster Park, Pavilion No. 1, 3900 Old Mill Road.

ataxia.org/walkfw.

5 NORTH MANCHESTER: Eel River Arts and Harvest Festival

Downtown shopping and dining, family fun, live music, art, kids' activities, food vendors, apple dumplings, wagon rides.

Free admission. 10 a.m.-6 p.m. Saturday, downtown. 260.982.7644

manchesterlive.org.

5-6 KENDALLVILLE: Apple Festival

1800-1865 pioneer festival with skilled demonstrators, primitive village, children's crafts and games, contests, antiques, crafts, food, entertainment. Free admission. 9 a.m.-6 p.m. Saturday, 9 a.m.-5 p.m. Sunday, Noble County Fairgrounds, 1001 Dowling St. Fairground parking \$5. 260.350.1119

kendallvilleapplesfestival.com.

6 DECATUR: Flea Market

Nearly 100 indoor vendors, hot food available. Sponsored by the Adams County Coin Club. 8 a.m.-3 p.m. Sunday, Riverside Center, 231 E. Monroe St. (Highway 224 East). Contact Carla at 260.517.8182

facebook.com/decaturingianafleamarket.

10 FORT WAYNE: Early Thanksgiving in the Log House

Program on Thanksgiving national holiday history, traditional foods sampling, optional tour of herb garden. \$20/person. 9 a.m.-9:30 a.m. Thursday registration; 9 a.m.-11:30 a.m. program, Swinney Homestead, 1424 W. Jefferson Blvd. 260.432.7314

settlersinc.org.

11 FORT WAYNE: Lunch With Friends

Join us as we honor and celebrate breast cancer survivors and raise funds for mammograms. 11:00 am registration, 11:30 a.m.-1:00 p.m. Luncheon. Allen County War Memorial Coliseum, Contact Marita Dwight-Smith 260.249.0154

FrancinesFriends.org

16 FORT WAYNE: "Short Hikes for Short Legs: Towering Trees"

Learn the different parts of trees and the differences between tree species. Free admission, open to children 3-5 accompanied by responsible adult. 9 a.m.-10 a.m. Wednesday, Eagle Marsh barn, 6801 Engle Road. 260.478.2515

260.478.2515

info@lrwp.org, lrwp.org.

24 FORT WAYNE: Guided History Day Trip to Marshall, Mich.

Featuring visits to Schuler's Restaurant and governor's mansion. \$60. Depart 9 a.m. Thursday, return 5:30 p.m., Swinney Homestead, 1424 W. Jefferson Blvd. Call Linda Black at 260.747.1229 for information and reservations.

settlersinc.org.

24-28 DECATUR: Callithumpian Festival

Highland games, Halloween celebration, parade, poster painting, fireworks, food. Admission charge for some events. Thursday through Monday, citywide. 260.724.2604

decaturchamber.org.

26, Dec. 7 SHIPSHEWANA: Ship-Chic Craft and Vintage Show

More than 100 vendors selling gifts, vintage items home decor, crafts, clothing accessories, beauty products, jewelry, baked goods, signs. \$5/person; free children 12 and under. 9 a.m.-3 p.m. Saturday, Shipshewana Auction Building, 345 S. Van Buren St., Shipshewana. 260.768.4129

shipshewanatradingplace.com.

30-Nov. 2 FORT WAYNE: Holiday Open House

Jim Brubaker Designs, Wednesday, Thursday, Friday 10:00 a.m.-5:00 p.m., Saturday 10:00 a.m.-2 p.m., 909 Lawrence Drive, Fort Wayne, 260.436.3639.

jimbrubakerdesigns.com. 🏠



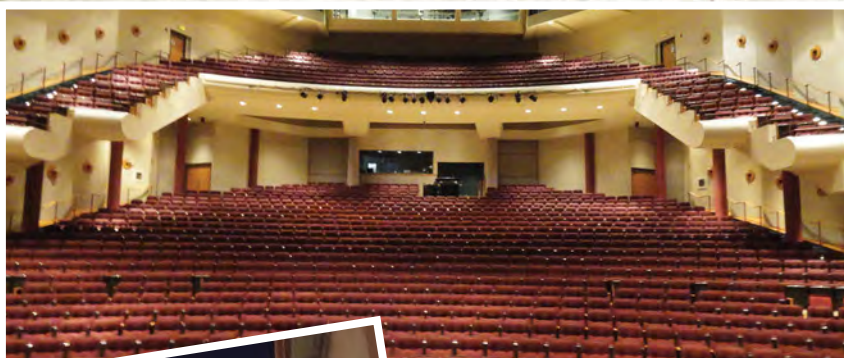

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Wabash County: An Ideal Getaway

By Mary Jane Bogle

Something for everyone. That's the best way to describe all that Wabash County, has to offer. With miles of trails and waterways, tons of unique shops and eateries and a world-class event venue, you'll be sure to find your perfect day or weekend getaway here.

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Shopping

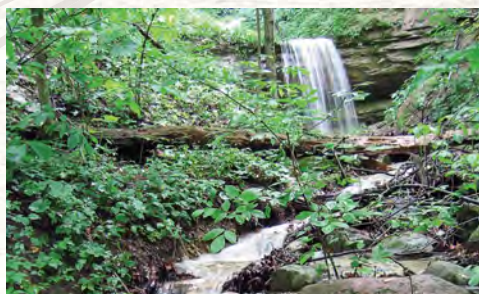


Offering over 10 women's boutiques, the largest used bookstore in Indiana and multiple antique stores, Wabash County presents tons of shopping opportunities. Crafters will delight

in over 10 floral and fabric shops. Those looking for unique clothing options can find them at Bellazo, a vintage bohemian, second-hand clothing boutique located at 35 W. Market Street in Wabash, which offers a wide variety of styles and home accessories, typically at 75% off retail.

Outdoors

Nestled in between the Salamonie and Mississinewa reservoirs, Wabash County sports five Acres Land Trust properties, with beautiful trails, waterfalls and scenic views galore. And don't forget about the 2.5 miles of pedestrian trails in the City of Wabash, where you can enjoy the natural beauty of the Wabash River and the historic architecture of Wabash on paved, handicap-accessible trails.



Not into trails? No problem. You can always catch a round of golf at the Honeywell Golf Course or test your climbing skills at Unger Mountain, located at 564 E SR 124 in Wabash, which offers a three-sided, 50-foot climbing tower with four auto belays.

Eat & Drink

All that exercise is bound to work up an appetite, which you can satiate at a plethora of unique lunch and dinner options. Consider the Wine & Cheese Shoppe, Chapman's Brewing Co., Ohh My! Cakes and Harry's Old Kettle Pub & Grill, where Chef Harry Kilmer proudly serves a variety of sandwiches and sides



Owners, Chef Harry and Judy Kilmer

that are a huge step above bar food. Think cheesesteak, pulled pork, pork tenderloin and the "Dirty Harry." Beer enthusiasts can choose from 27 tap, 37 bottle and 28 can options.

Winner of the 2015 "Small Business Revolution: Main Street" contest, Wabash received extensive help to renovate six small downtown businesses, with Harry's Old Kettle Pub & Grill among them. (Catch the episodes on Hulu or SmallBusinessRevolution.org, Season 1.)

Museums & Galleries

While in the area, be sure to visit the Wabash County Historic Museum. Using state-of-the-art exhibits to introduce you to the rich history of



this one-of-a-kind county, this museum offers two floors of interactive exhibits and an extensive research and archive area.

And don't forget about The Honeywell Center, a world-class performing arts center featuring national touring acts—or the Eagles Theatre, which is currently undergoing a two-year renovation to completely revitalize the entire 111-year-old building.

To learn more about all that Wabash County has to offer, check out the visitor's bureau website at visitwabashcounty.com.

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Francine's Friends Lunch with Friends

By Barb Sieminski

Is there anything better than dining with your besties? How about dining with your besties for a good cause?

Francine's Friends Mobile Mammography will host its annual Lunch with Friends event and fundraiser on Friday, October 11, at the Allen County War Memorial Coliseum. The event provides an opportunity for guests to visit with their friends while honoring and celebrating breast cancer survivors and raising funds for mammograms.

"At year fifteen, Francine's Friends continues to make a difference in the lives of women in our area, providing screening mammograms to those who might not have access due to lack of insurance, funds, transportation or other barriers," said Marita Dwight-Smith, BAM RT(R)(M) ARRT, Director of Francine's Friends Mobile Mammography. "The true success of the program lies in the countless donors and sponsoring organizations in our community."

The mammography coach travels to community business sites, clinics and other locations in Adams, Allen, Dekalb, Huntington, Kosciusko, LaGrange, Noble, Steuben, Wabash, Wells and Whitley counties in northeast Indiana. Early detection is the key to fighting cancer, and as of January 2019, more than 43,900 women have been screened on the coach, which has funded over 15,982 mammograms, according to Dwight-Smith.

All donations to Francine's Friends Mobile Mammography help women in northeast Indiana receive life-saving mammography services without cost while also honoring the legacy and spirit of Francine Schubert, for whom the non-profit organization was named.

This year's keynote speaker at the Lunch with Friends event is Donna Packnett, a breast cancer survivor, community volunteer and philanthropist. She currently serves on several committees including Rhinestone Rodeo for Ronald McDonald House, Ivy Tech's Reason to Taste, Women's Philanthropy Groups for Healthier Moms and Babies, as well as Band Together and Christmas Families for TROY School. Recently, Donna was chosen as the artist for the Parkview Cancer Institute's annual t-shirt design, which serves as a fundraiser for the Parkview Foundation, supporting the Transformative Cancer Care Fund.

In addition to the keynote speaker, the event will feature music by Bob Nance of Heartland Sings and a multi-generational panel and round-table discussion facilitated by podcaster Tina Conrad of DJ Breast Cancer.

This event is made possible by the following sponsors: Kroger, Ride for a Cause, Radiation Oncology Associates, Steel Dynamics, PHP, Omni Source, Sweetwater, Vera Bradley, BAE Systems, PNC, Lake City Bank, Fort Wayne's NBC, glo Magazine, Emley Design Group and Shaffer Multimedia.

Corporate Tables / Sponsorships are still available. Individual tickets are \$75 and Tables of 10 Friends is \$750. For more information, contact Dwight-Smith at 260.266.6216 (office); 260.249.0154 (cell) or marita.dwight@parkview.com. 🏠



Donna Packnett, Keynote Speaker of the 2019 Lunch with Friends.



Third-party Ride for a Cause group shot



Table captains Donna Emley, Irene Walters, Cathy Fitzgerald and Mary Ann Ziembo



Julie Wilkins (2019 Sponsor Representative, Radiation Oncology Associates), Marita Dwight-Smith, director, Francine's Friends and Marcia Kirby, 2019 Table Captain, at the 2019 pre-event Kick-off.



Behind the scenes at this year's luncheon video shoot with Fort Wayne's NBC evening anchor and Oct 11 MC Linda Jackson.



Johnny Tin Cap with Dawn Fox, one of Francine's Friends Mobile Mammography Coach's drivers, when Parkview Field hosted the Coach.



Third-party fundraiser: Dr. Matthew Shambaugh and his team from Summit Plastic Surgery, presents check to Marita Dwight-Smith, director of Francine's Friends Mobile Mammography, for donations raised at its annual fundraiser last October (2018).

October Books

By Steve Penhollow

October is a month of pumpkins and costumes and polychromatic foliage.

It's also a time to stoke your kids' love of learning and otherwise make sure your household and your aspirations are humming along at maximum efficiency.

The following two books won't help you find costumes or carve pumpkins, but they'll help with everything else.



Everything Is Figureoutable

By Marie Forleo

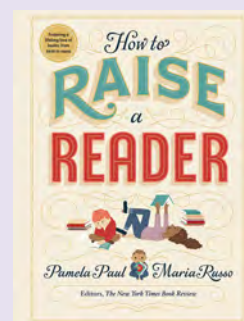
Portfolio \$25

ISBN-10: 0525534997

ISBN-13: 978-0525534990

In this new book from Marie Forleo, life coach and motivational speaker, the author shows readers how to get past their fears and insecurities and realize their dreams. Forleo has an invented word that is meant to help unlock our constraints: figureoutable.

"When people tell themselves, 'Oh I can't have a mortgage, or I can't have this'-- well, wait," Forleo told the Creative Live blog. "All of this is honestly figureoutable. It really, truly is. You just have to be willing to use your creativity and to think outside the box." The book is full of tips on how to figure out what may seem unfigureoutable. Forleo says to start by disengaging from the internet and devices that access it. Contemplation, exercise and other activities that aren't dependent on computers stimulate the brain more than perusing memes, Forleo believes. This book is filled with practical advice rather than breezy generalizations.



How to Raise a Reader

By Pamela Paul & Maria Russo

Workman Publishing Company \$19.95

ISBN-10: 1523505303

ISBN-13: 978-1523505302

In one sense, it's not too hard to get kids to read, as long as what they're reading is part of a meme or a YouTube comments section. But many parents these days want kids to fall in love with reading the way they

did: fall in love with stories and novels. It's a challenge but authors Pamela Paul and Maria Russo, editors of The New York Times Book Review, are up to that challenge and they want to help readers meet that challenge, as well. They offer suggestions in this book for sparking a durable love of reading in children at every stage of life. 🏠



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Wayne Kitchen & Bath Works

Karen Garner

By Cathy Shouse

Karen Garner, the new showroom manager at Wayne Kitchen & Bath Works, is always on the go, from treating customers like friends to promoting the annual picnic, and that's just how she likes it.

She's a cheerleader for the company, which is a division of Wayne Pipe & Supply, a distributor of plumbing, heating and industrial products. Garner's mission is to shine a light on the large inventory of kitchen and bath fixtures and faucets, including brands like Delta, Brizo, American Standard, Maax, Toto and many more.

What is your background in the industry and what vision are you bringing to the showroom?

I have been in the plumbing wholesale business for 22 years. My vision for the showroom is to help create a place where clients come in and feel like they are sitting down with friends. When they are done, they walk away feeling like the fixtures selected are a perfect reflection of who they are and fits the vision that they have for their home.

Since Wayne Pipe & Supply has been in business for more than 120 years, are there ways you are continuing to adapt to the market?

The market is ever changing and in order to keep up with it, we partner with our suppliers on the newest and most up-to-date products. We attend conferences that show us and educate us on the newest trends, and we partner with other wholesalers across the country to make sure we are offering the services and products to satisfy the wants and desires of our clients. We have just recently launched a new website that allows clients to select fixtures online and send the wish list directly to the showroom staff. This website has proven to be very valuable to both our clients and our team of three consultants here in the showroom.



Why should customers visit your showroom and what are some of today's popular choices?

I've found that most people start shopping online for ideas but once they are ready to make final decisions, they want to see the items with their own eyes, or they want to sit down and ask the questions that a website can't answer. The one-on-one encounter is very important especially when you are talking about the largest investment of your life, your home.

Popular trends right now are freestanding tubs, gold tone faucets, matte black faucets and apron front kitchen sinks.

Do you have a philosophy that guides you in how you like to do business?

I want every client's experience to be as though they are sitting down with friends. That's why we ask the questions to find out who they are, how they use their home and what their dreams are for their home. It's not just about selling them products; we want it to be an experience that they look back on and say, "That's exactly what I had in mind." 🏠

Karen Garner

Wayne Kitchen & Bath Works, Fort Wayne, 260.423.9577, shopwkbw.waynepipe.com



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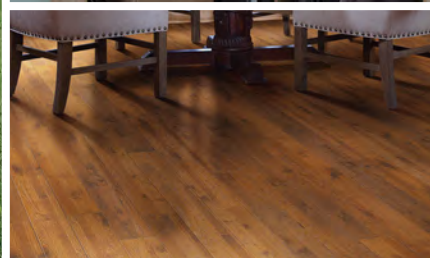
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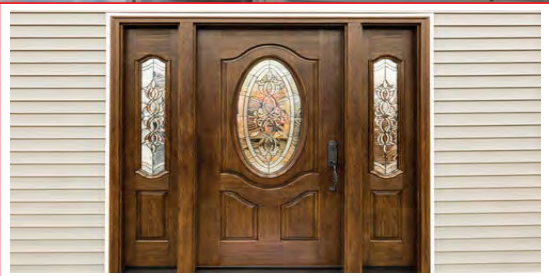
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