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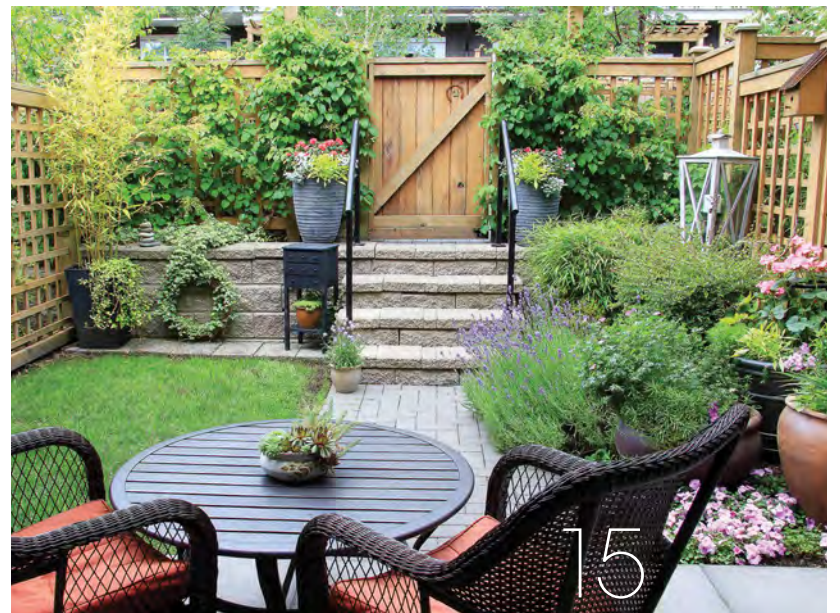
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# welcome! from the editor



Amber Bouthot

This is my favorite month because it is my birthday month—and this year, I turn the big 4-0. When I was 12, I helped my dad throw my mom an Over the Hill themed 40th birthday party, complete with black balloons and gag gifts centering around how old she was. I certainly don't feel as old as I thought my mom was then. Sorry Mom!

Because this is a big year, I am making a bucket list of things I want to do before my next birthday, and I am sharing my home-related ones with you. Writing them down AND publishing them ought to help keep me accountable, so here goes:

- Build something out of wood. This will require me to learn how to make a plan, buy materials, and use the appropriate tools. I watched my dad build many things as I was growing up, but I've never built anything on my own.
- Plant tulips this fall. I have always envied my neighbors who had the foresight to plant tulips in the fall to enjoy in the spring. Of

course it doesn't occur to me to plant some until I see the lovely flowers in the spring, and then it's way too late.

- Create a garden space for herbs and vegetables. I have attempted and failed several times to establish a garden. This year, I want to do it right.
- Paint and repurpose a few of my antiques. I inherited some beautiful furniture from my family, but because I live in a new house with modern décor, it doesn't fit and is currently being stored in the attic. It's time to do something about that.

These items may not seem like much, but I get so consumed with work and parenting that I rarely make an effort to work on projects like these. Here's to another trip around the sun—I plan to make the most of my time.

Right on theme with my birthday to do list, this issue is full of Do It Yourself projects—from window treatments and landscaping to entryway décor and lighting your artwork, we asked local experts to share tips and tricks to help you tackle some DIY projects of your own.

Don't forget, this month, our partner magazine *glo* is hosting its annual *glo* Bash at Country Heritage Winery on August 1 from 3 p.m. to 7 p.m. The event is free and features shopping, food, wine, a fashion show and more.

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Thank you for reading and we look forward to hearing from you soon. We warmly welcome you **HOME**.

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# DIY Window Treat

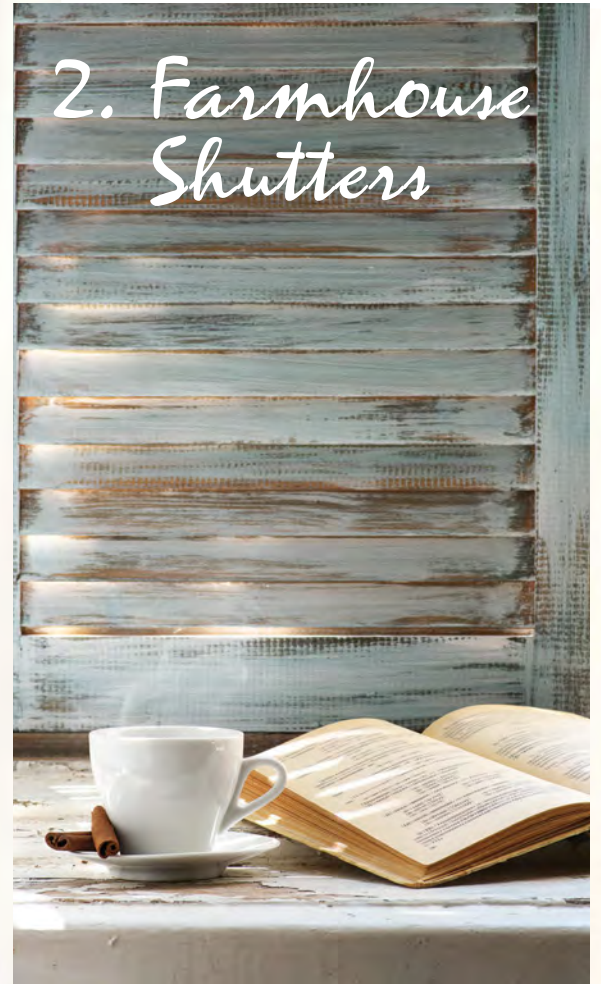
**By Amber Bouthot**

Window treatments can be expensive. Whether you want blinds, curtains, sheer or a combination, the options are endless and the cost can get out of control quickly. There is good news, though. Window treatments can be done inexpensively—and lucky for you, they are a quick way to update your décor in any room and are notoriously simple and forgiving do-it-yourself home projects.

Here are some ideas to help you get started.



## 2. Farmhouse Shutters



This versatile DIY window treatment is perfect for almost any room in your home. Made with two different fabrics, it is easily reversible and uses a tension rod for ease of installation. Pick fabrics that enhance your décor for the perfect look.

Add adorable farmhouse charm to your home with easy DIY shutters. They require only a few steps and a few hours to make. Pair with other farmhouse accents—like fresh flowers, greens and colorful linens to complete the look.

## 1. Roman Shades



## 4. Bu





# atments



## 3. Back Tab Curtains

These curtains offer a modern look, perfect for your dining room, living room or bedroom. If you can use a sewing machine to stitch a straight line, this project will be a breeze. Simple twill tabs attach to the top edge then get folded back and sewn into place. Within a few hours, you can create a custom look.

You can use old coffee or potato sacks and make some rustic, yet chic curtains—and you don't even have to sew them. Wrap the end around a curtain rod and you're done. You can use some pretty ribbon or fabric to create tie ups to complete the look. 🏠



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# Libraries

**By Amber Bouthot**

Whether you have an entire room to devote to your book collection or just a tiny nook, there are many ways to organize and showcase your collection. Here are some of our fave home library fashions.



## 1-Modern mixer -

Mixing modern and traditional design elements is on trend for every room in the house, and the library is no exception. Mix and match styles, colors, patterns and more to give your library a cozy, but stylish feel. (shutterstock.com)



**2-Non-traditional** - There are no hard and fast rules when it comes to displaying your books, so get creative. This funky, yet highly functional, and aesthetically pleasing lattice-like display is a definite focal point for any room in your home. It can showcase your books and your favorite flowers and plants. (shutterstock.com)



**3-Custom Built-Ins** - It can be hard to find pre-made bookcases to fit your space. Custom built ins are a great way to maximize your space and capture your style. Mariah Knight and her husband created this area in their new home that is a true centerpiece—and ultra picture-worthy. (photo provided)



**4-Under the stairs** - This space is typically underutilized, so why not create a cozy space for your favorite reading material. Not only is it super functional, it's stylish too. (shutterstock.com)

## 5-Organize by color -

A rising trend for home libraries is to organize books by color, instead of alphabetically by author or title. While it may be more difficult to find your books, it sure does make a statement. Thank you Jaime Byrd for submitting this photo of her trendy home library. See more of her design inspiration on Instagram at @themakohouse. (photo provided) 🏠







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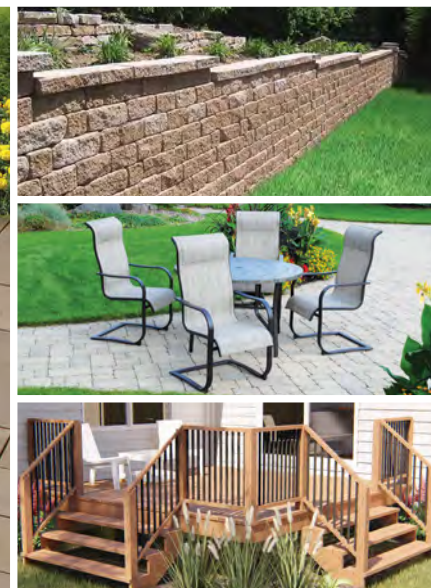
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# Entryways that Wow

*photo provided by Kelley J Interiors*

**By Lauren Caggiano**

*A home should be an experience. If you're not excited or inspired when you walk through the door, that's a sign there's room for some improvement. A statement entryway is one means to that end.*



*photo provided by Essentials & Frosting*

If you're lacking in the inspiration department, don't despair. Local pros show you how to curate an entryway that captivates all who enter.

According to Kelley with Kelley J Interiors, this area sets the tone for the rest of the house.

"The entry should be a welcoming, functional space that reflects your style," she said. "If the space is available, a bench and table are wonderful additions." The same can be said of a painting or print on the opposite wall, to add another focal point.

"You can't go wrong with a place to drop your keys and sit down and take off your shoes. A mirror is always a nice touch so your guests can check themselves," she added.

It's important to handpick each item with a motif in mind. In her words, "I prefer them to be stylish objects that set the tone for your home's look, whether it be modern, farmhouse, etc."

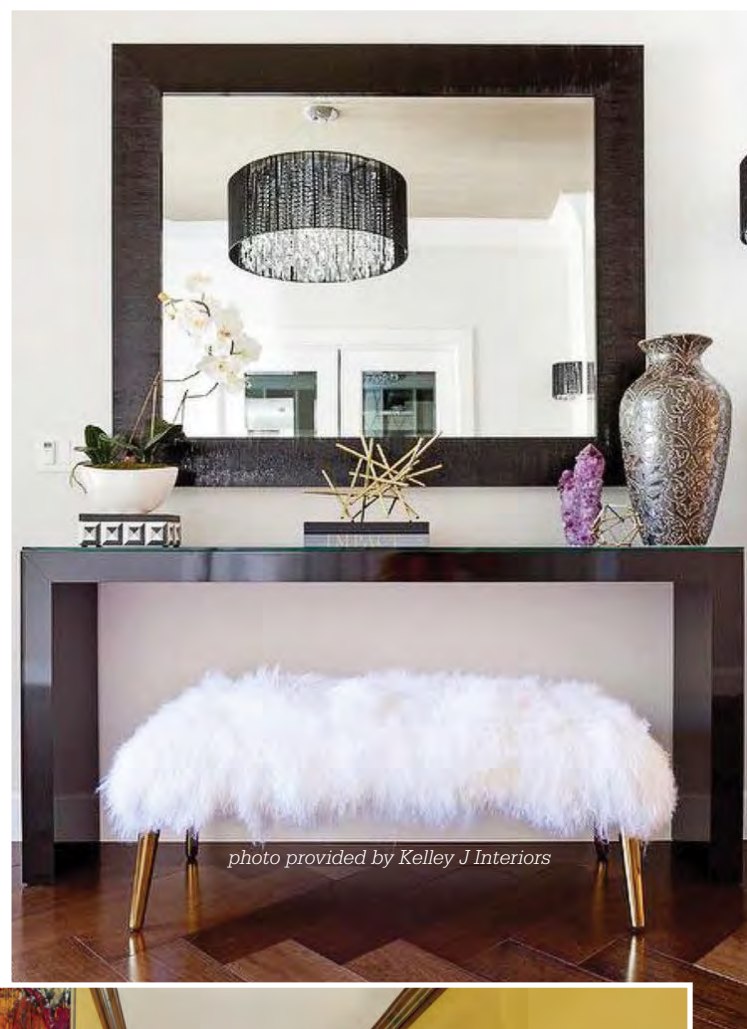
Nancy Nokaya, designer/owner of Essentials and Frosting, said the entryway is a chance to get a lot of bang for your buck, aesthetically. In her opinion, it offers a first glimpse into your personality and the spirit of the family that resides there. "Big or small, it is a space to go bold and show comfort," she said.

As far as specifics, she recommends a few necessities, like a table to drop keys, as well as a storage spot for an umbrella, hats or gloves. "Consider one with a drawer to hide those things away or use festive baskets to do the trick," she said.

Other pieces might include a rug for visual appeal, as well as something cozy underfoot. Like Kelley, Nokaya said mirrors make for great additions to this space, as does art.

"For art, let a piece speak to you," she said. "It creates positive energy from the moment you open the door."

Art can make the walls really pop, as long as the paint color is complementary. For this reason, Nokaya offers a rule of thumb: if you go with a neutral palette, try playing on texture with trim details.



*photo provided by Kelley J Interiors*



*Shutterstock.com*

According to Karl Raupfer with Jim Brubaker Designs, you don't have to be subtle.

"Lately I've seen more and more wallpaper used in foyers in bolder patterns and colors because it is typically a smaller space and you can be a little more creative," he said.

Or take it a step further with other dimensions.

"Another option is a flourish of color and shape," Nokaya said. "Let the design stand alone yet give balance and flow to what is to come."

Speaking of balance and flow, don't forget other important details. Lighting is one important consideration, because what you choose here sets the stage for the rest of the home. One word of caution: The mistake most make is going too small. Let the lighting scale to make a statement. 🏠

## Resources:

**Essentials & Frosting**, Auburn, 260.451.2929, [essentialsandfrosting.com](http://essentialsandfrosting.com)

**Jim Brubaker Designs**, Fort Wayne, 260.436.3639, [jimbrubakerdesigns.com](http://jimbrubakerdesigns.com)

**Kelley J Interiors**, Fort Wayne, 260.704.2206, [kelleyjinteriors.com](http://kelleyjinteriors.com)



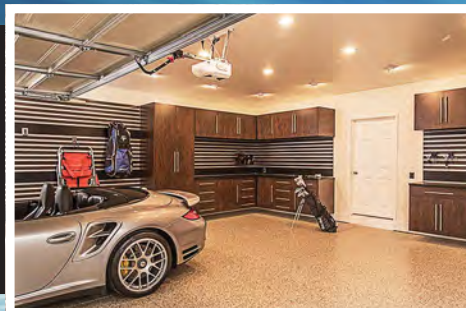
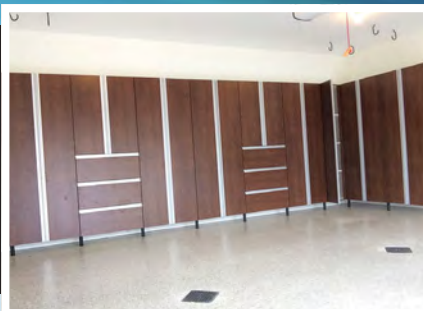


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# Light Your Artwork

By Jaclyn Youhana Garver

*A simple way to personalize your living space is by adorning the walls with your favorite art. But showcasing artwork is more than framing and hanging—you want to be sure the piece is lit correctly to highlight and illuminate it.*



Danielle Martens is a lighting consultant at Kendall Lighting Center in Fort Wayne, and she gave the following tips to make sure your art is lit beautifully.

## First thing's first

Before you make any lighting decisions, you need to consider a few factors:

- The artwork's length and width
- The existing light in the room
- Your ceiling height
- How often you plan to change the art
- If electrical outlets are available

## There are four standard ways to illuminate art

1. Track lighting is an easy solution for someone who either changes out art often or is looking for overall room illumination, too. With track lighting, Martens said, you can add and remove fixtures easily and



move them along the track. The most flexible fixture is a track head with an adjustable beam spread, which is good for any size artwork.

2. A mono-point direction spotlight—simply, a single spotlight—is an easy way to emphasize a piece of art by replacing an existing ceiling-mounted fixture.

3. By comparison, a recessed direction spot—a light that sits up in the ceiling, nearly flush with it—is good if you want to illuminate a piece without a clearly visible fixture.

4. When people typically light a piece of art, what they imagine is a wall-mounted picture light. This fixture becomes part of the art, so Martens suggests matching the fixture to the artwork's frame. The light should be half to three-quarters the size of the piece, and you can choose from a hardwired or plug-in light.



## Consider your light source

Martens suggests opting for an LED light source to illuminate

artwork because LEDs are better than traditional lighting sources at preserving artwork. You will also want to select an LED lamp or fixture that has a color rendering index, or CRI, of 90 or higher. The higher the CRI, the truer the piece's colors will appear.

Martens also recommends installing a dimmable fixture or light source. The light in most homes varies throughout the day, and a picture light should be twice as bright as the ambient lighting.

Traditionally, artwork is lit from above. However, if you're interested in a more dramatic option, Martens suggests lighting from below or all four sides. 🏠

Shutterstock.com

## Resource:

Kendall Lighting Center, Fort Wayne, 260.483.8820, [kendalllightingcenter.com](http://kendalllightingcenter.com)



# Dealing With Household Pests

by Rod King

*Ants, bees, fleas, roaches, wasps, bed bugs, spiders, termites, mice and more are just a few of the pests that invade homes.*

"If there's the tiniest opening, they'll find it," said John Long, president and owner of Bug Free Pest Control. And once they're in your house, getting rid of them is not easy.

"The rain-soaked soil this spring forced the ants to come out of the ground in search of a dry place, and most of them headed right to your foundation," he added. "Ants will find a crack in the cement and end up nesting under your carpet. Just like us, they need food and water. They'll set up house under your water heater, and they like to hang around food sources, namely the kitchen. They'll go for pet food, too. They're actually pretty slick."

"First step in getting rid of them is to visually locate where they're active. You might even locate where they're coming in," said Long, "but by then it's too late."

There are a number of good products available that will kill them, but it's important to carefully read the label and use exactly as directed.

"Bed bugs, which are an ancient insect, are almost at epidemic stage," said Long. "They're perfect hitch hikers. They frequent places where people gather. They were found in movie theaters years and years ago. They get on your clothing and you end up taking them home. A bite from a bed bug will cause an itchy welt that will take a couple weeks to go away."

Long said bed bugs are visible and look similar to an apple seed. "They're flat and reddish brown, and when they're feeding they become cigar shaped," he said.

When looking for them, check the head of the bed because that's where the most heat is and they thrive on your exhaled CO2. The eggs are about the size of a grain of salt and very sticky.

"The easiest way to get bed bugs is to bring home used furniture or a used mattress," he said.

Getting rid of bed bugs is not a do-it-yourself kind of job. "I recommend hiring an expert, because they'll have the necessary equipment to attack them with heat remediation, steam or special liquids," he explained.

"Piling wood against your house is an open invitation to termites. They only need a 64th of an inch crack (about the width of a business card to get in). And when they do, termites can actually cause more damage to a structure than a tornado or an earthquake. Getting rid of termites is definitely a job for the experts," said Long. 🏠



## Resource:

**Bug Free Pest Control**, Fort Wayne, 260.399.6189, [bedbugsfortwayne.com](http://bedbugsfortwayne.com)



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# August's Garden To Do's and Prepping for Fall

By Cathy Shouse

Whether you're interested in eating tomatoes from your own vines, having your own flower bed for cutting or simply tending herbs, gardening can take many forms. So what to do at any time given moment can be hard to predict. Experts say the month of August is especially fluid because the decisions you make will depend on several factors. This year's weather has been unusual, so the time you were able to plant may dictate what state your garden is currently in. You may still have vegetables growing that are taking up your time and growing space.

That said, Luetta Burlage, co-owner of Main's Flower Garden, offered several tips and strategies for this month. She stressed the importance of working with what you have and creating an individual approach designed for your situation.

**1)** When possible, hang on to what you can. For example, marigolds and begonias can last late into the season. There's no need to clear them out and plant new.

**2)** Everything doesn't need to be planted into the ground, so to keep it simple and create an appealing look, consider setting potted plants strategically among the in-ground plants, around the porch or patio. A cannister of mums can work wonders.

**3)** Tend your soil. This year's extra-rainy season has likely been especially tough and leached nutrients out of the soil at an extreme rate. "August is a good time to put in peat moss, humus or processed cow manure," Burlage said. They can help improve the soil density and maintain moisture and nutrients. Humus is any dark organic matter that forms in soil when dead plant and animal matter decays.

**4)** Aim for ideas that do double duty. "Maple leaves are wonderful to throw in your beds. They look pretty and also help the soil," Burlage said.

**5)** Do your research. Most gardening places are happy to share their knowledge, and you can also learn a lot online. Burlage recommends "The Garden Flower Book" published by Bay Books. "It has everything," she said.

Raquel Geller, from Arbor Farms Nursery, cautioned about potential August heat waves. "New plants that have just been put into the ground need to be maintained," she said. "Monitor the moisture. Things can get drastically altered in even just one day when the temperature is in the 90s. Leaves can get wilted and brown."

So plain, old-fashioned watering is the secret to bringing any garden dreams you may have to life! 🏠

## Resources:

**Arbor Farms Nursery**, Fort Wayne, 260.637.5816, [arborfarmsnursery.com](http://arborfarmsnursery.com)

**Main's Flower Garden**, Fort Wayne, 260.749.5307

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# Go pro or grow on your own

By Julie Young

*Are you planning to make big changes to your property's overall curb appeal? If so, then chances are you have wondered if you should hire a landscaping professional to get the job done or if you should tackle it yourself. While one option may cost significantly more than the other, there are distinct advantages to hiring a firm to get you started.*

Jim Brubaker of Jim Brubaker Designs said he loves to work with clients who are ready to play in the dirt, provided they have a solid plan in place. He said although most people know what kinds of plants they like, they may not know much about those species, how big they might get or how to care for them properly, and a professional can help create a plan that works for their property and lifestyle.

"You can always hire out the design and then do it yourself if you like, but at least then you have a plan to work from," he said. "I always draw out my plans at maturity so that homeowners will see what it will ultimately look like. Above all, it's mine when it is on paper. When I leave, then it's up to you."

When creating a design for a client, Brubaker strives to craft a low-to-no-maintenance front yard and incorporates plenty of color throughout the property so that it can be enjoyed all year long. He said a professional knows which plants might flower or grow berries, as well as which trees will provide shade or burst into color during the Fall. He is always eager to work with those who want to do some of the work themselves because he knows that his design is in good hands for years to come.

"I like encouraging them and helping them know that they are making solid choices," he said. "The more you educate, the more successful they will be when they take over."

Of course there are some jobs that are best left to the pros. Concrete and aggregate work, for example can be difficult for some homeowners, as is cutting new beds and preparing the soil. If you are looking to prune or limb your trees properly it may be wise to hire it out so that you will not be disappointed with the results. Brubaker says professionals come with a wealth of know how, and by taking some of the larger components in hand, it frees homeowners up to do the jobs they are more likely to enjoy.

"We can do as much or as little as you like. We can help guide and we can help grow. It all depends on what the homeowner feels comfortable doing," he said. 🏡

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Jim Brubaker Designs, Fort Wayne, 260.436.3639, [jimbrubakerdesigns.com](http://jimbrubakerdesigns.com)





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# Painted Sideboard

By Amber Bouthot

Every month, we highlight projects our readers have completed. We want to see your projects and share them within the pages of our magazine. It can be something as simple as a craft project or as large as a home addition. If you did it yourself, it can be featured. Email Amber at [ambouthot@the-papers.com](mailto:ambouthot@the-papers.com).



This month's Reader DIY comes from Shelby Schuh. She painted an antique sideboard to add some major wow factor to her dining room/home office.

## Was it easier or harder than you anticipated?

It was definitely easier than I anticipated. I had never painted furniture before, so the process felt slightly intimidating, but I did some online research and I jumped in. A little sanding, priming and a few coats of paint later, and I was done.

## What was the total cost of the project?

The furniture was a gift from my grandparents, so my only cost was for paint, supplies and new hardware, which came to a total of \$87. (Of course, then I had to buy the decorative pieces for the top of the sideboard and the mirror which cost an additional \$75 total.)

## What did you like best about the undertaking?

I really enjoyed deciding what color of paint to use. I knew I wanted something eye-catching that would make a statement, and I considered lime green and royal purple before settling on coral. I love the way it stands out against the darker blue walls.

## What was the most challenging aspect?

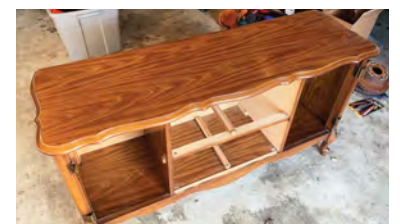
Sanding! In order to achieve the professional look of the piece, I sanded it before and after I primed it. Additionally, I had to sand it in between each of the three coats of paint that I applied. My arms were definitely feeling the burn after so much sanding and painting.

## Where did you source the materials?

The furniture was a generous donation from my grandparents, paint and supplies were purchased at Lowes, and decorative finishing items were purchased from Big Lots (because I love a great deal and I hate spending tons of money to get cute décor). 🏠

## What was your inspiration for the project?

I'm in marketing and design, so most often my inspiration comes in the form of a vision that suddenly pops into my head. In this case, I recently started my own company and I work from home. My desk looks right at a wall in my dining room. Every day, I found myself staring at this blank wall and envisioning how fantastic it would look with the right sideboard, but I couldn't find one that hit all three of my requirements: high-quality, affordable and lots of "WOW." When my grandmother asked if I wanted her old china cabinet, I thought it was too traditional; I almost turned her down, until I noticed that the top and bottom pieces were separate. All of the sudden, I had a vision for turning her heavy traditional piece into the sassy painted sideboard for which I'd been searching.



photos provided

## How long did it take from start to finish?

A little over 24 hours. I picked up the cabinet on a Saturday afternoon and had everything completed by Sunday evening.





By Ray Balogh

## Embassy Theatre

"Summer Nights" series, 5 p.m. Wednesdays, \$5 general admission, flex pass available

- Aug. 7, Chris Worth
- Aug. 14, Q and the Cold Fusion
- Aug. 21, Lydia Brittan
- Aug. 28, Fatima Washington

Other shows:

- Aug. 4, Chris Redd, 7:30 p.m. Sunday, \$35/\$19
- Aug. 6, Glenn Miller Orchestra, 7:30 p.m. Tuesday, \$43
- Aug. 10, Brian Wilson, 7:30 p.m. Saturday, \$146/\$96/\$76/\$56

Fort Wayne Embassy Theatre, 125 W. Jefferson Blvd., Fort Wayne. 800.745.3000  
[fwembassytheatre.org](http://fwembassytheatre.org).

## Memorial Coliseum

- Aug. 5, Willie Nelson & Family and Alison Krauss Together Live, 7 p.m. Monday, \$250/\$125/\$95/\$79.50/\$59.50/\$30
  - Aug. 24, Brad Miller Gala & Auction, 5:30 p.m. Saturday, free admission
- Parking \$6 main lot, \$10 preferred lot. Allen County War Memorial Coliseum, 4000 Parnell Ave., Fort Wayne. 260.482.9502  
[memorialcoliseum.com](http://memorialcoliseum.com).

## Honeywell Center

- Aug. 1, "Jazz on the Lawn" with Cool City Band, 5 p.m. Thursday lawn opens, 7 p.m. concert begins, \$10/adult advance; \$15 adult day of show; \$5 youth through high school; free 2 and under
- Aug. 5, Free Movie Mondays: "Sherlock Gnomes," 1 p.m. and 7 p.m., free admission
- Aug. 9, "Remembering Hee Haw" with original cast members, 7:30 p.m. Friday, \$100/\$75/\$35
- Aug. 10, The Singing Contractors, 7:30 p.m. Saturday, \$50/\$24/\$15
- Aug. 17, "1964 The Tribute," 7:30 p.m. Saturday, \$45/\$25/\$19
- Aug. 22, David Crosby and Friends, 7:30 p.m. Thursday, \$150/\$55/\$45
- Aug. 23, Terry Fator, 7:30 p.m. Friday, \$100/\$59/\$45

Ford Theater, Honeywell Center, 275 W. Market St., Wabash. 260.563.1102  
[honeywellcenter.org](http://honeywellcenter.org).

## Niswonger Performing Arts Center

Fountain Park Summer Concert Series, 5:30 p.m. Friday food vendors open, 7 p.m. concert begins, free admission, bring your own lawn chair

- Aug. 2, The Everly Set
- Aug. 9, John Denver Tribute featuring Ted Vigil

Niswonger Performing Arts Center, 10700 SR 118, Van Wert. 419.238.6722  
[npacvw.org](http://npacvw.org).

## 1 FORT WAYNE: Bump-N-Brew at Hop River

A family friendly evening of stewardship and volunteering. Attendees will bump up milkweed seedlings to larger pots to be planted at Eagle Marsh, or take a milkweed seedling home to start a pollinator garden. Free admission. 6 p.m.-8 p.m. Thursday, Hop River Brewing Company, 1515 N. Harrison St. 260.478.2515  
[info@lrwp.org](mailto:info@lrwp.org), [lrwp.org](http://lrwp.org).

## 2 AUBURN: First Friday

Late night shopping, live entertainment, local culinary delights, locally crafted beverages, more. Free admission. 5 p.m.-8 p.m. Friday, downtown. 260.333.0883.

## 2 WABASH: First Friday

Live entertainment, food, kid's activities, shopping, evening specials and more. Free admission. 5 p.m.-8 p.m. Friday, downtown. 260.563.0975, [wabashmarketplace.org](http://wabashmarketplace.org).

## 3 ANGOLA: Art Festival

Artists, antiques, street performers, music, kids' activities. Free admission. 10 a.m.-4 p.m. Saturday, public square, downtown. 260.665.5386  
[downtown-angola-in.org](http://downtown-angola-in.org).

## 3 SHIPSHEWANA: Antique Festival

More than 50 antique and vintage vendors, steam engine and tractor show, demonstrators, antique telephone collector's annual show, music, food. Free admission. 8 a.m.-4 p.m. Saturday, Trading Place Pavilion, Farmstead Inn and Conference Center. 260.768.4129  
[shipshewanatradingplace.com](http://shipshewanatradingplace.com).

## 3 DECATUR: Flea Market

Nearly 100 indoor vendors, hot food available. Sponsored by the Adams County Coin Club. 8 a.m.-3 p.m. Saturday, Riverside Center, 231 E. Monroe St. (Highway 224 East). Contact Carla at 260.517.8182  
[facebook.com/decaturingianafleamarket](https://facebook.com/decaturingianafleamarket).

## 3 FORT WAYNE: Miami Indian Heritage Days

Miami ribbonwork with Diane Hunter. Free admission. 1 p.m.-4 p.m. Saturday, Chief Richardville House, 570 Bluffton Road. 260.426.2882  
[fwhistorycenter.com](http://fwhistorycenter.com).

## 3, 10, 17, 24, 31 FORT WAYNE: South Side Farmers Market

100 stands featuring produce, hand-crafted items, antiques, fresh baked goods, eggs, local honey, hormone-free pork and chicken. Master gardeners on hand to answer questions. Free admission. 7 a.m.-1 p.m. Saturday, 3300 Warsaw St. 260.456.8255 or 260.456.1228  
[southsidefarmersmarket.com](http://southsidefarmersmarket.com).

## 8 FORT WAYNE: Summer Open House

Live injectable demonstrations of Botox, Dysport, Xeomin lip and facial fillers; meet Dr. Ryan Diepenbrock, double board certified facial cosmetic surgeon specializing in surgical and non-surgical facial rejuvenation. Free admission. 6 p.m.-8:30 p.m. Thursday, Obagi Medical Skin Care, 7845 Carnegie Road. RSVP to 260.423.2340.

## 8-10 LAGRANGE: Northeastern Steam and Gas Show

Steam and gas engines, antique tractors and farm machinery, sawmills, arts and crafts, flea market, wheat threshing, tractor pull, parade. \$5/adult, free for children 12 and under with adult. Thursday through Saturday, LaGrange County 4-H Fairgrounds. 888.277.3184  
[visitshipshewana.org](http://visitshipshewana.org).

## 14 FORT WAYNE: "Short Hikes for Short Legs: Bird's Eye View"

Learn about the 230 species of birds that either live or migrate through the marsh. Boots recommended. Free admission, open to children 3-5 accompanied by responsible adult. 9 a.m.-10 a.m. Wednesday, Eagle Marsh barn, 6801 Engle Road. 260.478.2515  
[info@lrwp.org](mailto:info@lrwp.org), [lrwp.org](http://lrwp.org).

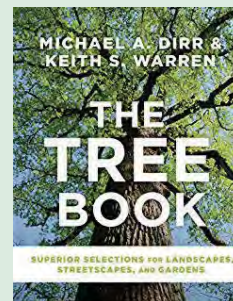


# August Books

By Steve Penhollow

*August is when gardens and the garden party season wind down and the school year winds back up. It's a time to think about what you might want to do with your outdoor spaces next year. You may also need to cope with some burgeoning autumn-related anxiety.*

*Here are a couple of books with much edification and entertainment.*



## The Tree Book: Superior Selections for Landscapes, Streetscapes, and Gardens

By Michael A. Dirr and Keith S. Warren  
Timber Press \$79.95

ISBN-10: 1604697148

ISBN-13: 978-1604697148

Most of us love trees but most of us don't know much about them. Chain stores often sell plants that aren't right for our climate. We're liable to buy and plant a tree in our backyards that isn't likely to thrive.

Michael A. Dirr and Keith S. Warren, oft-described as two of the biggest names in horticulture, have released a book that can spare us a lot of headaches and heartaches.

They advise readers to "choose wisely, plant carefully, and plant often" and give them more than 2,400 options. The information is voluminous but the gentlemen are good writers and the huge tome makes for lively reading. There are also 3,000 gorgeous photos in the book to help you visualize whatever space you are trying to make greener.



## The Big Activity Book for Anxious People Paperback

By Jordan Reid and Erin Williams

TarcherPerigee \$16

ISBN-10: 0525538062

ISBN-13: 978-0525538066

Reid and Williams are the authors of "The Big, Fat Activity Book for Pregnant People," a truly distinctive volume for expectant mothers that gives them hilarious things to do while they wait for their babies to come to fruition.

This new book is along similar lines. It borrows the model of a kids' puzzle book but the activities inside are funnier, more adult and deeper than what might be found in the children's version. Not everyone can or wants to get pregnant, but most people suffer anxiety. And the activities for anxious people in this book serve several purposes. They're silly but they're also sympathetic. And they really help. 🏡

## 15-18 NEW HAVEN: Maumee Valley Antique Steam and Gas Association Show

42nd annual show features antique tractors, steam and gas engines, plowing, threshing, tractor pulls, flea market, food, entertainment. \$7 daily admission, free 12 and under. Thursday through Sunday, show grounds, 1720 Webster Road.

[maumeevalley.org](http://maumeevalley.org).

## 15-18 DECATUR: Kekionga Festival

Community festival featuring Decatur's heritage. Historic reenactments, crafts, entertainment, magician, food. Free admission, Thursday through Sunday, various locations downtown. 260.724.2604 [decaturchamber.org](http://decaturchamber.org).

## 17 WABASH: Garden Fest

Herbs, plants, garden items, art, crafts, charity auction, make-n-takes for kids. Free admission. Saturday, Paradise Spring Historical Park, 351 W. Market St. 260.568.1299, [visitwabashcounty.com](http://visitwabashcounty.com).

## 23 FORT WAYNE: Lunch and a Movie

International Friendship Day, hot fun days of summer. Free admission. 1:30 p.m. Friday, Life Care Center, 1649 Spy Run Ave. RSVP to Diana Mohr at 260.449.6806, [lifecarecenteroffortwaynein.com](http://lifecarecenteroffortwaynein.com).

## 24-25 FORT WAYNE: Healing Body, Mind & Spirit Expo

Free lectures, door prizes, holistic healers, mediums, crystal healers, body and light workers, numerologists, astrologists, palmistry, essential oils, pet communicators, more. \$10 daily pass, \$17 weekend pass, 12 and under free. 10 a.m.-7 p.m. Saturday, 10 a.m.-5 p.m. Sunday, Grand Wayne Convention Center, 120 W. Jefferson Blvd. [healingbodyandspirit.com](http://healingbodyandspirit.com).

## 24-Sept. 1 AUBURN: Auburn Cord Duesenberg Festival

Car cruise-ins, fast and fabulous car show, parade of classics, concerts, fireworks, food, kids' area, collector car auctions. Free admission. Monday through Sunday, downtown and communitywide. 260.925.3600, [acdfestival.org](http://acdfestival.org).

## 25 FORT WAYNE: "Get to Know the 'O'"

Informational lunch discussing how to become an Indiana state certified volunteer ombudsman advocating for people in long-term care facilities. Free admission. 11 a.m. Sunday, Don Hall's Restaurant, Triangle Park, 3010 Trier Road. RSVP by July 19 to Aisha at 260.469.3161, [doingthegood-ombusdman.org](http://doingthegood-ombusdman.org).

## 27-Aug. 11 FORT WAYNE: "Chitty Chitty Bang Bang"

High-flying musical with a magical car, rated G for the entire family, presented by the Fort Wayne Civic Theatre. Tickets start at \$20. 7:30 p.m. Fridays and Saturdays, 2 p.m. Sundays, Arts United Center, 303 E. Main St., Fort Wayne. 260.424.5220, [fwcivic.org](http://fwcivic.org).

## 30-Sept. 2 LIGONIER: Marshmallow Festival

Rides, entertainment, games, contests, food, merchandise. Free admission. Friday through Monday, downtown square. 260.302.2052, [marshmallowfestival.com](http://marshmallowfestival.com).

Shutterstock.com





**By Barb Sieminski**

*Willkommen!*

*Step back in time with a visit to Adams County where life is delightfully nostalgic. The area is home to a large Amish population that is rooted in Swiss and German cultures.*



The 26-acre Swiss Heritage Village in Berne boasts the largest outdoor museum in northern Indiana and features guided tours (except Sundays & holidays) of 11 historic structures that date back to 1839.

[swissheritage.org/home.html](http://swissheritage.org/home.html)

## *Swiss Heritage Village & Museum*

**Swiss Heritage Festival**

September 7 10 A.M. - 4 P.M.



If you love beaches, Berne's charismatic Pine Lake Waterpark offers swimming and water slides, paddle boats, floating and fishing. Fees for the vacation spot range from \$6 for ages 4 to 9 and \$8 for 10 and up. The park is open from 10 a.m. to 8 p.m. Monday through Saturday and from noon to 8 p.m. on Sunday. (pictured top and above)

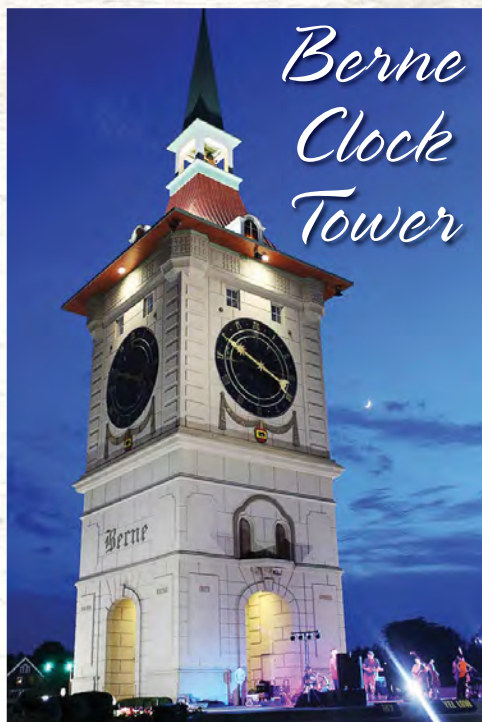
**[pinelakewaterpark.com](http://pinelakewaterpark.com)**





You'll marvel at Berne's glorious Clock Tower in the Muensterberg Plaza, modeled after the famed 15th-century clock in Switzerland. Weddings are held here and the Splash Pad is open till Labor Day from noon to 9 pm.

[berneclocktower.org](http://berneclocktower.org)



*Berne  
Clock  
Tower*



*Gene Stratton-Porter  
Cabin*

*Gene Stratton Porter Cabin Image by Chris Light (wikimedia commons)*

Do you remember Gene Stratton-Porter from your school days? She was the most famous Indiana female writer who penned best-selling novels and nature studies, which were later made into movies. Get close to your idol by visiting the Limberlost State Historic Site in Geneva and touring her Limberlost Cabin home. Hike through Stratton-Porter's Loblolly Marsh and note how many different birds and other wildlife inhabit the area. This colorful swamp was the inspiration for her stories.

[indianamuseum.org/limberlost-state-historic-site](http://indianamuseum.org/limberlost-state-historic-site)

Hopefully, your brief armchair tour of Adams County will translate into a real trip there, as we bid you auf wiedersehen unt komm wieder. 🏠



*The Sculptures*



Decatur's crown jewel is The Sculpture Tour, and 2019 marks its 8th year, welcoming 27 new sculptures to its downtown. The sculptures will be on display through mid-April 2020. There are over 20 permanent sculptures on display, as well.

[decatursculpturetour.com](http://decatursculpturetour.com)



*Back 40 Junction*

Decatur is also home to the Back 40 Junction Restaurant. Here, the walls are adorned with nostalgic items, surrounding the customer with the ambience of yesterday. On Friday nights, colossal snow crab legs and prime rib are added to the grand buffet. Lunch is served everyday 11 a.m. to 3:30 p.m.; dinner 4 to 9 p.m.

[facebook.com/Back40Junction](https://facebook.com/Back40Junction)

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By Stacie Ball

*You have probably heard of superheroes and super Saturdays, but have you heard of Super Shot? While superheroes like Batman and Superman save lives in comic books and on the big screen, Super Shot saves lives right here in our community.*

In 1992, the immunization rate in Fort Wayne was critically low. Dr. Jane Irmscher, health commissioner of the Allen County Health Department at the time, and Sister Mary Conrad Kirchhoff, a Poor Handmaid of Jesus Christ, noticed this growing trend and saw the need for more cost-effective health care for local children. They coordinated local foundations, businesses and individuals to make low-cost vaccinations a reality for our community.

In 1993, Super Shot was founded and has made a growing impact on the Fort Wayne community for the past 25 years. There are now four clinics with 17 employees, and by their 25th anniversary in 2018, they had provided 27,700 immunizations to over 10,500 patient visits.



Connie Heflin

"Vaccines are one of the greatest medical advancements and are the best way to prevent infectious disease," explained Executive Director Connie Heflin.

She urges parents to seek the truth about immunizations from science-based sources like the Center for Disease Control and Prevention (CDC) and American Academy of Pediatrics. Despite the vast amount of misinformation about vaccinations found on the internet and social media, she is proud to say that her nurses are "patient, compassionate, and always have the child's best interest and health in mind when providing care."

Heflin said that when members of a community become vaccinated, we can protect those with weakened immune systems and the very young from contracting deadly diseases. Heflin believes, "Getting vaccinated is truly an altruistic decision and it takes all of us to keep our community healthy."

Not only do the trained nurses at Super Shot have decades of experience providing information and administering immunizations, they are now able to provide services in multiple languages.

Heflin stated, "We see families daily that need help understanding the immunizations they need, if their children are up to date, and

assistance getting a copy of their child's shot record."

Imagine needing this information but not knowing a word of English. This is exactly what happened to a local Burmese family who just moved to Fort Wayne. They spent many hours at various other agencies trying to get health documentation for their child to attend school, but were unable to communicate what was actually needed. A Super Shot staff member who spoke Burmese was able to communicate with the family, make the necessary calls, and obtain the information and documents needed for the child to enter school. Super Shot also has Spanish-speaking staff available to meet the needs of our diverse community.

Super Shot is a walk-in organization serving children and adults on Medicaid and the uninsured or underinsured. They ask for a \$10 administration fee per vaccination to help support the program, but no one is turned away because of the inability to pay. Visit [supershot.org](http://supershot.org) for clinic times and locations. 🏠

photos provided

## Nonprofit

**Super Shot**, Fort Wayne, 260.424.SHOT, [supershot.org](http://supershot.org)



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# THE OLIVE TWIST



By Jaclyn Youhana Garver

photos provided

*Lori Berndt faced a flight of olive oils. Each one was either very good, rancid or defective. If it was defective, she and her classmates had to identify what made it defective. Had the olives sat too long in water? Was the oil made from poor quality olives?*

"There's 12 different things that can happen in processing to make it taste off," explained Berndt, who owns The Olive Twist. "After you get done tasting a whole day's worth of the good, the bad and the ugly, you get pretty picky."

The Olive Twist, with locations in Fort Wayne and Auburn, specializes in olive oils and vinegars. What sets The Olive Twist apart are the fustis (say FOOS-tees), which are large, metal olive oil and vinegar dispensers, and shoppers are encouraged to have a taste.

## Getting started

Berndt started The Olive Twist nearly a decade ago. Losing a sister to cancer made her reevaluate certain aspects of her life, including her career.

"I couldn't say that I was unhappy, but I wasn't jumping out of bed to go to work," she said.

On a June 2010 trip to Cape Cod, she stepped into a store where customers could taste olive oils before they purchased. Berndt

loved being able to sample the product before buying.

"That's not something you can do in a regular grocery store," she said. "We were like little kids in a candy store."

Berndt has a background in food—she worked for a grocery store's regional office—and she loves to cook. The idea of bringing such a fresh and flavorful product to northeast Indiana appealed to her.

However, she kept hearing, "Fort Wayne is a hard market to break into," but when The Olive Twist opened four months later, the city greeted her with open arms.

"It was instant," she said.

## The products

All Olive Twist olive oils are extra virgin, which means the oil is in its most natural state. Olives are processed two to four hours from being picked, and they're run through clear, chemical-less water before being crushed over a cold press, which is not heated over 70 degrees.

Berndt has taken sensory courses through the Italian government, and she looks for three qualities when tasting olive oils: fruitiness, pungency and

bitterness. If an employee gave her a taste of any in the store, she can tell you what variety it is.

Berndt uses the garlic oil the most, though her customers often suggest unusual pairings she'd never consider.

"I had a customer who wanted to try white truffle oil with dark chocolate, and I thought, 'Oh, wow, how strange. I don't think I'm going to like this,' And it tasted like caramels," she said. "I was absolutely shocked. It was absolutely delicious." 🏠

Lori Berndt

## Lori Berndt

The Olive Twist, Fort Wayne, 260.436.3866,  
Auburn, 260.333.0866, theolivetwist.com





## Today's\* Rates

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## Building Permits

When you decide to undertake a home improvement project, you probably spend time considering style, color and whether you'll need to hire a contractor or an architect. But don't forget one more important step: Determining whether you will need a building permit from your city or county.

Building permits are written authorizations issued by a city or county to construct a project. They are required for most construction or remodeling projects in order to ensure the safety of the work and its compliance with building, construction and zoning codes.

The projects most likely to require a permit are those that change the structure or use of a building or have the potential to create unsafe working conditions. For example, you will likely need a building permit to add or remove walls, change the use of a room (such as by converting a garage to a living room), change the piping in your house, re-roof your house or demolish a portion of your house.

Projects that don't usually need a permit include: repainting your house, adding kitchen cabinets, replacing certain kitchen appliances, repaving your driveway, installing floor coverings or erecting a small fence.

If you hired a contractor for your project, it is customary for the contractor to arrange for the permit. This is a good idea because typically the person who pulls the permit is responsible for construction following code. If you pull the permit, you will be considered the contractor (at least in the eyes of the city) and liable if there is a construction problem.

More information: <https://www.allencounty.us/building-department>

*\*rates effective as of August 2019 issue publishing deadline date*



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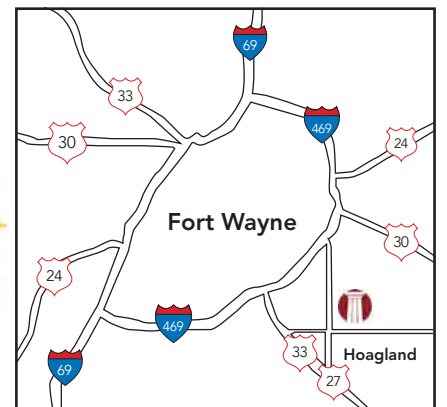
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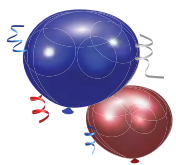
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**22<sup>RD</sup>**  
**ANNIVERSARY**





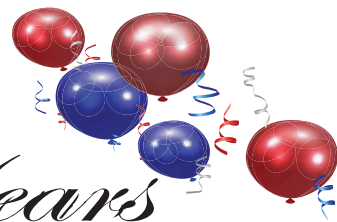
# Windows, Doors & More



*Celebrating*

**36**

*Years*



Bringing You **MORE** Than Ever Before



## 36th Anniversary Sale Extended!



## National Dealer of the Year

### WINDOWS\*

Purchase 5 or More GrabIt® Windows  
Save \$110 per window and also  
**Receive 1 Upgrade...Only \$36**  
• Flat Grids/Mullin\* • Full Screen • Tan Color

\*Flat grids/mullins only between the glass. Previous purchases excluded. See store for details. Not valid with any other offers. Offer expires 8/30/19.

### DOORS\*

Purchase GrabIt® made Entry Door System  
**Receive 1 Upgrade...Only \$36**  
• Two Tone Color • Clad Wrap  
• Georgian/Schlage Lock Set

\*Previous purchases excluded. See store for details. Not valid with any other offers. Offer expires 8/30/19.

### PATIO DOORS\*

Purchase Vinyl Patio Doors  
**Receive 1 Upgrade...Only \$36**  
• Desert Sand Tan • Grids Between the Glass  
• Premium Finished Hardware

\*Previous purchases excluded. See store for details. Not valid with any other offers. Offer expires 8/30/19.

### SIDING\*

Purchase New Vinyl Siding  
**Receive 1 Upgrade...Only \$36**  
• New Gutters & Downspouts  
• 3/8" R Value 1.5 Backer Board  
• Premium Upgrade on Dark Colored Siding

\*Up to \$500 value. Previous purchases excluded. See store for details. Not valid with any other offers. Offer expires 8/30/19.

### ROOFING\*

\$500 off 18 Squares or More Plus  
**Receive 1 Upgrade...Only \$36**  
• New Gutters & Downspouts • Gutter Protection  
• Extended Premium Warranty

\*Minimum 144 sq. ft. Previous purchases excluded. See store for details. Not valid with any other offers. Offer expires 8/30/19.

## What's Your Next Project?

### Add value to your home with a remodeled kitchen



### KITCHENS\*

Purchase New Kitchen Remodel  
**Receive 1 Upgrade...Only \$36**  
• Edge Profile Upgrade on Laminated Countertop  
• Under Mount Karran Sink • Upgraded Delta Faucet • Hardware/Knobs and Pulls

\*Previous purchases excluded. See store for details. Not valid with any other offers. Offer expires 8/30/19.

### BATHS\*

Purchase New Bath Remodel  
**Receive 1 Upgrade...Only \$36**  
• Finish Upgrade on Sink Faucet  
• Upgrade to Clear Glass on Framed Shower Door  
• Grab Bar/Towel Bar Accessories

\*Previous purchases excluded. See store for details. Not valid with any other offers. Offer expires 8/30/19.

**Call Today  
To Schedule  
Your Free Quote!**

### ROOM ADDITIONS\*

Purchase A Custom Built Room Addition  
**Receive 1 Upgrade...Only \$36**  
• Concrete Patio 10x10 • Sky Lite  
• Carpeting for New Room\*

\*Up to \$500 value. Previous purchases excluded. See store for details. Not valid with any other offers. Offer expires 8/30/19.

### DECKS\*

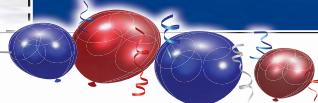
Purchase A New Deck  
**Receive 1 Upgrade...Only \$36**  
• Steps • Gate • Bench

\*Minimum 144 sq. ft. Previous purchases excluded. See store for details. Not valid with any other offers. Offer expires 8/30/19.



Windows  
Doors  
& More

**FREE CONSULTATIONS**



Mon-Thurs 9-7  
Friday 9-5  
Saturday 9-4  
Closed Sunday

\*Windows & Door Magazine

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**1121 W. Washington Center Rd.**

Weather permitting / asphalt shingles.  
\*Offers not good when combined. New Purchases Only.  
Previous purchases excluded. Offers expire 8/30/19. See store for details.