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welcome! from the editor

Happy
Father's
Day

Happy June... and Happy Father's Day!
I am blessed to have some amazing fathers
in my life.

My dad, who was my greatest cheerleader,
coach, teacher and more, pushed me to suc-
ceed in all aspects of my life—always believ-
ing in me and arming me with the confidence
to chase my dreams. And now, I get to watch
him be a wonderful Pops to my two girls. What
a gift.

My Papa passed away in April 2011. Not
a day goes by that I don't think of him. Just
today, as I wrote this, a cardinal landed on my
back fence and I knew he must be thinking

of me too. He was my
person—the one who
always got me, always
loved me so much
it seemed to hurt. I
miss him the most in
June—celebrating
Father's Day and his

birthday without him seems unreal, even 8
years later.

My father-in-law loves his grandchildren
with his whole heart. He'd do anything for
them, and we've come to count on him as
our number one babysitter. To see our oldest
daughter run to him with arms wide open
warms my heart. I hope she has the same
relationship with her Papa as I did with mine.

And last, but not least, my husband and
father to my girls. He's strong, patient, kind,
understanding, and so incredibly supportive
it makes my heart swell. I didn't think I'd
get to be a mother. My husband gave me the
greatest gift, and his love for our girls and me
is astounding.

This issue is chock full of things that dads
will like—from backyard bars and man caves
to organized garages and game rooms, there's
sure to be something that tickles his fancy.

Amber

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GAME ROOM



By Cathy Shouse

Putting some fun and games on the agenda is a great way to relax. We've rounded up the latest in game room trends to remind you to take it easy with family and friends. Whether you're building a new home or spiffing up the one you have, our experts weigh in.

"One of the most popular options in game rooms is including a shuffleboard game," said John Denny, owner of Tredway Pools. "It's a lot like the shuffleboards of the past but it's on a table.

They go against the wall and takes up less room. Our Legacy brand tables are priced from \$2,400 to \$5,800."

A game room is a gathering place, so Denny suggested adding a bar area, if you don't have one. You can simply add a stand-alone bar, ranging from \$1,600 to \$2,900, depending on the style. By adding a couple of bar stools, you can make a room more party-friendly.

"I think the way people are doing things is a little bit different," said Austin Frost with ACE Game Room. "They may not commit to a whole room but they may commit to a few items that are more upscale. We have an arcade game that has 60 games in one machine like Pacman, Centipede and Donkey Kong that's \$2,700. There are more options and it's more flexible to incorporate it into the design of the home as part of the décor."

"You can have a fun game room without it looking like a game room," Frost said. "The style of pool tables has changed. They're no longer just four legs with a little carving. They can be as modern or as ornate as you like now."





Expert tips

- Put new felt on the pool table in designer colors: neutral, gray, black, red (approx. \$400)
- Add neon signs: Game Room, Man Cave, Sports Team or Beer Company (\$150-\$500)
- Bar stools: leather or fabric, colored or patterned, high-, low- or no-backed (\$200-\$1,000)
- Match the finish of the bar table with the pool table
- Include a dart board
- Incorporate a card table and/or poker table 🏠



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Resources:

ACE Game Room, Fort Wayne, 260.432.3443, acegameroom.com

Tredway Pools Plus, Fort Wayne, 260.489.5596, tredwaypools.com

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Photo provide by Habegger Furniture

By Lauren Caggiano

Man caves, whether in the garage, the basement or a spare room — can make for a getaway for that special (and busy) guy in your life. What better gift to give him this Father's Day, than the gift of peace and quiet?



But where to begin? Creating or updating a man cave can seem like a tall order, but you don't have to go it alone. We've made it easy for you by breaking it down into the following steps:

Pick the location

Is space at a premium? No problem. You should still be able to carve out a little of it for your man cave. Look to your basement, attic or garage for real estate. If none of those are doable, think outside the box. Maybe you could give an old shed new life.

Determine the purpose

What's the goal of this space? Relaxation? Fun? A place to work on a hobby? While it doesn't have to be narrowly defined, you also don't want it to stand out. Honing in on your focus/intention will no doubt make it shine.

Amanda Habegger-Sprunger with Habegger Furniture agreed. "When it comes to man caves, we find it becomes a bit of a balancing act," she said. "The men are all about comfort and function, while the women still want the space to be appealing aesthetically. Having options to select from is a must as the function of the man cave is different for each individual, as well as the type of comfort that is required. Some men are all about the reclining options, while others gravitate towards the options that they can lie down and relax on."

Think about form and function

If you plan to retrofit a basement or attic, the insulation may be lacking. Midwest winters mean you'll want to fix this. Soundproofing is another consideration. You can address both areas with the right type of insulation and acoustic paneling. Similarly, for maximum comfort you'll want to add a HVAC unit.

Make it (his) own

Once you have the basics down, it is time to fill out your space. To transform the space into hangout central, you'll want to bring in some comfy furniture. Think recliners, futons, loveseats and coffee tables.

If you want to plan for game viewing parties, you will need a big TV or screen, speakers and possibly going all in by creating a home theater environment. Or maybe he prefers to be more active? A game room can be a fun concept for the man who enjoys hands-on entertainment. A pool, ping pong or foosball table are must-haves. If budget allows, you might consider buying a retro pinball table for the man who enjoys old school fun.

Think decor — and more

Walls are prime real estate when it comes to adding some personality to the man cave. Whether photos from that fishing trip, guys weekend or bar signs, don't be afraid to play up his fun side. You can find a great selection of decor at stores like Marshalls, Kirklands, Target and even your local boutiques.

Here's to curating a man cave that's so him! 🏠

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Resource:

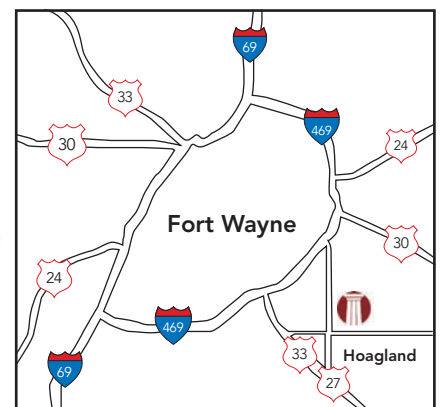
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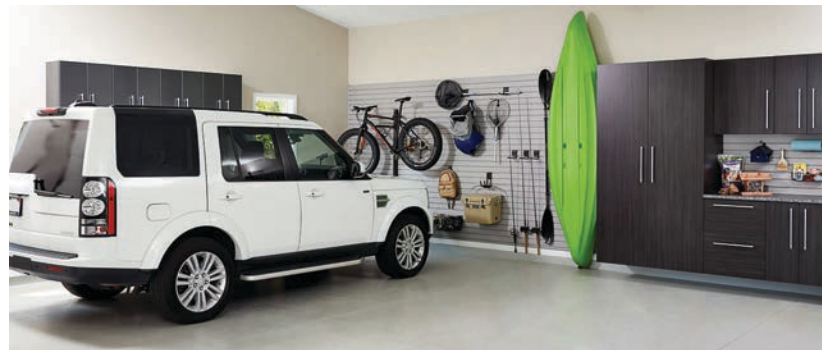




Garage Gadgets and Storage

By Steve Penhollow

Say the phrase “garage makeover” to most people and they think “man cave.” They don’t think “woman cave” for reasons that are beyond my pay grade to speculate about. But most garage makeovers are really designed to make garages function more like garages.



Garages are generally designed to protect cars from the elements, but in most residences, they end up being a graveyard for all sorts of things that don’t fit in the house anymore. Inspired Closets of Fort Wayne won’t organize your garage for you but it will provide you with tools to make such organizing easier.

The Inspired Closets process usually begins with designer Kelsey Duggan coming out to your home to assess the situation. The company also helps modify clothes closets and hall closets.

But the cabinets it installs in garages are sturdier than their household counterparts and can bear more weight, she said.

“All of our shelves will hold up to 100 pounds,” Duggan explained.

Older garage systems (if they can even be described as systems) were not exactly versatile. They weren’t designed to accommodate the changing tastes and moods of the homeowner. Duggan said Inspired Closets offers cabinets of varying sizes, shapes and capacities. The idea is to tailor the garage for the homeowner’s needs, instead of the previous situation: The homeowner having to make his or her needs work within the existing (inflexible) garage.

“The cabinets are off the floor so you can clean under them,” she said. “Everything inside is adjustable. Inside we can put hooks or hoses. We can do locker systems. Right now, too, we have a ball stay — your kids can just throw their balls in that.”

Duggan said they offer hook and pulley systems for hanging up bikes or pulling them up to the ceiling. This frees up floor space.

For the deep-pocketed homeowner, there are even motorized platform systems, which essentially create a moveable floor. Items that don’t need to be accessed daily can be stacked on a platform and raised above eye level.

Whatever you need, there are solutions to help you make the most out of your garage. 🏠

Resource:

Inspired Closets, Fort Wayne, 260.444.2459, inspiredclosets.com

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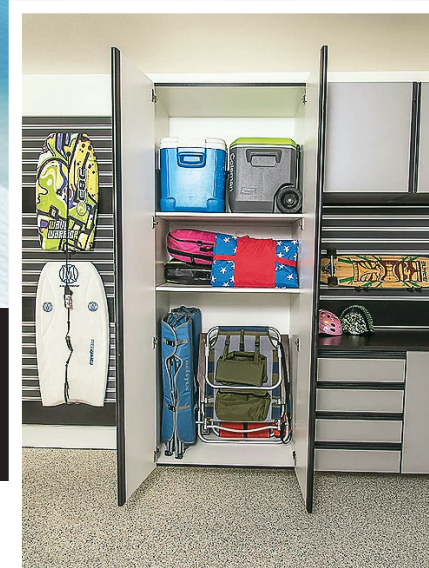
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How to keep your home safe

By Julie Young

Your home is one of your most valuable assets and as such, you naturally want to protect it. Thanks to 21st century technology, homeowners have a wide range of options that can keep your shelter secured no matter where you happen to be.

Simple steps

Before considering an elaborate security system for your home, there are some simple steps every homeowner should take to deter any unwanted interest from would-be invaders.

Do you have both regular locks and deadbolts? Are your windows shut and locked? Are your valuables out of sight and your bushes trimmed back so that no one can hide in them? Do you maintain a routine that makes it difficult for burglars to determine if you are home or not, and above all, is your home well lit at night?

Kendall Lighting Center of Fort Wayne offers homeowners numerous options for both the interior and exterior of the home. Not only do their lines complement any lifestyle, but they also can be incorporated into any home automation system so that they can be controlled from nearby or far away.

A blanket of security

In addition to simple steps and automatic lights, homeowners are often keen to install a home security system to help protect their abodes. These can range from DIY models, such as the Ring video doorbell, to professionally installed systems that are monitored by a third party.

When considering a home security system, it is important to take into account your ability to install it yourself and the amount of protection it will offer. You should do your research and determine if



the company is a reputable brand or if you are more suited to a professional set up with a well-known company that focuses on customer service.

Both Simplex Security and Koehlinger-Kruse offer systems that do more than alert you in the event of a break in. They can also monitor for fire, water and carbon monoxide and can even contact an ambulance in the event of a medical emergency. Their state-of-the-art systems can be fully automated in order to give homeowners peace of mind, and they are more than ready to help homeowners find a package to suit their needs.

Because most insurance companies offer a discount to homeowners who have a home security system installed on their property, why delay in getting the protection you need? Homes without a security system are three times more likely to be burglarized, and the average loss per incident is over \$2,000. Don't be a target. Protect the place where your memories are made! 🏠

Resources:

Kendall Lighting Center, Fort Wayne, 260.483.8820, kendalllightingcenter.com

Koehlinger-Kruse Security Systems, Fort Wayne, 260.422.8823, koehlingerkruse.com

Simplex Security LLC, Fort Wayne, 260.482.7233, simplexsecurity.com

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Organizing the Tool Shed



By Haiden Steingass

Whether you keep your toys — we mean tools — in a garage, shed or closet, your tool area is a sacred place. However, we know how easy it is to get so lost in a project (or two) that everything else seems to be lost, as well.

Emily Fitzgerald, owner of OLS Organizing, weighed in on the process of designing and maintaining an organized workspace for you and your tools. Check out these pro tips to make your tool area easier than ever to navigate:

Take Inventory.

You can't begin organizing until you know exactly what you're working with. The first step to creating a more orderly work space is to take inventory of what you have.

"At this time, you can group items by category: basic carpentry tools, electric, plumbing, yard and car cleaning," Fitzgerald said. "When you see it all together, you can tell if you have extras of [any] tools."

To make this experience enjoyable, Fitzgerald recommended taking inventory on a day when the weather is nice. Lay out a tarp as your canvas and start categorizing under the sun.

Donate.

After taking inventory, you will probably find that you have duplicates of a few items. Any extras can be donated to a place like the Habitat for Humanity ReStore. They will take anything from tools to building supplies and even furniture and décor.

Assemble a Tool Bag/Bucket.

Once you've taken inventory and cleared out your extras, it's time to put together a tool bag or bucket (a lighter option than the traditional

tool box). Fitzgerald highly recommends using your tool bag for essentials only, so you always have the basics on standby for any project.

If you use a bucket, you can purchase organizer inserts that have pockets on the outside, and with an open top, it's incredibly easy to find what you're looking for.

Design Your Work Station.

With your essentials already packed away, you are ready to finish your work station. The ideal horizontal space for your projects will be waist height. Then, assess the space around the workspace, and see what you can store vertically on a peg board, utility board or shelves.

It's a good idea to invest in hooks for smaller items like screw drivers and wrenches, while the bigger items can go on shelves. As for your tiny items like screws and extra hardware, you can purchase a storage box with several clear drawers.

Bonus Tip

As you continue to work on new projects and purchase new tools, Fitzgerald recommended buying the brightest-colored tools. You can spot what you're looking for in an instant if it's neon green! 🏠

Resource:

OLS Organizing, Fort Wayne, 260.450.1289, olsinfo.com




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plant this

June blooms

*"And what is so rare as a day in June?
Then, if ever, come perfect days..."*

By Barb Sieminski

American Romantic poet James Russell Lowell got it right—the sixth month comes in singing, her riots of color bursting forth in gardens, landscapes and roadsides.

What vibrant blooms might be planted now in anticipation of enjoyment most of the summer? Deb Zumbrun of Arbor Farms Nursery favors the Immortality Reblooming Bearded Iris that blooms twice a year.

"This flower doesn't technically bloom all summer, but many people will cut its foliage back once it has bloomed in June," said Zumbrun. "Personally I like the foliage and leave it as an accent after the blooms are spent, so it's nice that Immortality will give that second bloom flush. Its white color sets it apart from the other irises."

Zumbrun continued, "there are long-blooming perennials that will bloom June through July, or July through August, etc. There are also perennials that will bloom in waves if pruned, or during certain types of weather. Longer-bloom perennials include salvias, dianthus, re-blooming daylilies, summer-blooming alliums and catmint. Shrubs that bloom all summer starting in June include the shrub roses, big leaf or mountain hydrangeas."

According to Luetta Burlage, co-owner of Main's Flower Garden, there are three blossoms that she looks forward to in June.

"My favorites are mystic spires, salvia, periwinkle/vinca and snapdragons," she said, adding that all three are very easy, with limited cleaning.

"They will all take cooler to hot June temps, and just need watered as they dry because they are not temperamental," she explained. "The salvia gets up to 30 inches high while the snapdragons come in a variety of sizes from

dwarf to 30 inches and the periwinkle stays low to the ground and especially likes it warm and dry."

Jane Ford, former gardening columnist and master gardener, concentrates on her small patio garden with wave petunias.

"This petunia outperforms other types of petunias, doesn't need deadheading, and two or three plants will fill a large container in a very short time," said Ford, who also favors wax begonias.

"For a really fabulous look, purchase different colors and plant them together," she said. "They are heavy feeders so they need fertilizer often. In late July, give them a haircut, which will get rid of the leggy look and keep them blooming till frost."

Ford also likes calibrachoa, a full sun/part shade member of the nightshade family.

"They are heavy feeders, and mixing water-soluble fertilizer and a tablespoon of Epsom salts in the watering can will keep them from blooming their tiny hearts out for several months," said Ford, of the hanging basket favorite.

Another bloom that Zumbrun likes is the Black-eyed Susan vine, which is, "a vigorous vine that will quickly climb trellises and topiary frames."

"It comes in several colors, but it's nice to have the vine with the happy yellow flowers as that color isn't as common with vining plants. It is tough and can grow in sun to part shade. Though it blooms all summer, it actually gets stronger blooms late in the summer during the time that other annuals and tropicals may start to fade," concluded Zumbrun. 🏡

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Resources:

Arbor Farms Nursery, Fort Wayne, 260.637.5816, arborfarmsnursery.com

Main's Flower Garden, Fort Wayne, 260.749.5307

Plant Center, Fort Wayne, 260.672.2191, plantcenterinc.com

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Backyard Bars

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By Lauren Caggiano

The days are getting warmer and longer, which means the backyard beckons. An outdoor bar can offer both form and function. With more options on the market than ever, it can be intimidating to cut through all the noise and craft your dream outdoor bar. Fear not, we show you how it's done, step-by-step.

First, it's critical to take inventory of the space. You have to determine how much room you have in general and how the bar might inform the space as a whole. When you have these parameters, you can fill in the area.

Next, consider the elements that would make your backyard bar the ideal space. You might want an awning, canopy or pergola for entertaining. Think practically. Keep in mind that if you want a cooler or mini-fridge in the back of the bar, you will need access to an outlet. Dreaming big? Some people opt for all the features, including grills, sinks, televisions and more.

Of course, you'll need to design and place these features around countertops. Personal taste, required maintenance and cost are three critical considerations. The best materials for outdoor use are those that are resilient and durable. Carolyn Johnson with Classic

Marble offered some ground rules for selecting material.

"When it comes to countertops for an outdoor space, you can do natural stone, but not all natural stone will work because of the weather. For example, some granite can be put outdoors while others aren't meant for this setting," she said.

Quartz is problematic because it can't sustain summer heat. And generally speaking, with stone, the darker the color, the more heat it will absorb. That's why lighter colored stone tends to fare better in heat.

Aesthetically speaking, there's a lot of room for creative expression she noted, in the form of finishes. Leather granite can create a rustic look.

Soapstone is another favorite of contractors, but there are a few caveats. While resistant to staining and high temperatures, it's prone to

scratches and considered less durable than granite or quartz. However, scratches can be easily refinished by sanding out the area. With proper sealing and oiling, it can be a viable material for outdoor countertops.

Not into stone? Stainless steel is a durable material, popular for outdoor bars. The material coordinates with other outdoor furniture and is practical because it's easy to clean and won't rust. It's important to note that stainless steel might become hot in the summer sun. So, plan accordingly with shade.

Countertops are only part of the equation. Outdoor cabinets can function as a design element and practical addition.

Outdoor kitchen cabinet materials include stainless steel, polymer, stone, brick or stucco and wood. As mentioned above, stainless steel is often a go-to material for its durability and low maintenance qualities.

With these elements dialed in, you'll be ready for summer parties in no time at all! 🏠

Resource:

Classic Marble & Stone Inc., Hoagland, 260.639.3872, classicmarbleandstone.com



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Grilled BBQ Ribs

By Amber Bouthot

Nothing says summer quite like outdoor grilling—and perhaps nothing is more quintessentially summer than grilled BBQ ribs. For all you grill masters out there, this one's for you.

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Ingredients:

- ¼ cup brown sugar
- 2 Tbsp. chili powder
- 1 Tbsp. salt
- 1 tsp. black pepper
- 1 tsp. dried oregano
- ½ tsp. cayenne pepper
- ½ tsp. garlic powder
- ½ tsp. onion powder
- 2 racks baby back ribs
- 1 cup low-sodium chicken broth
- 2 Tbsp. apple cider vinegar
- 1 cup barbeque sauce

Preparation:

Combine brown sugar, chili powder, 1 tablespoon salt, 1 teaspoon black pepper, oregano, cayenne pepper, garlic powder and onion powder in a small bowl. Rub the mixture on both sides of the ribs. Cover and refrigerate 1 hour or overnight.

Preheat the oven to 250 degrees. In a roasting pan, combine the broth and vinegar. Add the ribs to the pan. Cover with foil and seal. Bake 2 hours. Remove the ribs from the pan and place on a platter. Pour the liquid from the pan into a saucepan and bring to a boil. Lower the heat to a simmer and cook until reduced by half. Add the barbeque sauce.

Preheat an outdoor grill to medium high. Put the ribs on the grill and cook about 5 minutes on each side, until browned and slightly charred. Cut the ribs between the bones and toss them in a large bowl with the sauce. Serve hot.



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DIY

Do It Yourself

Backyard Greenhouse



By Amber Bouthot

Every month, we highlight reader-submitted photos of projects they've completed. We want to see your projects and share them within the pages of our magazine. It can be something as simple as a craft project or as large as a home addition. If you did it yourself, it can be featured. Email Amber at ambouthot@the-papers.com.



This month's Reader DIY comes from Leigh Roberson. She and her husband created a backyard greenhouse paradise, where they not only spend time planting, but hang out in their new hot tub, as well.

What was your inspiration for the project?

Our small greenhouse needed to be replaced, while at the same time we were very cold going out to the hot tub during the winter. We needed a wind shear for the tub. Now, we walk out in our clothes and change in the greenhouse where it is warm.

How long did it take from start to finish?

It actually took a month from start to finish only because it was either raining or too windy, or work schedules got in the way. If we devoted two weekends of eight hours a day, that is all it would really take.

What was the total cost of the project?

Cost about \$2,000: lumber, carbonate panels, paint and a door. When you add the electric garage heater, a wood burning stove and a hot tub, the cost could be as much as you want to spend. We enjoy this space daily. It's a worthy investment for our backyard.

What did you like about the undertaking?

Doing it ourselves gives us satisfaction and pride. It also allows us to fix any part that may break in the future. We started off with kits with our earlier greenhouses, and it was just the right time for a custom build.

What was the most challenging aspect?

Putting up rafters is the most challenging. Doing this alone, you have to use extra bracing. The sliding hand clamps work very well when you are working on your own in between all life's happenings and events.

Where did you source the materials?

We bought all the materials from Menards. 🏠





By Ray Balogh

Botanical Observatory

- "Migrations" live butterfly exhibit, (through July 7), regular admission

Adults \$5, children (3-17) \$3, children (2 and under) free.

10 a.m.-5 p.m. Tuesday through Saturday, 10

a.m.-8 p.m. Thursday, noon-4 p.m. Sunday,

Botanical Conservatory, 1100 S. Calhoun St., Fort Wayne. 260.427.6440

botanicalconservatory.org.



Embassy Theatre

- June 4, "Criss Angel Raw: The Mindfreak Unplugged," 7:30 p.m. Tuesday, \$78.50/\$68.50/\$48.50
- June 5, "Summer Nights: Aloha Brothers," 5 p.m. Wednesday, \$5 general admission, flex pass available
- June 9, "Black & White Film Series: The General," 3 p.m. Sunday, \$10 general admission, flex pass available
- June 12, "Summer Nights: Keliscote Amigos," 5 p.m. Wednesday, \$5 general admission, flex pass available
- June 19, "Summer Nights: Kevin Hambrick," 5 p.m. Wednesday, \$5 general admission, flex pass available
- June 26, "Summer Nights: Lee & Joe," 5 p.m. Wednesday, \$5 general admission, flex pass available

Fort Wayne Embassy Theatre, 125 W.

Jefferson Blvd., Fort Wayne. 800.745.3000

fwembassytheatre.org.

Memorial Coliseum

- June 3, Paul McCartney "Freshen Up Tour," 8 p.m. Monday, verified resale tickets only available
- June 22, Fort Wayne PUGfest, fundraiser for Kentuckiana Pug Rescue, 10 a.m.-4 p.m. Saturday, \$5/adult, \$15/family, children free

Parking \$6 main lot, \$10 preferred lot. Allen County War Memorial Coliseum, 4000 Parnell Ave., Fort Wayne. 260.482.9502

memorialcoliseum.com.

Honeywell Center

- June 6, "Summer Plaza Music Series: Eel River Band," 5 p.m.-7 p.m. Thursday, Carpenter Plaza, free admission
- June 13, "Summer Plaza Music Series: Three to One," 5 p.m.-7 p.m. Thursday, Carpenter Plaza, free admission
- June 20, "Summer Plaza Music Series: Island Vibe," 5 p.m.-7 p.m. Thursday, Carpenter Plaza, free admission
- June 27, Mississinewa Valley Band Patriotic Pops, 7:30 p.m. Thursday, free admission

Ford Theater, Honeywell Center, 275 W.

Market St., Wabash. 260.563.1102

honeywellcenter.org.

1-30 FORT WAYNE: Traveling Exhibitions

- A Year of Making Meaning: New Additions to the Collection 2018 (through June 9)
- The Ideal Sketching Ground: Prints by the Artists of Brown County (through Aug. 4)
- Dox Trash: The Hopeful Gaze (through Aug. 4)
- Jim Tate: The Persistence of Visions (through Aug. 4)
- Marlene Rose: Cultural Blueprints (through Aug. 4)
- Seen & Unseen: Photographs by Imogen Cunningham (June 15 through Sept. 8)
- American Brilliant Cut Glass: New World Innovation from 1876-1917 (ongoing)
- Planes, Trains & Automobiles: Classic Toys and Americana (ongoing)
- Repose in Amber (ongoing)

Adults \$8, students (pre-K through college)

\$6, seniors (65 and older) \$6, families \$20,

free admission for veterans and veterans'

families, free general admission 5 p.m.-8

p.m. every Thursday. 10 a.m.-6 p.m. Tuesday,

Wednesday, Friday, Saturday; 10 a.m.-8

p.m. Thursday; noon-5 p.m. Sunday (closed

Mondays), Fort Wayne Museum of Art, 311 E.

Main St. 260.422.6467

fwmoa.org.

1, 8, 15, 22, 29 FORT WAYNE: South Side Farmers Market

100 stands featuring produce, hand-crafted items, antiques, fresh baked goods, eggs, local honey, hormone-free pork and chicken. Master gardeners on hand to answer questions. Free admission. 7 a.m.-1 p.m. Saturday, 3300 Warsaw St. 260.456.8255 or 260.456.1228

southsidefarmersmarket.com.



2 DECATUR: Flea Market

Nearly 100 indoor vendors, hot food available. Sponsored by the Adams County Coin Club. 8 a.m.-3 p.m. Sunday, Riverside Center, 231 E. Monroe St. (Highway 224 East). Contact Carla at 260.517.8182,

facebook.com/decaturingianafleamarket.

2 FORT WAYNE: Mather Sunday Lecture Series

"The History of Indiana State Forests," presented by Ronald V. Morris, Ph.D. Free admission. 2 p.m. Sunday, The History Center, 302 E. Berry St. 260.426.2882

fwhistorycenter.com.

7 AUBURN: First Friday

Late night shopping, live entertainment, local culinary delights, locally crafted beverages, more.

Free admission. 5 p.m.-8 p.m. Friday, downtown.

260.333.0883.



7 WABASH: First Friday

Live entertainment, food, kid's activities, shopping, evening specials and more. Free admission. 5 p.m.-8 p.m. Friday, downtown. 260.563.0975,

wabashmarketplace.org.

7-8 LAFONTAINE: Ashland Days Festival

Seth Zahalka memorial car and motorcycle show, lawn mower poker run, corn hold contest, live music, parade, more. Free admission. Friday and Saturday, Branson Street and Wabash Avenue. 260.330.0742,

townoflafontaine.com.



14 DECATUR: 8th Annual Sculpture Tour

Unveiling of 27 new sculptures by artists from eight states and England. Includes children's sculpture activities, food vendors, beer tent, youth dance performances, children's chalk walk. Sculptures will be on display until April 2020. Free admission. 6 p.m. Friday unveiling, courthouse square, downtown; other activities at various downtown venues.

decatursculpturetour.com.

14 DECATUR: Plein Air Paint Out

Held in conjunction with the 2019 Decatur Sculpture Tour unveiling. Participating artists can register for \$10 at decatursculpturetour.com. Paintings will be of downtown Decatur scenes. Check in from 8 a.m.-9 a.m. Friday, pieces judged at 3:30 p.m. and for sale 4:30 p.m.-7:30 p.m., downtown. 260.223.7828.

19-22 NORTH WEBSTER: 74th Annual Mermaid Festival

Cutie King and Queen parade and contest, Queen of Lakes pageant, amusement rides, live entertainment, demolition derby, food vendors. Free admission. Wednesday through Saturday, Lions Club festival grounds. 574.834.4316

nwlionsclub.com.

June Books

By Steve Penhollow

By June, the garden is planted and growing. What better excuse to read tomes about reaping your gardening rewards and making the most of your backyard time?



A Way to Garden: A Hands-On Primer for Every Season

By Margaret Roach

Timber Press \$30.00

ISBN-10: 1604698772

ISBN-13: 978-1604698770

This is one of the most intimate gardening books that has been published in a great while. Roach, a former editor for *Martha Stewart Living Magazine*, writes in a conversational style and doesn't

come across as a know-it-all. But she does know a lot. And she learned it the hard way, by yearning for certain results in her garden and then having to modify her vision and make adjustments. She covers all aspects of gardening in this book, from choosing seeds to making a sauce out of ripe tomatoes. And she shares a great deal about her life, as well.

Roach told the *Daily Hampshire Gazette* that the mission of the blog that shares the book's name is to provide "horticultural how-to and woo-woo."

"Horticultural how-to is about mastering techniques," she explained, "like how to cut a clean edge, or what makes good mulch and how much mulch you should use."

"Horticultural woo-woo involves the intimate, spiritual side of gardening," she said. "It's revealing, vivid, a place of potential healing, escape, meditation, creative self-expression. It brings you into contact with your place in the world, with science, life cycles."



The Ultimate Burger: Plus DIY Condiments, Sides, and Boozy Milkshakes

By America's Test Kitchen

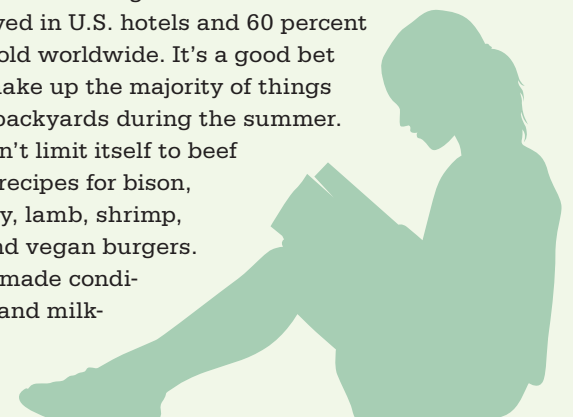
America's Test Kitchen \$26.99

ISBN-10: 1945256842

ISBN-13: 978-1945256844

In time for summer, America's Test Kitchen has come out with its most pertinent cookbook yet. Pertinent, that is, for people who like to fire up the grill.

Hamburgers and cheeseburgers account for 71 percent of beef served in U.S. hotels and 60 percent of all sandwiches sold worldwide. It's a good bet that burgers also make up the majority of things that are cooked in backyards during the summer. The cookbook doesn't limit itself to beef burgers. There are recipes for bison, salmon, pork, turkey, lamb, shrimp, tuna, vegetarian and vegan burgers. It also covers homemade condiments, side dishes and milkshakes. 🏠



20-22 LAGRO: Good Ole Days Festival

Food, fireworks, crafts, face painting, moowalks, bands, games, car show, parade, interactive dinosaurs. Free admission. Thursday through Saturday, downtown. 260.571.6664

lagroindiana.com



21 FORT WAYNE: "Seasonal Changes"

Public hike and citizen science project to gather and document information for study of seasonal changes in the marsh. Boots recommended. Free admission. 6 p.m.-7:30 p.m. Friday, Eagle Marsh barn, 6801 Engle Road. 260.478.2515

info@lrwp.org, lrwp.org

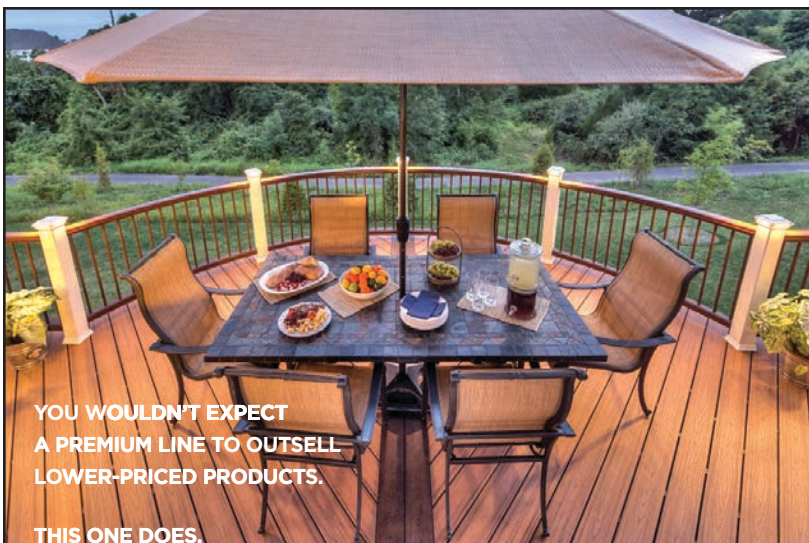
21-22 WOODBURN: SummerFest

Live music, parade, fireworks, corn hole competition, crafts, 5K run/walk, truck show, trivia contest, food, beer and wine. Benefits local charities. Free admission. Friday and Saturday, Community Park. 260.632.5318

woodburnsummerfest.com 🏠

All images shutterstock.com

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Huntington County

The Perfect Summer Destination

By Jaclyn Youhana Garver

With a drive-in movie theater, outdoor shopping and zip-lining course, Huntington County is a perfect summer destination. Jessica Grossman, the executive director for the Huntington County Visitors' Bureau, shared her favorite spots to explore.



Outdoors

Salamonie Lake has boat rentals, boat launches and camping. During the summer months, visitors can even rent a party barge. (9214 W. Lost Bridge West, Andrews)

Timber Lake, a campground and fishing lake, boasts the area's only zip-lining course, with eight zip lines and four aerial bridges. (1740 E. 675 N., Huntington)

The Huntington Twin Drive-In is one of two drive-in theaters in the region. Its two screens play double features on the weekends, and it offers classic film screenings. (1291 Condit St., Huntington)



Downtown Huntington



Downtown Roanoke

Shopping

Grossman names downtown Roanoke as Huntington County's best spot to shop. It's full of local shops and boutiques. Her favorite spot is the Joseph Decuis Emporium. The small café and restaurant has a large wine selection and a variety of food items. Don't miss the local cinnamon creamed honey. "I could eat that with a spoon, and it's great with toast and peanut butter," Grossman said. (Emporium: 151 N. Main St., Roanoke)

The Markle Exit 286 Antique Mall has more than 30,000 square feet and 100-plus dealers, a perfect spot for antique lovers and casual shoppers alike. (250 E. South St., Markle)

Antiqology in Huntington offers a variety of hard ice creams, a few antiques and hundreds of craft specialty sodas. The website (antiqology.com/store) includes 48 sodas in the "Unique" section, like Inca Kola, a Peruvian drink that "smells and tastes quite a bit like Bubble Yum bubble gum, and has a sugar content surpassing Mountain Dew," and Fentimans Dandelion & Burdock, sweetened with pear juice and a touch of ginger and anise. (401 N. Jefferson St., Huntington)



Eat & Drink

Two-EE's Winery was named America's Best Tasting Room in 2017 by a USA TODAY readers' poll. Don't miss the customer-favorite wine slushies. (6808 N US Highway 24 E, Huntington)

The ambiance, décor and grub at **The Rusty Dog Irish Pub** make it a can't-miss spot. Grossman recommends traditional Irish fare like the bangers and mash, Guinness shepherd's pie or the excellent steak or Guinness cheddar potato soup. (32 N. Jefferson St., Huntington)

Joseph Decuis, which was once the only five-star restaurant in Indiana, is a big draw for the county, Grossman said. "The caliber of its menu is just out of this world. It's definitely not something you'd find in a small town anywhere else." The restaurant is known for its Wagyu beef, a Japanese cattle breed known for its high marbling. (191 N. Main St., Roanoke)

For traditionalists, **Nick's Kitchen** is a can't-miss Huntington County location. According to its website, founder Nick Freienstein (1876 to 1941) created the breaded pork tenderloin sandwich, and the restaurant still serves his original recipe. (506 Jefferson St., Huntington)

For more information about Huntington County, visit <http://visithuntington.org>.



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Cancer Services of Northeast Indiana

By Jaclyn Youhana Garver

Few people ever expect to get cancer, but Sarogini Ranasinghe was especially shocked: She'd had a hysterectomy nearly four decades earlier, leaving just one ovary.

"I didn't know this one ovary was going to haunt me after that many years," said Ranasinghe who was diagnosed with ovarian cancer in 2017.

She learned about Cancer Services at the hospital. The organization gave her reading material and head scarves, and even though she finished treatment in May 2018, she still benefits from Cancer Services. Ranasinghe attends classes for yoga and meditation and gets massages. The services promote relaxation, decrease her anxiety and help her sleep.

"Meditation and yoga really helped me mentally (...) to have a very positive attitude about what is happening with my body," she said.

Cancer Services celebrates its 75th anniversary this year. Over that time, its services have expanded, but its mission has always been about helping those with cancer and their loved ones.

It started as a grassroots organization.

"When a neighbor got sick, you pitched in and helped out," said Stacey Stumpf, the organization's development and marketing director. "In 1944, if you got diagnosed with cancer, it meant you were dying. If you were the breadwinner, it meant your whole family was going to be destitute."

As part of the anniversary, Cancer Services has been looking at its history, and it found that certain needs haven't changed. Consider a photo from the 1940s: A group of women in their pearls and Sunday best are sewing bed pads. Today, Cancer Services still provides bed pads.

"It's this very tangible way that the community says to someone going through cancer, 'We care for you,'" Stumpf explained.

In addition to items that can help someone undergoing cancer treatment—from bed pads and hospital beds to wheelchairs and nutrition drinks—the organization provides intangible things like emotional



support, educational classes, and tips for getting through treatment and for getting through the tough time after treatment.

Barring direct financial assistance, Cancer Services' aid is free, which leads to a community misunderstanding about the group.

"People think, 'I've got family support. I've got health insurance. I'm not going to go to Cancer Services because I want to make sure those resources are there for people who really need it,'" Stumpf said. "The thing we want people to know is that we have services for everybody, for all income levels and for every stage, whether they've been newly diagnosed and are making decisions about treatment, are right in the middle of treatment, or are 10 years out."

As awareness grows, so do client numbers; 2018 saw a 15% increase in the number of clients served, to more than 3,800, Stumpf said. That doesn't even include the number of family members or caregivers helped. This year, the group expects to exceed that number.

National Cancer Survivors Day is June 2, but locally, Cancer Services hosted its fundraising walk May 11, which was especially large this year because of its anniversary. Last year, the walk raised \$60,000, and this year, it raised over \$71,000! 🏡

Nonprofit:

Cancer Services of Northeast Indiana, Fort Wayne, 260.484.9560, cancer-services.org

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Summit Plastic Surgery

Dr. Matthew Shambaugh

By Deborah C. Gerbers

Fort Wayne native Dr. Matthew Shambaugh is passionate about his practice and dedicated to serving his patients at Summit Plastic Surgery. As a board-certified plastic surgeon, he has been practicing in Fort Wayne since 1991 and is a founder of Plastic Surgery Associates.



After graduating from high school in Churubusco, Dr. Shambaugh attended Indiana University to study chemistry and biology, followed by IU Medical School. He then worked in the burn unit performing plastic surgery in Michigan, where he learned his passion for the innovative possibilities of the specialty. He has also received Indiana University's Department of Surgery, "Excellence In Teaching of Medical Students" award.

Having a career that is rewarding is not always easy, though, he said. "My job is always difficult. The hard things I deal with are cases involving cancers and accidents."

Dr. Shambaugh said the best part of his job is the gratitude he receives from his patients; a simple but genuine 'thank you' goes a long way.

Dr. Shambaugh is trained in cosmetic surgery, as well as microsurgery, and is a member of The American Society of Aesthetic Surgery, American Society of Plastic Surgery, American Board of Plastic Surgery, Indiana State Medical Society and Fort Wayne Medical Society. With constant new

innovations in reconstructive and plastic surgery available, he regularly attends various conferences to bring those new procedures and surgical options to his patients.

His compassion for serving people is evident, as he stepped up to volunteer for medical missions to both Guatemala and Haiti in the aftermath of natural disasters. He strives to provide excellent and compassionate care to each of his patients.

Apart from his professional life, Dr. Shambaugh is a dedicated husband to his wife and father to their four daughters. He enjoys being outdoors and working in the open air, removed from the stresses of his job. "Being on a farm, I like to drive the tractor and converse with nature," he said.

He also credits his happiness to his family. "My wife and daughters are truly top-notch." 🏠

Dr. Matthew Shambaugh

Summit Plastic Surgery, Fort Wayne, 260.490.7111, summitps.com

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5 things to do before applying for a mortgage.

1-Gather needed materials.

Most lenders will want a standard package of materials, including a month of recent pay stubs, your most recent two years' worth of tax filings, at least three months of bank account statements, and documentation to explain any unusual (generally non-payroll) large deposits or withdrawals.

2-Know how much you can spend

Most lenders use what's called the 28/36 rule. Your monthly mortgage payment should be no more than 28% of your gross income, and your total revolving debt payments -- including your potential mortgage, car loans, and any other monthly installment payments you make -- must account for no more than 36% of your gross income.

3-Raise your credit score

Your credit score is a key factor in determining whether or not you will get approved for a loan and what rate you will pay. It's important to know what your scores are from the three major credit bureaus, and you can get that information in a number of ways. Once you know your credit score, there are a few things you can do to raise it. First, make sure there are no mistakes on your credit reports and

dispute any problems if you find any. Second, if you have a balance that you can pay off, that will raise your score in most cases.

4-Pay off debt

Lenders do not want you to have more than 36% of your gross income committed to revolving loans. One way to lower that ratio is paying off credit card debt, car loans, and any other loans you may have.

5-Avoid any large purchases

Even after you receive approval for a loan from a mortgage company, it will monitor your finances through the closing. This means that until the lender actually writes the check, everything you do matters. One of the easiest ways to sabotage your loan is to take on more debt before your mortgage becomes final. Even if you plan to finance furniture for your new house, you should not do so until you actually own the home -- and you should most certainly not buy a new car while waiting for a loan to close.

**rates effective as of June*

2019 issue publishing deadline date



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