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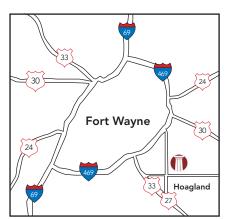




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welcome! from the editor

ve finally gotten a substantial snow. which made my husband very happy because he was able to use our new snow blower for the first time. Of course, my almost threeyear-old daughter loved her first official snow

> While we often hear people complain about the snow. I have been pro snow for

as long as I can remember—as a child is there anything better than hearing there's no school because it snowed? I think not! And now that I am a mother, seeing the delight in my daughter's eyes when she wakes up to a winter wonderland, is priceless.

In addition to the chance for more snow, February is also the month of love—and

embracing that theme in this issue, we have several articles to help you LOVE your home. Be sure to check out the Restoring an Historic Home feature on page 7, which follows a local couple on their journey to renovate

a Queen Anne-style home in the William

Woodland's neighborhood just south of Downtown Fort Wayne. There's also an article to help you organize your kitchen cabinets on page 10. And don't forget about your garden—easy to do when we are stuck inside—but now is the time to start planning and sowing seeds indoors for the spring. Check out our helpful tips on page 11.

Whether you're pro snow or not, I hope you have a wonderful February.

Stay warm—spring is just around the corner!



February 2019

day, as well.

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EDITORIAL CONTRIBUTIONS Editorial suggestions are welcomed, and the executive editor is usually in a good mood, so please share! Feel free to send comments directly to her at ambouthot@the-papers.com. Even if she's in a bad mood, hearing from readers brightens her day (sshhh... and we thank you!).

Thank you for reading and we look forward to hearing from you soon. We warmly welcome you HOME.

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> > www.homeindooroutdoorliving.com



what's trending trends Boho is Back!

By Lauren Caggiano

Flip open any home design magazine and it's clear that the bohemian interior design style is having a moment in 2019.

First, what does the term boho mean? In order to understand the origins, look to the French language. The word is a nod to the French word bohémien, referring to nomadic people who traveled from Bohemia, a region in the Czech Republic. The word later was used in the nomenclature to refer to people who were known to be poor, vagrant and artist types moving throughout cities in Europe. Fastforward to the 1950s and the boho cultural movement took the form of the beat generation in Greenwich Village in New York City.

In other words, everything old is new again. And there are no hard and fast rules when it comes to curating this look inside the home. That's good news for even the most inexperienced or amateur decorator, according to one local expert. Jeanne Baker Dick, with Baker Dick Designs, said that's because it's fairly open-ended. In her words, it's an "eclectic, individual, almost anything goes style. It seems natural for the artist, comfortable for the young or the young at heart."

The exact expression depends on the individual and his or her taste. For example, it can be interpreted as vintage, i.e. Mid-Century Modern. Also, think texture, rich colors, global flavors, houseplants, etc.

But what about specific design elements? A great starting place. Dick said, is a Persian rug to tie the room together.

"That rug can easily become your palette maker. Using rich colors for upholstery, choosing low, artsy lighting, adding some Moroccan baskets and a snake plant or two will give you a good start," she explained.

The same goes for blankets, throws and other items that can build upon each other. A statement wall hanging and vintage mirrors can channel the vibe on another dimension.

Beyond that, you're only limited by your imagination. Don't be afraid to pull in what speaks to you.

"Adding things that you love to any room makes it personal and comfortable," said Dick. "Boho style demands it.... nothing really matches or has to with this style, so choosing things that sing in harmony can be more challenging. "





Specifically, a color palette can save the day here. That's because without one, a room's look and feel can easily become like an afterthought to guests. Sometimes that means less is more.

"Unlike the sleeker, less cluttered styles of today, boho requires accessories and sometimes in bulk," she said. "So, if we aren't careful, we can end up with a college kid's room. There can be a real sophistication, though relaxed, to a bohemian space. As in most well-done interiors, that will require deliberate, well-chosen pieces."

Resource:

Baker Dick Design, Fort Wayne, 260.417.1731







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Restoring an historic home

By Julie Young

When Justin and Rachel Vedder first spotted their turn-of-the-century Queen Anne-style home nine years ago, they knew it would take a lot of time, talent and treasure to bring the place back to its former glory. Luckily for the two seasoned architects, aside from the kitchen (which had been modernized since the Victorian era,) the house had not been altered too much from its original state. However, they still needed to shore up a few things here and there and peel back the layers of love in order to find out what lay beneath.

"I think I must have hand scraped every surface of this house at some point," Justin said. "We did a lot of the grunt work ourselves, but there were some projects in which we had to hire help. Naturally, there were a few surprises along the way."

Some of those unexpected surprises included crumbling chimneys, a lack of insulation and finding out that someone installed asphalt shingles on top of slate shingles, which resulted in a large mess when it came to removal. Still the result was worth it, and though the Vedders still plan to renovate the kitchen at some point, they say they are finished ... for now.

No question about it, restoring an older home is a massive undertaking that is not for the faint of heart. Homeowners going into such a project must have a lot of patience and be willing to put in the work and research necessary to do a proper job of it or find qualified contractors who can turn that dream into a reality. As the Vedders discovered, the simplest of tasks can come with complications, and it doesn't take long for things to spiral out of control.

"I often say it helps to have a certain naiveté when going into a restoration such as this one," Justin said. "I can't tell you how many people listened to our odyssey and said, 'Better you than me.'"

Lou Salge of Four Seasons in Angola said the Vedders' experience is not uncommon. Having recently completed the restoration of an 1800s family farmhouse, he knows how challenging such a project can be. In addition to uncovering the various improvements that have been made over the years, homeowners often have to find 21st century solutions to 19th century problems and construction standards. If you or your contractor is knowledgeable in historic construction techniques, then some problems are foreseeable. If not, there are likely to be a lot of setbacks and delays.

"A lot of homeowners have good intentions when it comes to restoration, but they often don't know what they are getting into," he said.

Salge said the key is setting a realistic budget and finding a contractor with whom you can communicate and who can guide the process without straying too far from the overall vision.

"Having everyone on the same page really helps inform the decision-making process and makes an impact on the result."



After renovation



1920



Before renovation



Before renovation



After renovation



Before renovation



After renovation

Those who do not have a tight deadline and are determined to do some of the work themselves can take a page out of the Vedders' book and tackle small projects as time, money and know-how allow.

"We are not lottery winners by any means. We both work full-time and have small children, so we saved up for projects as we went along," said Rachel. "We did what we could when we could and there were very few months when there wasn't something going on. It's crazy to reflect on where we've been. For the first time in nine years, the house feels like it's complete."

Resource:

Four Seasons Design & Remodeling, Angola, 260.665.2772, craftsman-design.com



by Rod King

Last month we talked with broker/realtor Cassidy Stier of Rockfield Realty Group and loan consultant Shelly Gray of Caliber Home Loans about purchasing a conventional home. This month we asked them to comment on purchasing lake property. Here's what they had to say:

How available is lake property?

The supply is much less but the demand is high. Lake property is snatched up quickly.

How can prospective purchasers find listings without driving to every lake in Northern Indiana?

There is a Multiple Listing Service for lake property. Lake Lubbers is another website to check. Once someone finds a home they're interested in, a drive to the lake is recommended to find out first-hand what it really looks like, what kind of shape it's in and how it stacks up with the neighboring homes. A visual will reveal if the roof is sound and there's easy lake access. It will also tell you how long it takes to get to the lake.

Do buyers still have to be pre-approved even if they own a conventional home?

Yes! Lenders need to know if the purchasers are financially sound. Owning another home does not necessarily mean automatic approval. Buyers need to fully understand the ramifications of carrying two mortgages, making two payments and maintaining two properties.

Can buyers use their present home as collateral?

Do all the same loans apply to lake property as with conventional homes?

No! Conventional loans are the most widely negotiated for lake property. VA loans are possible, but are subject to a number of

restrictions. USDA loans generally do not qualify because of the need to meet qualifications concerning the area in which the property is located. FHA loans are not considered for lake homes.

Are there differences between purchasing lake and city property?

Several things come into play that are not normally part of a conventional home purchase. Those include easements, water and dock rights and possibly flood insurance.

Do all lakes allow speed boats and water skiing?

No! If skiing and speed boating is your thing, you need to learn if the lake you like is just for fishing boats and pontoons.

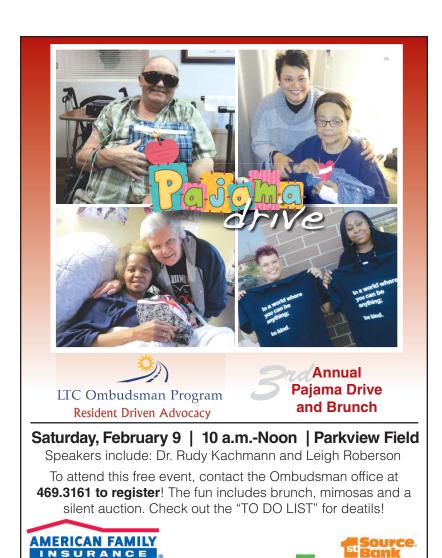
Should someone considering purchasing lake property assume that it is expensive?

es! It's basically like buying a conventional home. The age and condition are the most important factors. However, lake-front will definitely be expensive, but if you don't mind being on a channel or a block or two off the lake, the price will be less.

Resources:

Caliber Home Loans, Fort Wayne, 260.519.3235, caliberhomeloans.com Rockfield Realty Group, Leo, 260.515.0447,

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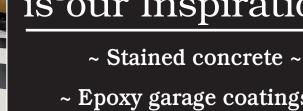


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By Amber Bouthot

The dust has settled on the holidays. Likely, you added more stuff to your home as a result. Clutter can affect our moods more than we realize, and the kitchen tends to collect miscellaneous items more than any other space in our home. Follow these 5 easy steps to getting the clutter under control.

Pull everything out.

Before you can declutter, you need to know what you have. So clear your kitchen surfaces and pull everything out, from your food pantry to your junk drawer and everything in between.



Get rid of anything you no longer need.

You surely have unopened and expired condiments or canned goods. You may have half boxes of pasta and other miscellaneous food items. We all have mismatched plastic containers and lids or chipped coffee cups. It's time to toss them.



Store like items together.

Now that you can see everything you have, it's time to group like things together. For example, all boxed food items can be organized on the bottom shelf of the pantry, while canned goods and liquids in bottles go on another shelf. Continue with dried goods, snacks and so on.



Add organizational elements to your cabinets.

Coated wire shelves can help you maximize your space and prevent you from stacking things like plates and bowls too high. They can make a big difference in your spice cabinet too.



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back into the pantry or stash that coffee cup wherever it fits, but it makes things more difficult in the long run. The key to good organization is staying on top of it.

Be diligent moving forward to put things back where they go

Sowing Seeds Indoors

By Amber Bouthot

It may be cold outside, but it's time to start planning for the garden. Sowing seeds inside now can ensure a healthy and plentiful harvest later this year. Some vegetables like tomatoes, eggplants and peppers have an especially long growing season, so starting them indoors now and in early spring is a great way to get a jump-start on the gardening season. It's also less expensive to grow from seeds versus from young seedlings ... and it's fun!

Before you start

1-Do your research. Check out seed catalogs from various companies and compare offerings and prices. Make sure you know what will grow well in your area, as well.

2-Make a list of what you'd like to grow. Be realistic—a good way to do so is to imagine you have one-quarter the space available, which will allow for good spacing practices.

3-Prepare for some losses. Some of your seeds won't germinate. Be sure to plan accordingly.

4-Label your planting containers. If you don't, you will likely forget what you planted.

Planting your seeds

1-Fill clean containers with a moistened potting mix made for seedlings. Don't use regular potting soil, as it may not be fine enough for seeds to root through properly. Pre-formed seed starters work well,

2-Plant your seeds according to the seed packet. Most seeds can simply be gently pressed into the mixture. When planting seeds, plant the largest seeds in the packet to get the best germination rate.

3-Cover containers with plastic to keep them from drying out too quickly. Poke a few holes in the plastic with a toothpick for ventilation.

4-Water newly started seeds carefully. A pitcher may let the water out too forcefully. A mist sprayer is gentle but can take a long time. Try using a meat-basting syringe, which will dispense the water effectively without causing too much soil disruption.

5-When seedlings start to appear, remove the plastic and move containers into bright light.

6-When the seedlings get their second pair of leaves, prepare individual pots filled with a potting mix with plenty of compost. Move the seedlings carefully to the new pots and water well. Keep seedlings out of direct sun for a few days, until they've had a chance to establish themselves in their new pots.

Transplanting seedlings

1-During the seedling's last week indoors, withhold fertilizer and add water less often.

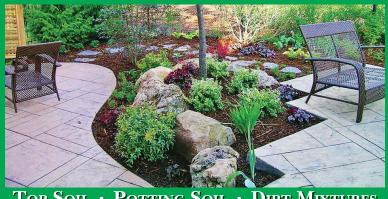
2-Seven to 10 days before transplanting, set the seedlings outdoors in dappled shade that is protected from winds for a few hours each day, gradually increasing their exposure to full sun and windy conditions. This is the hardening-off period.

3-Keep the soil moist at all times during this period. If possible, transplant on overcast days or in the early morning, when the sun won't be too harsh.

4-Set transplants into loose, well-aerated soil. Soak the soil around new seedlings immediately after transplanting.

5-Spread mulch to reduce soil moisture loss and to control weeds.





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By Cathy Shouse

Has your home's exterior seen better days? Whether the color is faded or outdated, a fresh paint job can do the trick.

Curb appeal is a real estate term to sell houses but the concept applies to everyday homeownership, too. First impressions matter. To help enhance your home's curb appeal, we've rounded up expert tips to speed the painting process.

Maumee Paint & Supply's Archie Zehr started painting when he was 15.

"Sooner than later" sums up his best advice on when to paint. "You're better off to do it before, than when it needs it," he said.

DIY or hire a professional?

Painting looks deceptively easy but if you go it alone, be sure you have the time and patience to do the job right. Preparing the surface is most important. Ask lots of questions of your paint supplier and get help if you need it.

When hiring someone, you still need to do your research. "I've seen very bad professional work," Zehr said. "It's a crapshoot when you're opening up the phone book. We have a list of reputable people, or ask around."

Paint Considerations

Currently darker colors like gray are in. Typically, trim color is lighter than the house.

"You can definitely paint vinyl siding," Zehr said. "But you shouldn't do it a dark, dark color because it will melt."

Zehr recommended eggshell, but flat or satin are other options. Dark colors will fade although some high-end paint promises not to fade. If mildew is a problem, ask about treating for that.

Note: Watch for sales on paint, especially Labor Day and Memorial Day.

Show Me the Money

Many factors play into the cost, including your home's layout and design. Generally, a 1,800-square-foot ranch takes six gallons of paint for one coat. Zehr's popular Benjamin Moore is \$44 per gallon. The total cost for a professional painter could be in the \$2,200 to \$2,800 range, although if there is peeling wood, the cost might escalate to \$4,000. Using more colors and having shutters painted ups the price.

Note: Invest in a quart and paint a swatch first to check colors.

"The most important part of a paint job is your prep work," Gary Haffner, co-owner of Haffner Paint Company, a family business for almost 100 years, since 1921. "Not prepping is the biggest mistake we see. It seems like grays and whites are popular colors for the exterior now."

Resources:

Haffner Paint Company, Fort Wayne, 260-483-0511, haffnerpaint.com Maumee Paint & Supply, Fort Wayne, 260-490-8656, maumeepaint.com







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Tiny Shed

By Amber Bouthot

Every month, we highlight reader-submitted photos of projects they've completed. We know

> you put a lot of time and effort into your home—whether you own or rent. We want to see your projects and share them within the pages of our magazine. If you've recently completed a project, we want to hear from you. It can be something as simple as a craft project or as large as a home addition. If you did it yourself, it can be featured.

This month's Reader DIY comes from Dean and Nancy Riesterer. They've transformed an old shed on their country property into a cozy retreat called The Tiny Shed.

1-What was your inspiration for the project?

Our inspiration for the Tiny Shed project was originally to have a cute little shop where people could come and buy repurposed furniture and home décor every few weeks. Fast forward a year, and we transformed our tiny store into an Airbnb for glamping. The inspiration came from Susan Branch, an author I followed years ago. She had a shed in her back yard on Martha's Vineyard that she turned into her guest room. We fell in love with that idea and are thrilled to be able to do the same with ours!

2-How long did it take from start to finish?

We started our project in July of 2016 and finished in October of 2016, just before our first opening.

3-Was it easier or harder than you expected?

It was harder than we expected in a few ways. Some of the features of the original shed didn't flow well. We had to move the front door over to make it fit better where the roof was higher so the door could be

taller. The original windows were tiny, so we got bigger repurposed windows to bring in more light and allow for airflow on warm days.

4-What was the total cost of the project?

We used mostly repurposed materials to remodel our tiny shed, so our costs were easily under \$200. The windows and door were \$10 and \$15 each. The flooring came from Habitat ReStore for \$5 per box. The light inside was \$5 from the marketplace site, faux copper gutters made from PVC pipe were \$25, and the paint was white barn paint at \$14/gallon. The landscaping stone came out of our yard—the previous owners had thrown out and buried it around the property. There was very minimal cost for plants and mulch.

5-What did you like best about the undertaking?

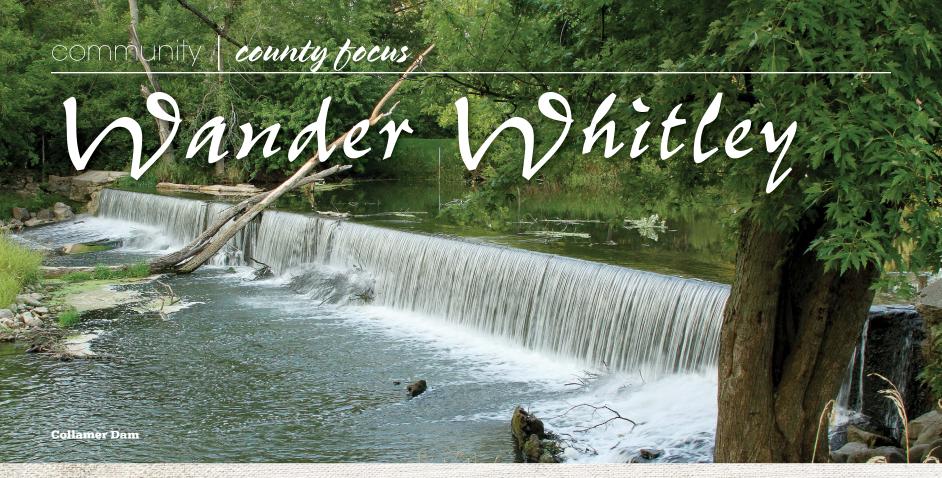
The best part of the tiny shed renovation was having our whole family come together to demo, do construction, paint, put in flooring and complete the yard work. It was such a fun time together!

6-What was most challenging?

The most challenging was getting the smell out after animals had nested for years inside and moving the door and windows to be well functioning but still primitive.

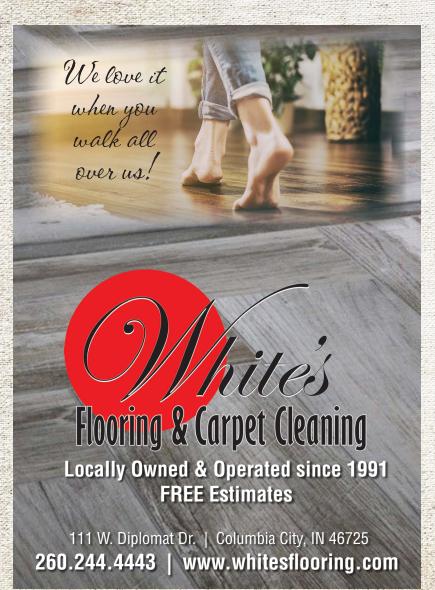
We never imagined this tiny project would bring about so many new relationships and opportunities! We are amazed how God has blessed us from sharing our beautiful property with others. We would love to have you follow our tiny journey on Facebook or Instagram @ thetinyshedfw. Or book a night to come stay through our Airbnb site—the link can be found in our Instagram profile.





By Jaclyn Youhana Garver

Finding things to keep busy during the dredges of winter, after New Year's confetti has been vacuumed and before new buds dot the gardens, can be tough. Lucky for northeast Indiana, day trips abound—like Whitley County, home to Columbia City, Churubusco and South Whitley.



Jennifer Romano, executive director of Whitley County Chamber of Commerce and Visitors Center, lists these must-try activities, restaurants and more for anyone looking to spend a day—or a full weekend—in Whitley County.

OUTDOORS

Collamer Dam: Bring your camera for this scenic stop on the Eel River. Indiana SR 14 and Whitley CR 900 W., Collamer

Amish country: After viewing the dam, keep driving through the area's quaint farms. Be sure to check out the Country View Greenhouse, with Japanese maples, shrubs and trees, strawberry and raspberry plants, and more.

6485 W. 1000 S., South Whitley

Churubusco's downtown: The area boasts several restaurants, shops and a large, beautiful park. It's a perfect spot to relax with a cup of coffee or lunch.

SHOPPING

A. Shively & Co.: Its home décor includes handcrafted furniture, plus smaller gift items like note cards, jewelry and mugs.

1165 E. Business 30, Columbia City

Rubies & Whimsy: This women's boutique has clothing, accessories and shoes.

113 S. Main St., Columbia City

Lane & Lavender: Right down the road from Rubies & Whimsy, Lane & Lavender offers clothing, home décor and gifts.

114 W. Van Buren St., Columbia City

MUSEUMS & INFORMATION

Whitley County Chamber of Commerce: This is a good spot to start your tour of Whitley County, with maps, souvenirs and visitors guides. Plus, Whitley is said to have one of the most beautiful courthouses in Indiana.

128 W. Van Buren St., Columbia City



Whitley County Agricultural Museum: Learn about tools, machinery and household items that are an important part of Whitley's rural landscape. 680 W. Squawbuck Road, Columbia City

The Square: Your dinner stop is located right on Whitley County's Courthouse Square, offering burgers, salads, seafood and steaks.

111 S. Main St., Columbia City 🛑



Brew'ha: With coffees, teas and baked goods, plus antiques at the adjoining Junk Gypsies, Brew'ha is a fun and tasty stop on your tour of Whitley County.

120 N. Main St., Columbia City

Old World Fudge: This local candy shop has creamy fudge and salt water

124 N Main St., Columbia City

Big G's Sports Café: Yes, Big G's is open for three meals a day, but it's the all-day, traditional breakfast you want. Try the French toast or the Haystack, a biscuit and potatoes with gravy, topped with two

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Urban Station: Stop here for lunch for can't-miss soup, salads and sandwiches.

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By Jaclyn Youhana Garver

Eighteen years ago, Satek Winery in Fremont opened its doors. It was the 19th winery in the state. Today, Indiana boasts more than 90. But Satek was the first in northeast Indiana, making it the region's oldest winery in the area with the country's first commercial winery, which opened in 1809.

And it all started out of happenstance.

Larry and Pam Satek taught chemistry at Washington College in Maryland in 1975. They rented a house with grapes in the backyard, said Jason Satek, their son and general manager of the winery, and Larry started to play around with the grapes.

The family moved states and changed jobs over the years, but Larry kept making wine and growing his knowledge. Jason's parents split up, and Larry married again, to a woman also named Pam. Pam's greatgrandfather Fred Kreibaum bought property at Lake James more than a century ago—28 acres that used to be an apple orchard. Kreibaum died in the 1940s, and over the years, the land became an overgrown forest. But it had good, south-facing exposure, and Larry and Pam had an idea for its use.

The Sateks planted their first six grape varieties in 1993. They sold their grapes to

other wineries, made industry connections and learned the business—and then, in 2001, they opened Satek Winery.

At its start, Satek Winery offered four wines, according to its website. Today, Jason said, there are 30, thanks in part to new grape varieties that were unavailable or uncommon when the winery opened, such as Traminette, which was chosen by the Indiana Grape Council as Indiana's signature wine.

As new wine options become possible, Jason said, introducing new wines is a balancing act.

"People always want to know what's new, but 'Don't mess with my favorite,'" he said. "You have to straddle being original and innovative and not messing with success."

In general, Jason said, the U.S. palate is sweeter—especially in the Midwest—and Satek's best-selling wine mirrors that: 101 Lakes Red, a semi-sweet red made with a concord grape, often used in jellies, pies and candy.

atek Winery

101 Lakes Red

AMERICAN RED TABLE WINE • 750ML

His personal favorites, however, tend to be dryer, such as Satek's Kreibaum Bay Dry Rosé.

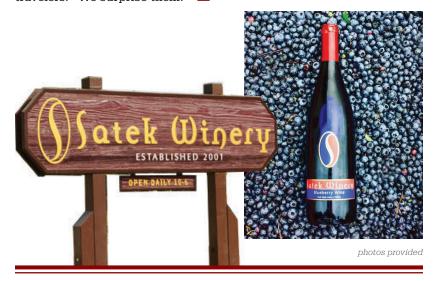
"I'm a big fan of it because it's unusual," he said. "I like interesting wines.'

Lucky for him, experimentation is what Satek was founded on.

"I like to say we have embraced my dad's scientific background," Jason said. "We are willing to experiment, and we have across-theboard quality."

Also keeping things busy? Location. Satek Winery is located next to I-80/90, the longest interstate in America, stretching from Boston to Seattle, and it is the last exit before Ohio and Michigan.

"A free tasting and a bathroom pulls a lot of people," he said of travelers. "We surprise them."



Resources:

Satek Winery, Fremont, 260.495.9463, satekwinery.com





Fort Wayne Boat Show & Sale

By Ray Balogh

More than 60 exhibitors from Indiana and Michigan will offer products, services and financing at the 38th Fort Wayne Boat Show and Sale, Thursday through Sunday, Feb. 14-17, at the Allen County War Memorial Coliseum.

On display will be boats, personal watercraft, accessories, piers and other nautical amenities, available at incredible prices with low financing and special incentives.

The family-friendly event will also feature recreational items and services, such as wet suits, skis, water toys, outboard motors, electric boats, lifts, piers, docks, boat covers, boat repair and upholstery, scooters, golf cars and patio furniture and accessories.

Additional highlights of the boat show include representatives of HOME Living who will be on hand to greet visitors and hand out free issues of the monthly magazine.

Show hours are 3 p.m. to 9 p.m., Thursday and Friday; 11 a.m. to 9 p.m., Saturday; and 11 a.m. to 5 p.m., Sunday.

Admission is \$10 for adults, free for children 12 and under. Thursday's admission is free with a discount coupon found at www.fortwayneboatshow.com or \$2 from 3 p.m. to 6 p.m. and \$10 from 6 p.m. to 9 p.m. without a coupon.

The Indiana Department of Natural Resources will conduct a water safety class for the public, ages 13 and older, from 9 a.m. to 3 p.m. Saturday, Feb. 16. Doors open at 8:30 a.m. Participants may register at the

DNR booth during the boat show or may sign up online at www.register-ed.com/ programs/indiana/agency:25.

The class will provide general information concerning boats and maintenance, what to do in emergencies, how to make your experience safe and enjoyable and the laws pertaining to watercraft operation. For more information, call the DNR at 260.244.3720.

For more information on the Boat Show event, visit fortwayneboatshow.com.





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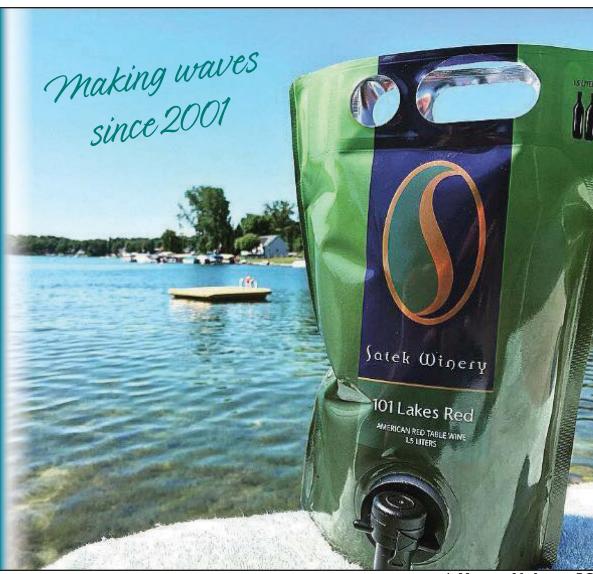
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satekwinery.com





By Deb Gerbers

February is American Heart Month—a whole month dedicated to raising awareness about heart disease, the No. 1 cause of death in women. In order to spread awareness and provide information to local women, the Northeast Indiana Chapter of the American Heart Association is holding its annual Go Red For Women Luncheon on February 6. And it's not just about wearing red that day—it's about helping educate the community about heart disease and its detrimental impact.

The Go Red for Women luncheon is the cornerstone event of the Go Red For Women movement in local communities. This event focuses on preventing heart disease and stroke by promoting healthy lifestyles, building awareness and raising critically needed funds to support research and education initiatives. Cardiovascular diseases, which include stroke, claim the lives of women nearly each minute of every day. The organization strives to spread awareness for prevention of

Go Red For Women is an annual event created 15 years ago, and over the years the campaign has grown into a movement that has been dedicated to helping women all over the world unite to force change to reduce heart disease and stroke. Go Red For Women helps women and their loved ones to lead healthier lives and drive collective action for community transformation. The campaign is committed to:

- Providing women with opportunities to prioritize and take charge of their own health;
- Building communities that support and provide access to healthy choices:
- Demanding equal access to healthcare for all women and their
- Increasing women in STEM in upcoming generations.

Florence Bear, Northeast Indiana Corporate director of the American Heart Association in Fort Wayne, has a passion for reaching women and educating them about the health risks associated with stroke and heart disease.

"We encourage women to be in tune with their bodies," said Bear. "Don't be afraid to ask questions, get tests—we want to empower women to be in charge of their own health."

Bear emphasizes signs and symptoms of stroke may vary and might not be ones we have been trained to look for. "It may be as simple as an eye twitch or facial tick," she explained. "Sometimes we may be in tune to the signs we need to look for. Our organization aims to raise awareness about heart disease, the number one killer of women in the United States." 1

Fort Wayne Go Red for Women Luncheon Wednesday, Feb. 6 ~ 10:30 a.m. - 1 p.m. Parkview Mirro Center for Research & Innovation Facebook.com/events/1867129170069747/

2019 GO RED FOR WOMEN® LUNCHEON

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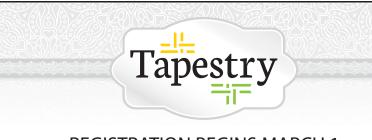
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The Importance of Home Inspections

Are you getting ready to purchase a home? Don't skip the home inspection—it can help you avoid a costly mistake by purchasing a property in need of major repairs. Here are five key reasons to have a home inspection.

- 1. Don't judge the home by the façade Even a new home can have some major structural issues. A home inspection protects you from making a big mistake on one of your biggest investments.
- 2. Save money Inspection costs vary, ranging from \$300-\$500, but are well worth it in the end if in a few years you find yourself rewiring your entire house.
- 3. Seller's repairs Not only will an inspection possibly help you negotiate a lower price on the home, it gives you leverage to request that the seller make repairs before any money is exchanged.
- 4. Know what you are buying The most important reason to have a home inspection is to know what you are buying. The more you know, the fewer surprises you will encounter down the road.

*rates effective as of February 2019 issue publishing date



REGISTRATION BEGINS MARCH 1

MAY 3, 2019

pfw.edu/tapestry | 260-481-6854 | tapestry@pfw.edu Allen County War Memorial Coliseum | Fort Wayne, IN 7:30 a.m.-4 p.m.



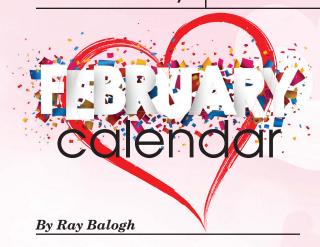
KEYNOTE SPEAKER

ELIZABETH VARGAS

Award-winning anchor and correspondent Elizabeth Vargas has covered news stories and conducted interviews around the world. She is also the author of the bestselling Between Breaths: A Memoir of Panic and Addiction. Vargas currently hosts A&E Investigates.







ORT WAYNE: Botanical Conservatory

- "Hundred Acre Woods" Winter Exhibit (through April 21), regular admission
- "Send a Card," 6 p.m.-7 p.m. Thursday, Feb. 7, \$1
- "Pooh Day," 10 a.m.-5 p.m. Saturday, Feb. 9, regular admission
- Couple's Forest Bathing Walk, 9:30 a.m.noon Saturday, Feb. 16, \$42 per couple
- "Grow Your Own: Cole Family Crops," 10 a.m.-noon Saturday, Feb. 16, \$16
- Garden Preschool, 10 a.m.-11 a.m. Tuesday, Feb. 19, \$6
- "Garden Close-Up: Tiny Pines," 11 a.m.-1 p.m. Saturday, Feb. 23, regular admission
- "The Great Train Connection," 10 a.m.-5 p.m. Saturday, Feb.23 and noon-4 p.m. Sunday, Feb. 24, regular admission Adults \$5, children (3-17) \$3, children (2 and

under) free. 10 a.m.-5 p.m. Tuesday through Saturday, 10 a.m.-8 p.m. Thursday, noon-4 p.m. Sunday, Botanical Conservatory, 1100 S. Calhoun St. 260.427.6440

botanicalconservatory.org.

ORT WAYNE: Embassy Theatre

- Bizet's "Carmen" by the Fort Wayne Philharmonic, 7:30 p.m. Saturday, Feb. 2, call for ticket prices
- John Cusack Plus High Fidelity, live conversation and audience Q&A, 7:30 p.m. Saturday, Feb. 9, \$72.50/\$62.50/\$52.50/\$42.50
- "Sports Flicks Movie Series: Breaking Away," 3 p.m. Sunday, Feb. 10, \$10 general admission
- John Mellencamp, 8 p.m. Tuesday, Feb. 12, \$276 to \$351
- "The Sounds of Simon and Garfunkel" by the Fort Wayne Philharmonic, 7:30 p.m.
 Saturday, Feb. 16, call for ticket prices
- "Sports Flicks Movie Series: Hoosiers," 3
 p.m. Sunday, Feb. 17, \$10 general admission
- "Film Noir Series: Sunset Boulevard," 3 p.m. Sunday, Feb. 24, \$10 general admission
 Fort Wayne Embassy Theatre, 125 W.
 Jefferson Blvd. 800.745.3000

fwembassytheatre.org.

ORT WAYNE: Memorial Coliseum

- Fort Wayne RV & Camping Show, 11 a.m.-9 p.m. Thursday, Jan. 31 through Saturday, Feb. 2; noon-5 p.m. Sunday, Feb. 3; adults \$10, senior citizens (60+) \$6, children 5-12 \$3, children under 5 free
- WMEE Baby Fair and Family Expo, 9 a.m.-3 p.m. Saturday, Feb.9
- Fort Wayne Boat Show & Sale, 3 p.m.-9 p.m. Thursday, Feb. 14, and Friday, Feb. 15; 11 a.m.-9 p.m. Saturday, Feb. 16; 11 a.m.-5 p.m. Sunday, Feb. 17; adults \$10, children 12 and under free
- Fort Wayne Women's Expo, 10 a.m.-5 p.m. Saturday, Feb. 23

Parking \$6 main lot, \$10 preferred lot. Allen County War Memorial Coliseum, 4000 Parnell Ave. 260.482.9502

memorialcoliseum.com.

MABASH: Honeywell Center

- "The Sound of Music," 7:30 p.m. Thursday, Feb. 14, \$58/\$45/\$35
- "Howl at the Moon," dueling pianists and musicians, 7:30 p.m. Friday, Feb. 15,
 \$20 general admission
- Northeast Indiana Premier Bridal Spectacular, 1 p.m.-4 pm. Sunday, Feb. 17, \$5
- "The Official Blues Brothers Revue," 7:30 p.m. Friday, Feb. 22, \$55/\$29/\$19
- Taylor University Symphony, 10 a.m. Tuesday, Feb. 26, free admission
- Academy of St. Martin in the Fields chamber orchestra, 7:30 p.m. Thursday, Feb. 28, \$58/\$45/\$35

Ford Theater, Honeywell Center, 275 W. Market St., Wabash. 260.563.1102 honeywellcenter.org.

AUBURN: First Friday

Late night shopping, live entertainment, local culinary delights, locally crafted beverages, more. Free admission. 5 p.m.-8 p.m., downtown. 260.333.0883.

■ WABASH: First Friday

Live entertainment, food, kid's activities, shopping, evening specials and more. Free admission. 5 p.m.-8 p.m., downtown. 260.563.0975

wabashmarketplace.org.

-24 ANGOLA: Toboggan Run at Pokagon State Park

Refrigerated toboggan run operates with or without snow. \$13/hr. per toboggan. 5:30 p.m.-9 p.m. Friday, 10:30 a.m.-9 p.m. Saturday, 11 a.m.-5 p.m. Sunday, 450 Lane 100 Lake James. 260.833.2012.

-28 FORT WAYNE: Traveling Exhibitions

- 1026 West Berry Street: The Fort Wayne Art School (through Feb. 10), tour at 12:15 p.m. Thursday, Feb. 7
- Daniel Clayman: Shift (through Feb. 24)
- Stream of Consciousness: Recent Work by Bob Cross (through Feb. 24)
- American Brilliant Cut Glass: New World Innovation from 1876-1917 (ongoing)
 Adults \$8, students (pre-K through college)
 \$6, seniors (65 and older) \$6, families \$20, free admission for veterans and veterans' families, free general admission 5 p.m.-8 p.m. every Thursday. 10 a.m.-6 p.m. Tuesday, Wednesday, Friday, Saturday; 10 a.m.-8 p.m. Thursday; noon-5 p.m. Sunday (closed Mondays), Fort Wayne Museum of Art, 311 E. Main St., Fort Wayne. 260.422.6467 fwmoa.org.

VAN WERT: Jefferson Starship

Members of iconic group perform hits like "White Rabbit, "Somebody to Love" and "We Built This City." \$45/\$35/\$25. 7:30 p.m. Saturday, Niswonger Performing Arts Center, 10700 SR 118. 419.238.6722 npacvw.org.

FORT WAYNE: Mather Sunday Lecture Series

"For the Union, First, Last and Always? — Allen County During the Civil War" presented by Jane Gastineau. Free admission. 2 p.m. Sunday, The History Center, 302 E. Berry St. 260.426.2882, fwhistorycenter.com. 5, 12, 19, 26 FORT WAYNE: "Little River Ramblers"

Hike and explore the interesting plants and wildlife of Eagle Marsh. Sponsored by Little River Wetlands Project. Free admission. 9 a.m.-11 p.m. Tuesday, Arrowhead Prairie, 6801 Engle Road. 260.478.2515 info@lrwp.org, lrwp.org.

DECATUR: Artisan Craft Market

Handmade crafts, jewelry, candles, soaps, baked goods, home decor, clothing and accessories, purses, wood and metal items, paintings and prints. Breakfast and lunch available. Free admission. 9 a.m.-1 p.m. Saturday, Riverside Center, 231 E. Monroe St. chscherry@gmail.com.



FORT WAYNE: Pajama Drive and Brunch

Enjoy brunch, mimosas, live entertainment, silent auction and speakers. Event will benefit Long Term Care Ombudsman Program of Northeast Indiana, serving nursing facility residents. Free admission, but donation of new pajamas or nightgown is encouraged. Call Aisha at 260.469.3161 to register. 10 a.m.-noon Saturday, Parkview Field, 1301 Ewing St.

alaroche.ombudsman@gmail.com.

FORT WAYNE: "Flowers from the Heart"

Hand arts program on the "Language of Flowers" with a paper cutting for Valentine. \$20/person. 9 a.m.-11:30 a.m. Thursday, registration and refreshments 9 a.m.-9:30 a.m., Historic Sweeney Homestead, 1424 W. Jefferson Blvd. Call 260.432.7314 for reservations settlersinc.org.

VAN WERT: The King's Singers

Harmonious vocal group formed by six choral scholars from King's College in Cambridge performs during its 50th anniversary tour. \$45/\$35/\$25. 7:30 p.m. Saturday, Niswonger Performing Arts Center, 10700 SR 118. 419.238.6722 npacvw.org.

FORT WAYNE: Detox Program Kick-Off

Experience improved energy, weight loss, mental clarity, better digestion and healthy skin with guided 7-day science-based detox program. Free admission. 6:30 p.m. Thursday, Fort Wayne Custom Rx, 425 E. Dupont Road. RSVP to 260.490.3447 by Feb. 15.

VAN WERT: Candid Camera

Current host Peter Funt combines clips from the show's eight decades with on-stage surprises and hilarious audience participation. \$30/\$25/\$20. 3 p.m. Sunday, Niswonger Performing Arts Center, 10700 SR 118, Van Wert. 419.238.6722 npacvw.org.



February Books

By Steve Penhollow

An unseasonably warm January in Indiana doesn't guarantee an unseasonably warm February.

Regardless of how the month turns out this time around, February is always a good time to brush up on your life skills.

Here are two new books that will allow you to do that.



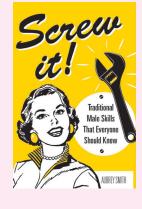
The Martha Manual: How to Do (Almost) Everything

By Martha Stewart

Houghton Mifflin Harcourt \$35 ISBN-10: 1328927326 ISBN-13: 978-1328927323

"The Martha Manual" is a manual for doing...well, everything. Almost everything, at any rate. Toilet fixing, folding fitted sheets and embroidering pillows are just

three of the subjects covered in its 400 pages. Who else but Martha Stewart would attempt such a wide-ranging compendium of domestic know-how? A book like this might seem quaint in the internet age. But given how unreliable some digital instruction is, perhaps it is best to rely on the paperbound wisdom on someone like the fastidious Stewart? Just about everything you would want or have to do is covered in this volume. Stewart provides here simple, easy-to-follow instructions for doing repairs, sprucing up, gardening, baking, making crafts and folding flags.



Screw It!: Traditional Male Skills That Everyone Should Know

By Aubrey Smith Skyhorse \$14.99 ISBN-10: 1510733981 ISBN-13: 978-1510733985

There is a widespread perception that the do-it-yourself impulse is fading with each successive generation that people would rather pay professionals to do most things that need

doing in and around the home. Whether this is true or not, books like "Screw It!" are an antidote. It is a sequel of sorts to Sarah Williams' "Darn It!: Traditionally Female Skills That Every Man Should Know." Smith and Williams are husband and wife. True to its cheeky title, "Screw It!" provides instruction for accomplishing tasks from American life that have traditionally fallen to the man, including changing car tires and building campfires.



The 46th annual Fort Wayne Home & Garden Show is going to the dogs – a team of high-energy, highly entertaining disc and trick dogs, that is.

Elite Performance K9s will be featured at this year's Home & Garden Show, scheduled for Thursday, Feb. 28, through Sunday, March 3 at Allen County War Memorial Coliseum. The talented Indianapolis-based canine troupe that appears throughout the US will thrill with their skills at 12 noon, 3 p.m. and 6 p.m., Thursday through Saturday, and at 12 noon and 3 p.m. on Sunday. All performances will take place in the Family Fun Area and are free with Home & Garden Show admission.

Elite Performance K9s join other special features, presentations by Master Gardeners, Family Fun Area vendors and over 650 exhibitors showcasing the latest and greatest products for home interiors and outdoor living areas. An anticipated 50,000-plus guests of all ages will be educated and entertained by attractions they'll find in every aisle.

"The Home & Garden Show is one of the Tri-State area's most popular annual events," said Karen Tejera, owner of Fort Wayne Shows Inc., producer of the Fort Wayne Home & Garden Show. "We've worked an entire year to put together this year's edition, with so much to see and do, learn about and incorporate into your own environment.

"Our guests will find brand new features, glorious gardens, knowledgeable experts and lots of family fun," she continued.

Among products and services on display will be items for kitchen, bath, exterior landscaping, interior décor, windows, siding, roofing, gutters, patios, decks, driveways and more. There also will be a bounty of cashand-carry items for in-show shopping.

Additional special features will include a giant sand sculpture created in the Garden Gallery during the show by eight-time Guinness World Records-holder Ted Siebert, plus presentations on gardening in Indiana and the Midwest by Jo Ellen Meyers Sharp, aka The Hoosier Gardener.

The much sought-after "Show Bucks" return - every hour a random winner is selected to receive \$100 in Show Bucks, which can be used to purchase items at the show from participating exhibitors.

The Family Fun Area also returns to delight young and young at heart. Themed "Fairy Tales," the area features hands-on activities, displays, demonstrations, exotic animals, adoptable animals - and the Elite Performance K9s.

Show hours are Thursday and Friday, 11 a.m. to 9 p.m.; Saturday 10 a.m. to 9 p.m., and Sunday 11 a.m. to 5 p.m. General admission is \$10; seniors (62+), \$6; children under 15, free. Parking is \$5 per vehicle in convenient Coliseum lots. Visit www.home-gardenshow. com to save \$2 on general admission tickets and for additional show information.

Presenting sponsor of the Fort Wayne Home & Garden Show is Windows Doors & More.

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Allen County War Memorial Coliseum

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Sand Sculptors

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An ongoing, daily sand build in the Garden Gallery





Photo by Rob Banayote

Hoosier Gardener

Jo Ellen Meyers Sharp — from Indianapolis is a confessed hortiholic and considers herself a seat-of-the-pants, trial-and-error kind of gardener. Learn about your landscaping, garden and plants, what to do when, advise, problem solving and more.

Appearing daily in the Appleseed Room

Allen County War Memorial Coliseum

Show Hours

Presented by

Thurs, Fri: 11 a.m. - 9 p.m. Sat. 10 a.m. - 9 p.m. Sun. 11 a.m. - 5 p.m.

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painting, balloon designs and more!

TicketsAdmission at door

Adults \$10, Senior Citizens (62 & older) \$6 Under 15 admitted FREE Thursday & Friday only, get an additional \$1 off with your canned food donation. Proceeds will go to Community Harvest Food Bank.

The Fort Wayne Home & Garden Show is a proud supporter of Cancer Services of Northeast Indiana www.cancer-services.org



For more information, event and program schedules, visit www.home-gardenshow.com







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