FREE January 2019

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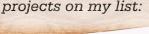
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### welcome! from the editor

For some, New Year's Day may be like any other day, but for me, it has always meant a chance to take stock of where I am and where I want to be for the coming year. In addition to my self-improvement resolutions, for 2019, I have

a lot of home-related resolutions and





- I. Spruce up the landscaping
- 2. Build a deck in the backyard
- 3. Organize the garage
- 4. Add storage solutions to the attic and basement 5. Finish the basement bedroom build out
- 6. Revamp the porch decor

Whew, looking at this list, it seems my husband and I will be busy! What do you have planned for your home in 2019? I would love to hear from you-or better yet, I'd love to see pictures of your projects as you go. Email me anytime at ambouthot@the-papers.com.

Don't forget, for 2019, we have resurrected our Reader Scrapbook feature. This is a page dedicated to your photos, whether it's a picture of a plant you grew or a home improvement project you completed, we want to see it! Send them in anytime and you may see them featured in an upcoming

I hope 2019 brings you much joy.





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EDITORIAL CONTRIBUTIONS Editorial suggestions are welcomed, and the executive editor is usually in a good mood, so please share! Feel free to send comments directly to her at ambouthot@the-papers.com. Even if she's in a bad mood, hearing from readers brightens her day (sshhh... and we thank you!).

Thank you for reading and we look forward to hearing from you soon. We warmly welcome you HOME.

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## 2019 Color Trends -Interior and Exterior

By Lauren Caggiano

Color is one design element that can turn up the volume on a home's presentation, both inside and out. What's on-trend for 2019? Local pros weigh in on the hottest looks.

chutteretock com

As far as exteriors go, Jeanne Dick with Baker Dick Design said, grey is past its prime.

"Because the market has been saturated (with grey interiors), it becomes a dated look... i.e., the honey oak of the '70s," she said. "It pigeonholes a spot in time and you can relate it to a trend of yesteryear."

White walls are having a moment, thanks to the modern farmhouse trend that's been popular for a few years.

"It's a nice, fresh look and there are a million whites to choose from," Dick said. "It does make warming up the home a greater challenge, but it can be a great, simple, clean look."

Still, Dick said there are no hard and fast rules when it comes to color. Each can evoke an emotional response, subjective to the individual. That's why she advises homeowners to brush up on the basics of color psychology.

The same goes for how we perceive sense of space.

"If we paint our public space all the same color (not necessarily the same value of that color), then we avoid a foreshortening of our space," she said. "When our eyes don't have to stutter or readjust to a different hue/color, our spaces can flow into each other and it simply feels larger."

Speaking of drawing interest, Dick said homeowners can't go wrong with "the easy, comfortable beiges, browns, greens, blues and whites."

Archie Zehr with Maumee Paint & Supply is in agreement, noting that white trim is still the norm.

But how should the exterior relate to the inside?

"There is a feeling of harmony when the exterior of a home hints at what is to be found when the door opens," Zehr said. "There can be a certain dichotomy created when the exterior style and interior styles

aren't congruent. To a certain degree, that is also true with colors.... but mostly with styles."

That said, homeowners should allow the design elements to inform the overall vibe of a room.

"A printed fabric, maybe a pillow, maybe a chair...maybe even a piece of art can and should dictate the entire room," Dick said. "It can tell you what the floor should be, what the other upholstery should be, and most definitely, what the wall color should be. Our wall colors should always be chosen last!"

#### 2019 Top Interior Colors, according to Consumer Reports

- Benjamin Moore: Metropolitan AF-690- stylish grey with cool undertones
- Clark+Kensington: Stainless Steel 37B-4- similar to periwinkle to brighten a space
- HGTV Home by Sherwin-Williams: Reflecting Pool HGSW2324greenish-blue, soft and calming
- Behr: Blueprint S470-5- warmer than denim, but softer than navy
- PPG Diamond: Night Watch PPG1145-7- a classic shade of green
- Valspar: Orange Slice 2002-1B- a zesty orange
- Sherwin-Williams: Cavern Clay SW7701- a warm terra cotta

#### **Resources:**

Baker Dick Design, Fort Wayne, 260.417.1731

Maumee Paint and Supply, Fort Wayne, 260.490.8656, maumeepaint.com







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#### By Amber Bouthot

The start of a new year brings with it many weight loss and fitness resolutions. Sadly, by the end of January, many of those good intentions have been abandoned. In order to make a lasting change to your overall health, one must embrace a lifestyle change—and a good step towards that is dedicating space in your home for fitness.

Sherri Mann of Summit City Bicycles and Fitness weighed in on what you need to consider to get started. Summit City Bicycles and Fitness has been providing fitness solutions for over 40 years. The staff is passionate about providing a fun and educational shopping experience—one where customers can ask questions to help determine the right products for individual fitness goals. They offer a chance to try before you buy—ensuring that your purchase is an investment in yourself and your loves ones.

The retailer has a large variety of equipment to include in a home work out space—the most requested are treadmills, stationary bikes, elliptical machines, rowers and home gyms. Another hot item has been the smart trainer, which can turn your existing bicycle into an exercise bike that utilizes app-based programs to simulate various realistic riding terrains.

Mann suggested that anyone looking to purchase home exercise equipment speak with a health care provider to discuss any goals or limitations. Determining what kind of equipment to purchase depends on an individual's goals. For example, if you were looking for rehabilitation at home, Mann would recommend a recumbent bike or a dual action upright style bike for a low intensity work out. If a higher intensity workout is desired, a spin bike may be the solution.

There are endless options available, so speaking to a professional can go a long way in helping you design a workout space right for you.

#### Resource:

Summit City Bicycles and Fitness, Fort Wayne, 260.484.0182, summitcitybikes.com



## Contemplate before you renovate What you need to know when considering a major remodel

#### By Julie Young

A major remodel is a massive undertaking every minor detail is a major decision, and home owners need to do their homework before tackling a big project.





#### **Quick tips for** surviving a major home remodel

- Develop an idea of what you want to accomplish.
- Make a list of your wants and needs
- Find a contractor who meets your needs and budget.
- Keep the lines of communication open
- Be flexible and prepare to live with some inconvenience.
- Create a safe haven to get away from the noise and chaos.

#### Resource:

Four Seasons Design & Remodel, Angola, 260.665.2772, craftsman-design.com

Lou Salge, vice president of Four Seasons Design & Remodel, said it's important to have a clear vision of what you hope to accomplish with your project. Are you adding a room or updating a kitchen? Are you looking to make basic changes, or is the goal extravagance? The more information you can provide your designer or contractor, the better the result will be.

"You can find plenty of inspiration on a variety of websites, such as Houzz, Porch and Pinterest," Salge said. "Also, Home Advisor can give you a good idea of what your type of project will cost in your area so you won't have sticker shock when you hear the estimate."

As you work toward finding the perfect designer or contractor who will give you the result you want for the price you can afford, it is vital to find someone with whom you can develop a relationship. Remember: You will be working with these people on a regular basis over the next few

weeks and months, so it only makes sense to get along with them.

"They really become like an extended houseguest or a family member, so you want to make sure that, in addition to them being competent and capable, their personality meshes with yours. It won't be a pleasant or enjoyable experience if you can't stand your contractor," Salge said.

Decide what, if anything, you want to do yourself in order to keep costs down. Some homeowners may opt to do their own painting while others are eager to install flooring. Discussing these plans with your contractor will help forestall any conflicts and insure that you don't get in each other's way once the project commences. Remember: You are on the same team.

Homeowners must also be flexible and prepare for the interruptions and disruptions that come along with a project of this magnitude. While you may have planned everything down to the last nail, bolt and screw, even the best intentions require adjustments.

"If you have confidence in your contractor, then you can trust that they won't steer you wrong," Salge said.

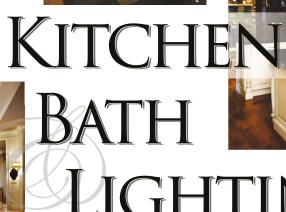
And while crews strive to clean up after themselves, control dust, debris and other inconveniences, construction is a dirty process, but the result will be worth it.

"Anything worth doing is worth doing right, but if you keep the process moving smoothly, trust in the competency of your contractor, and keep the lines of communication open, you will be happy," Salge said.









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# How to buy a house

#### by Rod King

Navigating the maze that is home buying is not as easy as it may appear on the surface. Broker/Realtor Cassidy Stier, of Rockfield Realty Group, is quick to point out the importance of having representation when purchasing a home. Knowing the ins and outs of mortgages, title insurance and how to arrange for an inspection are just a few of the things a realtor can guide clients through that can ease the stress of the home buying experience.



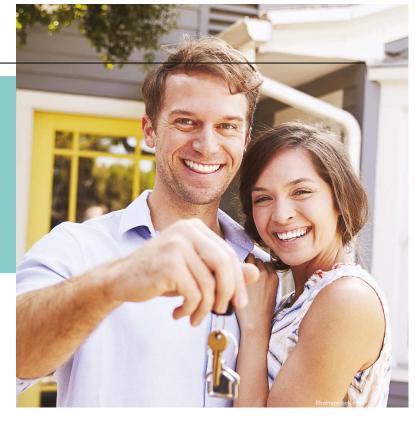
"Great credit is extremely important," said Stier, "but clients can get approval with less than an A-plus rating. I'll steer them to a mortgage firm that will want to know if they have steady employment and how much debt they have before giving them a pre-approval letter. Once I know how much they can afford, we can begin visiting homes.

"I hate to have clients fall in love with a house and then discover they can't afford it. Many first-time buyers want a four-bedroom house when a three bedroom will actually fit their budget," she said. "I emphasize that they consider their initial

purchase as a transition home that they can move on from in four to five years.'

Stier said she likes to let clients have time to walk through a house and investigate on their own. "I watch their reactions before pointing out positives and negatives and getting into tax records and the appraisal, and whether the seller is willing to pay for the inspection and title insurance. Then I ask them to give me their evaluation of the home on a scale of one to ten. This helps me when looking for other houses to show them."

For clients with a home to sell, she'll contact the mortgage company to learn if they would be able to carry two payments and offer to list their present home. "If that's a problem, I advocate getting a solid offer on their present house before making an offer on a different house," she explained, "In this market, houses are selling quickly and some sellers are even getting multiple offers.





"Finding the right home may involve viewing a lot of houses. My job is to get the best home for my client's money," she added.

Loan consultant Shelly Gray of Caliber Home Loans said: "The last thing we want to do is set people up to fail. We require loan applicants to show their last two W-2 forms, a couple recent pay stubs and a bank statement. This will show us how much house they can afford and how much we can loan them.

"Many come in with a set amount they think they can pay and exactly what kind of house they want. That's nice,

but most don't realize there are many things involved and don't have a clue about where to start. I act as their advocate and represent them throughout the process. Once a house is chosen, we examine the appraisal. Then we'll check the taxes and find out about the insurance. Inspections are not required on conventional loans, but may be for FHA, VA or USDA loans. I'll steer them to the loan with the best price through our many products."

Gray also pointed out the importance of being represented from start to finish with a loan consultant and a realtor. "Things will simply go smoother and they'll help the client avoid a myriad of pitfalls," she said. "I will be at the closing with them and continue to service them after the loan has been finalized and they take possession of the house. And, I'll be their resource as long as they own the house, and hopefully for their next one."

photos by Rod King

#### Resources:

Caliber Home Loans, Fort Wayne, 260.519.3235, caliberhomeloans.com Rockfield Realty Group, Leo, 260.515.0447, rockfieldrealtygroup.godaddysites.com

## The 2019 Home Maintenance

### Master List

It is difficult to stay on top of home maintenance, but as a responsible homeowner, taking care of your investment is a must. We put together this 2019 Home Maintenance Master List to make things a little easier. Print it out and keep it where you can view it often. There's nothing more satisfying than marking things off.



#### Monthly -



- 🖵 Snake and clean all drains as necessary—tubs, showers, and sinks to avoid costly problems
- Check heating, ventilation and air conditioning, or HVAC, filters and change as necessary to keep things running efficiently.
- $\square$  Clean your dishwasher screen to get rid of trapped food particles that can block water flow.
- Wash out and disinfect trashcans to avoid odors.
- 🗖 Examine your utility bills for major spikes in usage; it could be a sign of an issue or that you need to adjust your habits.
- lacksquare Check the water softener and replenish the salt as necessary.
- Test smoke alarms, carbon monoxide detectors and fire extinguishers.

#### Winter.



- Inspect the roof, gutters and downspouts for damage or debris after snowstorms.
- Check the basement for water leaks during thaws.
- Clean refrigerator and freezer drip pans, and vacuum coils.
- Clean the kitchen exhaust hood and air filter of build-up. You'll be using your stove and oven a lot more during the holidays.
- Check your water heater for leaks and pressure issues. Consider installing a leak detector to prevent costly flooding damage.
- Vacuum bathroom exhaust fan grill.

#### Summer



- ☐ Check play equipment for damage, and repair if
- ☐ Inspect your wood deck or concrete patio for deterioration. Reseal your wood deck to extend its life and prevent water damage.
- ☐ Hire an arborist or tree trimmer to remove damaged or dead trees that might fall on or near your home.
- Examine exterior siding for chips or damage, and repair
- Check window and door locks to ensure they lock properly.
- Check your home for water leaks and/or damage.
- Clean kitchen exhaust fan filter.
- ☐ Prune trees and shrubs.

#### Spring



- Check for damage to your roof from winter storms. During the spring and summer, get your roof inspected after major storms or hail to check for damage.
- Blow out your sprinkler systems and restart outdoor water sources
- Uncover and check all exterior faucets for leaks or damage.
- Have an HVAC professional inspect and maintain your air conditioning system.
- Examine and replace extension cords that have become worn or damaged to avoid electrical fires.
- Repair cracked, broken or uneven driveways and walkways to prevent trips and falls.
- Check the shutoff valve at the water main and each plumbing fixture to make sure they work and aren't leaking.
- 🖵 Clean lint buildup from the clothes dryer exhaust duct, damper and space under the dryer to prevent fires.
- Have your garage door serviced.
- Clean windows and door screens.
- Polish wood furniture
- Dust light fixtures.
- Fertilize your lawn.

#### Fall -



- ☐ Drain sprinkler systems and other outdoor water sources and cover outdoor pipes to prevent freezing.
- Mow and rake your lawn, and winterize your garden. Bring plants in during cold spells to prevent frost damage.
- Rake leaves and aerate your lawn. At the end of the season (and before snow falls), clean the gutters.
- Clean the interior of major kitchen appliances before the holidays. Empty gas-powered lawn equipment of fuel to avoid damage.
- lacksquare Hire a certified chimney sweep to inspect and clean flues and vents.
- Re-caulk/seal around doors and windows to keep cold air out.
- Protect your air-conditioning unit with a waterproof cover.
- Clean lint buildup from the clothes dryer exhaust duct, damper and space under the dryer to prevent fires.
- ☐ Have your HVAC system inspected and serviced by a professional.
- Power wash windows and siding.



#### By Haiden Steingass

Whether you're hoping to keep pests away or maintain your garden during the frigid temperatures, building a greenhouse offers a safe, controlled area for your plants to grow all year long—not to mention, it can serve as a serene backyard getaway. But before you fill your shopping cart with seeds, shovels and shelves, consider these five tips to get started with your greenhouse.



Make a plan. Blindly creating a greenhouse with no real plan in place is a surefire way to end up with a backyard mess. Before all else, decide what your budget will be, as well as a realistic timeline to complete the project.

Next, pick the best location for the greenhouse. Will it be attached to your home or freestanding, several yards away? Regardless of where you put it, make sure the area gets plenty of sun. If you will need electricity or a water supply in your greenhouse, be sure the area you select supports it.

Select a structure. You can buy smaller. pop-up greenhouses that require little

assembly from the big box stores or other specialty gardening sites. But if you're up for the challenge of building your own, you'll have to decide what kind of frame to go with, as well as an appropriate cover, door and

Once you have the outer shell of your greenhouse built, you'll need to choose what should go on the inside. Before you choose the plants, think about the logistics—the layout, the temperature control systems, the watering system and the lighting. If your structure supports it, you should include a vent or ceiling fan for when the greenhouse



gets too hot, as well as a source of heat for the wintertime. Once those bases are covered, you can start to think about the fun part—the garden!

Choose your plants—flowers, greenery, fruits and veggies—whatever your heart desires

Once you know what types of plants you want in your greenhouse, you'll have a good idea of what pots, containers, shelving and seed-starting trays you'll need to buy to create the ultimate set-up for your plants to thrive in. Don't forget the fertilizer, potting soil and mix, and pest killer, too.

If you plan to create your greenhouse during this time of year, opt for plants that can thrive in colder temperatures, even if your greenhouse is heated. We love seeing veggies like lettuce, broccoli, peas, carrots and spinach, as well as fruits like strawberries, blueberries and grapes. Herbs and ornamentals like pansies, ferns, geranium and petunias are popular greenhouse plants, too, and if you're in the mood to be creative, add a row of cacti, as well as some colorful tulips and orchids.

All images shutterstock.com

## T SNOW READ

By Erin Dozois

Bing Crosby might've dreamed of a white Christmas, but when it's over all we're left with are three grueling months of a midwestern winter. Is your home prepared to withstand it? The following checklist can help you protect your warm and cozy shelter against the elements.

Check your home's heating and air conditioning system. Change filters at the very least. The last thing you want is a broken furnace on a frigid winter day.

Paint, caulk and seal exterior wood. The trim around doors and windows will begin to rot if not properly prepped for winter.

Seal concrete and asphalt surfaces. This will ensure water won't seep into cracks and expand when it freezes.

Clear out gutters. When they get backed up, water runs down your home, speeding up the deterioration of your exterior.

Clean your chimney. Consider hiring a chimney sweep to inspect your chimney and ensure it's safe to use. Carbon monoxide build up can be a silent killer.

Test smoke and carbon monoxide detectors. Make sure they are working and have

good batteries. House fires occur the most in the wintertime

Drain outside faucets and sprinkler systems. Investing in a professional winterizing is much cheaper than replacing a bunch of broken lines next spring.

Prevent ice dams. Warm, rising temperatures can melt and refreeze ice and snow on your roof, weakening it and putting your home at risk.

Assess your trees. Also take note of any dead and breaking branches that might fall on your house during an ice storm.

Cover patio furniture. Wait for a clear, warm day to cover them up so as not to trap moisture underneath.

Drain the gas out of your lawn care equipment. Gas can go bad, gunk up fuel filters and cause machines to run poorly come spring

Protect against pests. These typically come in the form of squirrels and birds. Secure gable vents and check for any other places that animals can enter.

Do an energy audit. Inspect your home for leaks and drafts. Common culprits are windows, doors, vents, fans, plumbing, air conditioners, mail chutes and electrical and gas lines. Use weather stripping and spray foam insulation to keep your home warm and

Mow your leaves. They will gradually decompose and nourish your lawn over the

Get out that snow blower. Fire it up and see if any repairs are needed before the first big snow hits.



## Warm & Cozy Taco Soup

Submitted By Mary Lester, HOME Living graphic designer

If you are like me, the holiday season wore you out; so simple, flavorful meals rule dinnertime this month. This dish will keep you warm and cozy, so make it often throughout the winter months.



#### **Ingredients**

- 2 lbs. hamburger
- 1 medium onion
- · 4 tablespoons taco seasoning (homemade recipe below)
- 2 packets dry Ranch dip mix
- 2 10 oz. cans Rotel tomatoes & green chiles
- 1 14.5 oz. can diced tomatoes
- 1 15 oz. can tomato sauce
- 2 16 oz. cans pinto beans
- 1 can dark red kidney beans
- 1 can light red kidney beans
- 2 15 oz. cans corn
- 1 box beef broth 2 lb.

#### **Directions**

Brown hamburger and chopped onion in a large dutch oven pan. Drain. Add taco seasoning and ranch mix to meat mixture and stir. Add in remaining ingredients, stir and heat through.



#### **Homemade Taco Seasoning**

Add 2-3 tablespoons to whatever you're making.

1 1/2 cups chili powder 1/4 cup oregano 1/4 cup garlic powder 1/2 cup black pepper

1/4 cup onion powder 1/2 cup cumin

1/4 cup red pepper flakes 1/8 cup salt 1/4 cup paprika

Combine all ingredients and store in an airtight glass container.

Do you have a recipe you'd like to share? Email Amber at ambouthot@the-papers.com and it may be featured in an upcoming issue!



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## reader dig at HOME Amazing Playhouse

By Amber Bouthot

Every month, we will highlight reader-submitted photos of projects they've completed. We know you put a lot of time and effort into your home—whether you own or rent. We want to see your projects and share them within the pages of our magazine. If you've recently completed a project, we want to hear from you. It can be something as simple as a craft project or as large as a home addition. If you did it vourself, it can be featured.









Shout out to Jim and Monica Davis who built this amazing playhouse inspired by a Pinterest post.

Here's what Jim had to say about the project:

- 1. What was your inspiration for the project? My wife saw something similar on Pinterest and asked for it for her birthday/Mother's Day.
- 2. How long did it take from start to finish? 3 weeks
- 3. Was it easier or harder than you expected? Just about what I expected. I couldn't see paying for a pattern. It was easier to just draw inspiration from the photo.

- 4. What was the total cost of project? \$425
- 5. What did you like best about this undertaking? Happy wife - happy life. She really wanted it for the grandkids. They love it.
- 6. What was most challenging? No question- the 4 rounded corners.

It was quite an accomplishment getting the camper from inside our barn and out to its final resting area. It is very heavy. The camper is really an attention getter in our yard.

photos submitted by Jim and Monica Davis



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By Ray Balogh

#### -31 FORT WAYNE: Botanical **Exhibitions**

- "Victorian Holiday" Christmas Exhibit (through Jan. 6)
- "Hundred Acre Woods" Winter Exhibit (Jan. 12 through April 21) DESCRIPTION. Adults \$5, children (3-17) \$3, children (2 and under) free. 10 a.m.-5 p.m. Tuesday through Saturday, 10 a.m.-8 p.m. Thursday, noon-4 p.m. Sunday, Botanical Conservatory, 1100 S. Calhoun St. 260.427.6440

botanical conservatory.org.

#### -31 FORT WAYNE: Traveling **Exhibitions**

- Medieval to Metal: The Art and Evolution of the Guitar (through Jan. 6)
- · Reclamation: The Art of Lucien Shapiro, Ben Venom, and Ravi Zupa (through Jan. 27)
- 1026 West Berry Street: The Fort Wayne Art School (through Feb. 10)
- Daniel Clayman: Shift (through Feb. 24)
- American Brilliant Cut Glass: New World Innovation from 1876-1917 (ongoing) Adults \$8, students (pre-K through college) \$6, seniors (65 and older) \$6, families \$20, free admission for veterans and veterans' families. 10 a.m.-6 p.m. Tuesday, Wednesday, Friday, Saturday; 10 a.m.-8 p.m. Thursday; noon-5 p.m. Sunday (closed Mondays), Fort Wayne Museum of Art, 311 E. Main St. 260.422.6467 fwmoa.org.

#### , 3 WABASH: Free Movies for **Winter Bash**

- Wednesday, Jan. 2, "Hotel Transylvania 3"
- Thursday, Jan. 3, "The Incredibles 2"

Free admission. 2 p.m. and 7 p.m., Ford Theater, Honeywell Center, 275 W. Market St. 260.563.1102 honeywellcenter.org.



#### **AUBURN: First Friday**

Late night shopping, live entertainment, local culinary delights, locally crafted beverages, more. Free admission. 2019 5 p.m.-8 p.m. Friday, downtown. 260.333.0883.



#### **WABASH: First Friday**

Live entertainment, food, kid's activities, shopping, evening specials and more. Free admission. 5 p.m.-8 p.m. Friday, downtown. 260.563.0975 wabashmarketplace.org.



#### **WABASH: "American Girl Live!"**

All-new musical about a sleepover camp featuring iconic American Girl characters. Sponsored by Tiny Threads Children's Boutique. \$78 VIP/\$39/\$28. 7:30 p.m. Friday, Ford Theater, Honeywell Center, 275 W. Market St. 260.563.1102 honeywellcenter.org.

#### DECATUR: Flea Market

Nearly 100 indoor vendors, hot food available. Sponsored by the Adams County Coin Club. 8 a.m.-3 p.m. Sunday, Riverside Center, 231 E. Monroe

St. (Highway 224 East) Contact Carla at 260.517.8182



facebook.com/decaturindianafleamarket.

#### **FORT WAYNE: Mather Sunday Lecture Series**

"Susan Man McCulloch: Heirloom Fruits and Traditional Recipes" presented by John Beatty. Free admission. 2 p.m. Sunday, The History Center, 302 E. Berry St. 260.426.2882 fwhistorycenter.com.

#### FORT WAYNE: "Breakfast on the Marsh: Legacies"

Betsy Yankowiak, director of preserves and programs, will highlight the major accomplishments in 2018 and take a look at what to expect in 2019. For 50 years and older. A light breakfast will be served. Call to preregister. Free admission. 8:30 a.m.-9:45 a.m. Thursday, Indiana Wesleyan Education & Conference Center, Room 102/104, 8211 W. Jefferson Blvd. 260.478.2515

info@lrwp.org, lrwp.org.

#### **DECATUR: Artisan Craft** Market

Handmade crafts, jewelry, candles, soaps, baked goods, home decor, clothing and accessories, purses, wood and metal items, paintings and prints. Breakfast and lunch available. Free admission. 9 a.m.-1 p.m. Saturday, Riverside Center, 231 E. Monroe St. chscherry@gmail.com.

#### **FORT WAYNE:Fort Wayne** Philharmonic: Petroushka

Stravinsky's brilliant ballet burlesque includes "The Sorcerer's Apprentice" popularized in the 1940 Disney classic film "Fantasia." Call for ticket prices. 7:30 p.m. Saturday, Fort Wayne Embassy Theatre, 125 W. Jefferson Blvd. 800.745.3000 fwembassytheatre.org.

#### WABASH: VoicePlay

Full stage show of vocal music with amazing and humorous harmonies and inventive and hilarious on-stage theatrics. Presented by Parkview Wabash Hospital. \$78 VIP ticket/\$39/\$28. 7:30 p.m. Saturday, Ford Theater, Honeywell Center, 275 W. Market St. 260 563 1102

honeywellcenter.org.

#### FORT WAYNE: Bob Seger

American singer-songwriter, guitarist and pianist, one of the world's best selling artists of all time, member of rock and roll and songwriters halls of fame. Tickets start at \$73. Parking \$5 main lot, \$8 preferred lot. 7:30 p.m. Tuesday, Allen County War Memorial Coliseum, 4000 Parnell Ave. 260.482.9502 memorialcoliseum.com

#### FORT WAYNE: "Swan Lake"

Full-scale four-act production of Tchaikovsky's endearing ballet, performed by the National Ballet Theatre of Odessa during their first visit to the United States. \$60/\$50/\$40. 7:30 p.m. Wednesday, Fort Wayne Embassy Theatre, 125 W. Jefferson Blvd 800 745 3000

fwembassytheatre.org.

#### **WABASH: Elvis Tribute Artist** 20 Spectacular

A trio of the world's best Elvis impersonators, joined by special guests The Blackwood Quartet, salute The King from his early rocka-billy, military, movie, comeback and Las Vegas years. \$75/\$39. 3 p.m. Sunday, Ford Theater, Honeywell Center, 275 W. Market St. 260.563.1102

honeywellcenter.org.

#### FORT WAYNE: Fort Wayne Philharmonic: An **Evening with Jake Shimabukuro**

Concert featuring famed ukulele maestro heralded as a "hero" by Rolling Stone, whose musical genres include jazz, funk, folk and classical. \$21.75 to \$75. 7:30 p.m. Saturday, Fort Wayne Embassy Theatre, 125 W. Jefferson Blvd. 800.745.3000 fwembassytheatre.org.

#### FORT WAYNE: "Kinky Boots"

Joyous Broadway hit, winner of six Tony Awards, featuring music by Cyndi Lauper. \$70/\$50/\$35. 7:30 p.m. Tuesday, Fort Wayne Embassy Theatre, 125 W. Jefferson Blvd. 800.745.3000 fwembassytheatre.org.

#### WABASH: "The Magic School Bus"

New musical adaptation of an interplanetary field trip based on the original book series published by Scholastic. \$10. 10 a.m. and noon Wednesday, Ford Theater, Honeywell Center, 275 W. Market St. 260 563 1102

honeywellcenter.org.



All images shutterstock.com



### **January Books**

By Steve Penhollow

In January, the winter weather loses its holiday luster. That's fine for some people, not so fine for others. Whichever group you fall into, these books on sprucing up one's house or honing one's baking skills are a perfect way to celebrate or endure the month.



#### **Homebody: A Guide to Creating Spaces You Never Want to Leave**

By Joanna Gaines

Harper Design \$40 ISBN-10: 006280197X ISBN-13: 978-0062801975

Joanna Gaines is the co-star with her husband, Chip Gaines, of the HGTV home improvement series "Fixer Upper." In her latest book, "Homebody: A Guide To Creating Spaces You Never

Want to Leave," Gaines helps homeowners identify their interior design likes and dislikes and advises them on how best to incorporate the former into various spaces in their homes.

In the introduction, Gaines writes this: "This part is really important: As you go through this book, remember that your home should be a reflection of you."

Gaines doesn't believe interior design styles should be imposed on homeowners. Those styles should, to a certain extent, spring from within these homeowners. The photos in the book depict homes Gaines has designed and the work of designers she admires. Her suggestions encompass small-scale changes and large-scale renovations.



#### Sister Pie: The Recipes and Stories of a Big-Hearted **Bakery in Detroit**

By Lisa Ludwinski

Lorena Jones Books \$25 ISBN-10: 0399579761 ISBN-13: 978-0399579769

A few years back, a baker named Lisa Ludwinski opened a pie shop in Detroit called Sister Pie. Since then, she has twice been named a James Beard

Outstanding Baker semifinalist and was dubbed a Young Gun by the food blog, Eater.

Now she's got a book out: part memoir, park cookbook. Recipes include blueberry plum balsamic pie, cardamom squash tahini pie, toasted marshmallow-butterscotch pie and salted maple pie. Ludwinski wants all readers to walk away believing that they have what it takes to become great pie chefs.

"One thing I really hope people gain from the book is an ability to improvise pie-making. It's all about developing fundamental skills through repetition and patience," she told the Detroit News.

"I want people to use these recipes and techniques as a guide to confidence in the pie kitchen."

And the book doesn't just stick to pies. There are recipes in here for great cookies, coffee cakes and scones.

# community county tocus Allen County Art Scene



#### BY THE NUMBERS

CurrentFortWayne.com launched on Nov. 1, 2017. These are its stats from its first year:

500+: Number of organizations that submitted events Nearly 2,000: Number of unique events submitted (that means if the Civic Theater had 12 viewings of one show, it

60,000: Number of users who logged into the system 67 Percent of users new to the calendar system



#### **PUBLIC ART SIDE**

One way the art scene is expanding around Fort Wayne is through public art—sculptures and murals that brighten the landscape with color and shape. Visit Fort Wayne offers a map that highlights 25 such murals, sculptures and statues. Here are some of our favorites:

- East Columbia Street/Metaform Mural by Jerrod Tobias and sculpture by Cary Shafer, East Columbia Street near the Three Rivers Apartments
- Don't Give Up mural by Matthew Plett, Wunderkammer
- SOCA Mural by Tim Parsley and University of Saint Francis students, 128 W. Wayne St.
- STAR Financial Bank Panda Mural by Tammy Davis, 127 W. Berry St.
- Guitar Experiment by Alexandra Hall and Alex Mendez, MKM Architecture building, 119 W. Wayne St.
- Ambassador Enterprises Mural by Bryan Ballinger, 927 Harrison St.

#### Making the arts accessible

by Jaclyn Youhana Garver

The biggest problem with the arts in Fort Wayne hasn't been a lack of things to do—the number of galleries and public art projects has certainly grown in recent years. The biggest problem is



that people simply don't know what's available.

"Ten years ago, unless you were in-the-know of what was going on already, if you were a patron of the Fort Wayne Ballet, (for example), you always knew what was upcoming. But if you weren't involved already, you did not know what was going on," said Rachelle Reinking, communications and community relations manager for Arts United. "We have so much ease of access right now ... in the arts and culture community."

And that is by design.

Arts United and Visit Fort Wayne worked together last year to launch CurrentFortWayne.com, a comprehensive calendar of things to do in the city that's meant, in part, to make sure people learn about events before they happen.

"People would see friends at special events on Facebook and Instagram and say, 'Oh, my gosh, if I'd known about that, I would have gone," said Kristen Guthrie, vice president of marketing and communications for Visit Fort Wayne. "We don't want people to hear about events after they've happened. We want to make sure people know where to go to find out about things in advance."

A large portion of the calendar's events is arts-related, Guthrie said, and users can find information on all related calendars, too: Current Fort Wayne is connected to other organizational calendars, which means people can submit an event just once, and it will automatically filter to all the correct calendars.

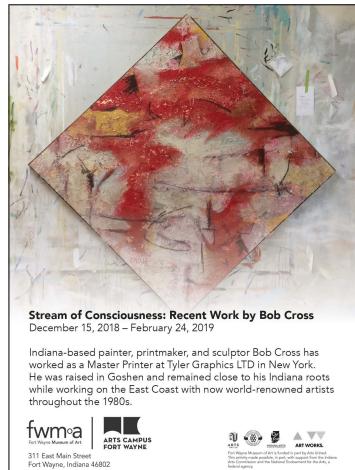
Currently, the greater Fort Wayne area has more than 30 galleries, including standalone spaces and businesses with galleries, Reinking said. While Arts United doesn't keep stats about how many galleries existed in previous years, a perusal of the list shows a variety of new galleries and spaces: Expressions Studio Gallery at Glenbrook Square celebrated its grand opening in 2014. The Rhapsody Art Gallery and Studio, an art gallery and space for musicians, opened December 2017. Trubble Brewing, which was founded in 2015, hosts art exhibitions. And that list is by no means exhaustive.

Reinking also highlighted programming that makes the arts accessible to more people. The Fort Wayne Museum of Art started a group that brings tours of people with Alzheimer's disease to the museum. The Civic Theater offers special performances for those who are sensory-sensitive, with fewer flashy lights and muted sounds. The Fort Wayne Dance Collective does outreach for those with physical and intellectual disabilities.

And the scene continues to grow.

"We're still in our early stages to get the 'artsy' automatic association with us, but it's grown significantly from where we've been before," Reinking said. "We're in the blooming stages. We definitely have a huge presence here."





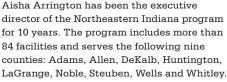


## Ombudsman Program

#### By Cathy Shouse

The need to enter a nursing home facility can create many challenges for both the facility resident and their family. Emotional issues, health care concerns and a variety of other aspects of the arrangement can be difficult to navigate. Some aspects are confusing and sometimes things don't go as planned. The Long Term Care Ombudsman Program, a local nonprofit organization, was created to ease this process.





"The important thing to remember is that we are free and confidential," Arrington said. "We deal with a lot of sensitive things and we do not share that unless the resident has given permission. We're the ears and eyes for the resident, although sometimes we're just a sounding board."

The federal ombudsman program was created as a result of the Federal Older Americans Act. The act requires every state, through the Office on Aging, to create a statewide ombudsman program to "investigate and resolve complaints made by or on behalf of older individuals who are residents of long-term care facilities." This includes

nursing homes, assisted living and board care facilities

Another requirement is that a patient bill of rights poster be mounted in each facility for everyone to see. An ombudsman is an advocate for residents and is trained and certified to resolve problems, address complaints, advocate for improvements in the LTC system, to have the responsibility to negotiate on a resident's behalf, and to work with other state agencies for effective enforcement. Every type of concern can be brought to their attention.

The program is funded on the federal and state levels. Private donations are also welcome.

"On Feb. 14, we begin taking donations of gowns and pajamas for our annual Ombudsman Pajama Drive," Arrington said. "We stop accepting donations on Feb. 28, and we'll be hand delivering them to residents."





Currently, there are 14 certified volunteers. Certification takes about four to six hours of training and then ongoing supervision for a minimum of 60 days. Those who have worked in a facility within the past two years or are currently work in a facility are not eligible. Once trained, they are assigned to a facility near where they work or live and make visits two times per month to check up on residents and observe.

"We're all resident driven, so all the work we do is helping that resident," Arrington said. "We try to advocate at the local level."

If an issue cannot be resolved locally, a formal investigation process may be started with other organizations.



photos provided

#### Contact Information:

Ombudsman Program, Fort Wayne, 260.469.3161, doingthegood-ombudsman.org







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#### Today's\* Rates

- 30-Year Conventional 4.625%\*
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#### Winter Curb Appeal Tips

Are you getting ready to put your house on the market? Selling during the winter months certainly has its challenges, one of which is curb appeal.



Here are some tips and tricks to spruce up your home for winter buyers.

- 1-Safety First- Be sure your driveway and walkways are clear. You want to be sure your home is easily accessible and safe for realtors and prospective buyers.
- 2-Clean Gutters- If you didn't clean your gutters before the weather turned colder, now is the time to do so. Messy gutters with leaves hanging out are a signal that you don't take care of
- 3-Fresh Paint- If you have any faded or chipped paint on the exterior of your home, be sure to repair it. Now that the leaves have fallen, prospective buyers will have a clear view of your home
- 4-Winter Decorations- Skip any over-the-top décor this year and opt instead for tasteful and simple winter décor like a fresh evergreen wreath on your door and bright white twinkle lights on the porch.
- 5-Exterior Lighting- Since the days are shorter and it is often dark before many people get off work in the evening, be sure to ramp up your exterior lighting. You want to be sure prospective buyers can navigate your exterior safely and see your house as well as they can.

\*rates effective as of January 2019 issue publishing date



**FEBRUARY** Labor of Love

Deadline: Mon. Jan.14

#### **MARCH** Home & Garden

Deadline: Mon. Feb. 11

#### **APRIL** Spring Clean

Deadline: Mon. March 18



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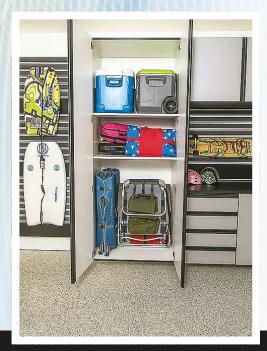


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